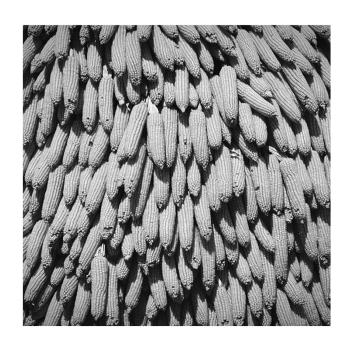
March 19, 2022

2022 Spring Assembly Delegate's Report

1

2022 Conference Theme Enhancing Our Recovery through Abundance, Unity, and Understanding



Abundance

Plentifulness of the good things of life; prosperity.

3

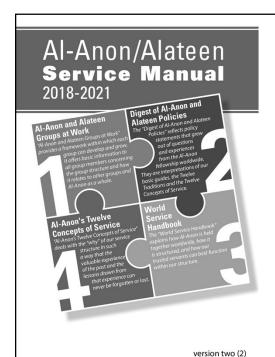
Unity

Tradition One: Our common welfare should come first; personal progress for the greatest number depends upon unity.

Understanding

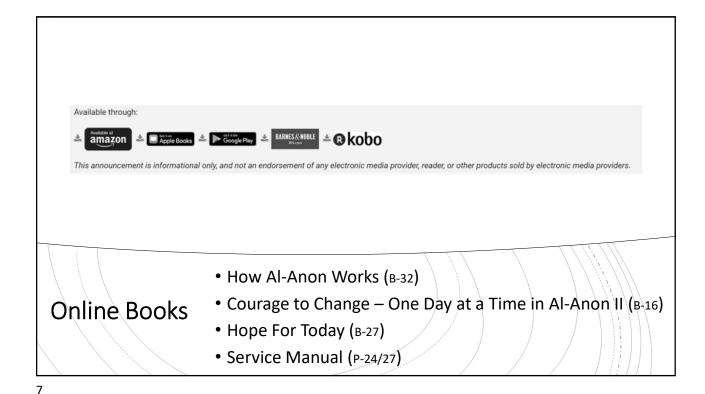
Tradition Five: Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA *ourselves*, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.

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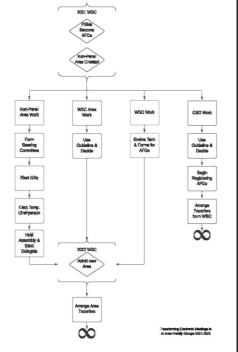
Literature

- New Service Manual coming in 2022
 - April Electronic version available electronically
 - Late Summer Hard copy available
- Current version (2018-2021 v2) may be found online at:
 - https://al-anon.org/for-members/membersresources/manuals-and-guidelines/service-manual/
 - Can be downloaded!



AFG Which Meet Electronically (AFGWME)

- 2021 Conference decision to recognize electronic meetings as Al-Anon Family Groups
 Meetings to prepare the non-panel Electronic Area
 Elected a Delegate (Feb '22)
 Renamed to AFGWME
 Elected the remainder
- Elected the remainder of the Area Officers except Alt Del (Mar 5th)
 Colorado Panel 59 deferred discussion
- Colorado Panel 59 deferred discussion about a Colorado Area overlay to Panel 62.



1. Any Al-Anon group can continue to meet temporarily online.

Any group that decides now to permanently stay online will need to register as a permanent electronic Al-Anon group and will become part of the non-panel non-geographic Area.

AFGWME Q&A

Registration & List Publishing

2. If a group has a temporary electronic component, there is no need to register it separately.

However, because the meeting conditions are temporary, the WSO assumes that all other aspects of the group are unchanged.

3. The primary reason for publishing meeting information locally and online is always so that members and newcomers can find us.

Due to the limitations of our database, the WSO cannot currently accommodate registering a permanent additional electronic meeting for a registered physical group. – BUT – There's database maintenance on 3/19 to help . . .

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No electronic groups were registered with international structures when the 2021 WSC motions passed.

AFGWME Q&A

Global?

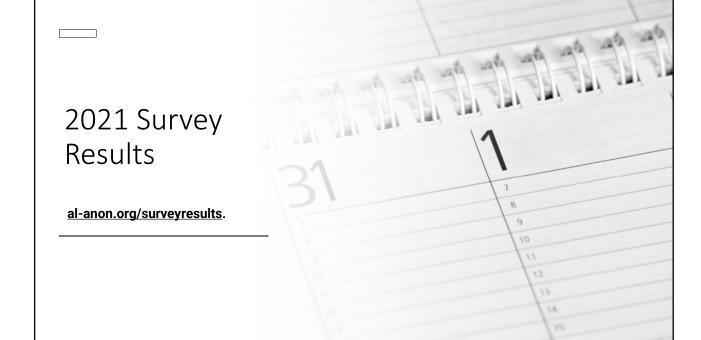
- All electronic groups registered with the WSO automatically became part of the non-panel Global Electronic Area (GEA).
- International structures & geographic Areas within the WSC (Local Structures) were all invited to hold group conscience discussions to determine the process by which they might welcome groups meeting electronically to register with their structure or Area.
- No Local Structure was required to support groups meeting electronically. Similarly, no electronic group is required to transfer from the GEA to a Local Structure.

AFGWME Q&A

Non-Panel?

Name used to refer to the Electronic Meeting Area because it has not been formally included in WSC as an Area yet.

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2021 Membership Survey

Achievements

- Twenty-three percent more members completed this survey than in 2018.
- We saw increases in all languages, with the number of Spanish-speaking members completing the survey nearly tripling that of 2018.
- Average age increase was by nearly three years; this year the increase was only one and a half years.

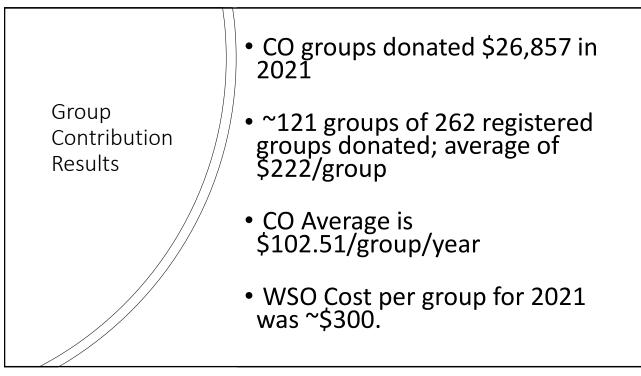
Takeaway: We have done a better job attracting younger members to participate in the survey

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2021 Membership Survey

Key Insights

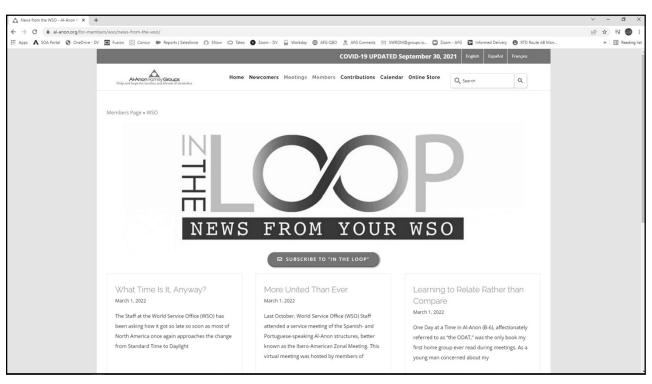
- 67% of members indicated being affected by alcoholism in 2+ generations.
- 82% of members first came to Al-Anon because of a significant other, a parent, or a child.
- 93% of members with at least 4 years in the program indicate improved or significantly improved mental health.
- Children of alcoholics are 4x more likely to report 4 or more Adverse Childhood Experiences than those not affected by a parent.
- 41% of members who received professional treatment prior to attending Al-Anon noted they were referred by a professional.
- Professional treatment + Al-Anon recovery led to a 14% greater improvement in mental health.
- 76% of members indicated attending online meetings.



Chairperson of the Board (COB) Letter

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Revised Strategic Plan

- Mission: Al-Anon Family Group Headquarters, Inc. is a spiritually-based organization that helps the families and friends of alcoholics connect and support each other through barrier-free meetings, information, and shared experiences.
- **Vision**: Families and friends of alcoholics find hope and encouragement to live joyful, serene lives.
- Domains and Goal Statements:
 - Members: AFG, Inc. connects and supports the friends and families of alcoholics. Recovery & Service Tools: AFG, Inc. develops and publishes materials to share the collective experience of the families and friends of alcoholics.
 - Awareness: AFG, Inc. builds public and professional awareness of the Al-Anon program.
 - Financial Sustainability: AFG, Inc. encourages membership and organizational self-support by aligning resource allocation with its core purpose and strategic priorities.
 - Global Engagement: AFG, Inc. invests in each new generation of trusted servants to preserve our legacy and improve our structure and operations to meet the needs of the global landscape.

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COB Letter Highlights

Financials

 Contributions exceeded budget by \$79,000.

- Literature sales fell below budgeted expectations.
- Expenses under budget by \$84,226.
- Actual budget deficit of \$(76,066) vs budgeted deficit of \$(233,753)
- An eye on 2022: 2022 uncertainty plus planned expenses of a new annual WSC, new service manual, International Al-Anon General Services Meeting (IAGSM) in London, employing a full staff at

Year	to Date	(YTD	December 2021

	YTD Actuals	YTD Budget
Revenue		
Literature Sales—net	\$1,906,750	\$1,993,007
Contributions	\$2,623,242	\$2,543,540
Other income	\$643,616	\$563,600
Total Revenue	\$5,173,608	\$5,100,147
Total Expenses	\$5,249,674	\$5,333,900
Net Increase/(Decrease)	(\$76,066)	\$(233,753)

^{*} Other income includes magazine sales and investment gains/losses.

COB Letter Other Highlights

- Road Trip! You and Your Board Connect
 - Trial period ended, made permanent event
 - October 29, 2022
 - · Cleveland, OH
 - Agenda input welcome!
- Together Empowering Al-Anon Members (TEAM) event
 - 2021 WSC Team Replacement Task Force confirmed it's challenging to crate an event different from how Areas interact with WSO today
 - Put on permanent hold at October 2021 Board Meeting
 - Invite a WSO Volunteers or Staff to attend Assembly, AWSC, Conference or District event.

- Envisioned Future Work Group (EFWG)
 - Board workgroup
 - Charged with fostering generative, visionary, oriented discussions
 - Generate new thoughts, ideas, challenges, and opportunities
 - Presented an article discussing the organization and formation of committee structures for nonprofit organizations
 - Several thought-provoking questions that guided our discussion and helped expand Board members' thinking around the possibilities of how we do our work
 - More to come . . .

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Trustee Nominations

 Board performs resume reviews to discharge their "prime obligation to see that all vacancies within the Board of Trustees or its Executive Committees are filled with those of the greatest possible competence, stability and industry."

2018-2021 Al-Anon/Alateen Service Manual version two (2) (P-24/27)p.205

- The list of nominees to be presented to the World Service Conference (WSC) for traditional approval are:
 - Regional Trustee:
 - Jean L., US North Central, second three-year term
 - Sally K., Canada West, first year of a remaining two-year term
 - Trustee at Large:
 - Ann Marie Z., first three-year term
 - · Pennie K., first three-year term
 - · Board Officers:
 - Lynette K., Chairperson of the Board
 - Jean L., Vice Chairperson
 - · Cindy M., Treasurer

Policy Committee

Policy Committee responsible for interpretations of our Traditions & Concepts. Clarify how Tradition or Concept might apply to a new or confusing situation – SM p. 83

- Public Outreach Policy in Relation To Social Media Task Force
 - · Creating/sharing blogs, profiles & social media pages
 - Discuss different roles of the WSO, service arms, groups and individuals when it comes to public outreach in social media
 - To be discussed further at WSC
- Announcing Events Policy Task Force
 - Reviewing "Announcing Events" and "Workshops" portions of the Policy Digest in the Service Manual
 - Further discussion at the April Policy Committee meeting
- Local Services Policy Task Force
 - New charge: Conduct a broader review of "Local Services" rather than just the 'Autonomy of Groups" portion of the Policy Digest
 - · Reviewing for possible clarifications
 - · Further discussion at the April Policy Committee meeting

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Southwest Regional Delegates Meeting (SWRDM)

SWRDM Highlights

Purpose of SWRDM: To bring together the Delegates of the Southwest Region preceding the World Service Conference each year to:

- 1. Welcome and support the new Delegates,
- Provide current Delegates as an opportunity to share Conference practices and procedures,
- 3. Keep pas Delegates connected, involved and informed.
- Eight Areas Represented: Arizona, California (N), California (S), Colorado, Hawaii, Nevada, New Mexico/El Paso, Utah
- Delegates, Past Delegates, Trustees, Past Trustees, Alternate Delegates, Area Chairs & guests – even those who have moved into or away from our region!
- We said hello to two new Delegates (AZ & CO)
- We said goodbye to three outgoing Delegates (NV, NM/EP, UT)

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SWRDM Highlights

Lively discussion on several topics

Regional updates on Electronic Meetings

- Some ahead of Colorado, some right with us, but all committed to serving the membership the best we can
- Key idea among Areas for Electronic Meetings, the GR must reside in that Area and be able to attend Assemblies
- · Virtual SWRDM Discussion
 - Thought Force review of how we might be able to conduct a virtual SWRDM
 - Polled members and confirmed that of the 29 voting members participating, 27
 of them would have come in person even if there was a hybrid option
 - What we wish we knew of the voting members who were not there, would they have come if there was a hybrid option?
 - More to be revealed
- Translation/Interpretation at SWRDM
 - · Many Areas now have this.
 - How would we support a Spanish or French speaking Delegate?
 - Now have a need-based provision!
- Chosen Agenda Item: Understanding responsibilities of Trustees, Executive Committee, WSO Staff and the voice of the Delegate
- Comprehensive review Trustee role & responsibility
- Guideline Update committee assembled
- SWRDM Banking practices/challenges Thought Force initiated

SWRDM Highlights

Personal Assignments

- Trustee visit request
- Conference Leadership Team (CLT) membership and Delegate participation
- Group Records: Group registration process & procedure

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SWRDM Highlights

Personal Reflections

- Thank you for sending me to SWRDM along with our immediate past delegate, alternate delegate & chair. Thank you past delegates & trustees for attending
- The Southwest Region is rich with service support – and people keep coming back to support our region long after their service term is concluded
- I feel incredibly well-prepared for conference
- I feel incredibly well-supported by our great Area and by our Region
- I am full of questions and ideas about how we can better serve our Colorado membership and Al-Anon as a whole
- I look forward to sharing my conference experience with you in July!



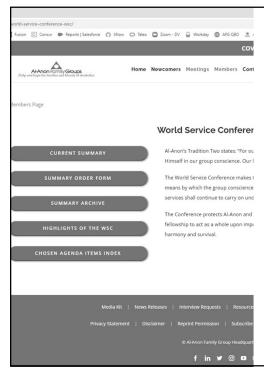


2022 World Service Conference (WSC)

- Theme: Enhancing Our Recovery through Abundance, Unity, and Understanding
- · Meeting in Tarrytown, NY
- · Visiting Stepping Stones
- In person so far . . .
- · No love gifts this year
- · Texts/emails welcome!
 - Delegate@al-anon-co.org
 - Mobile: 770-337-5828



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2022 WSC Chosen Agenda Items (CAI)

- Submitting CAI topics for discussion has been an important tradition of the Conference for many years.
- Purpose of the CAIs is to give all Conference members (Delegates, members of the Board of Trustees and Executive Committee, and voting members of the WSO administrative Staff) an opportunity to select topics and issues of concern that affect Al-Anon groups and members worldwide.
- Delegates submit topics affecting <u>Al-Anon as a Whole</u> for discussion at annual WSC
 - larger in scope issue that cannot be resolved by referencing the Service Manual or answered by WSO staff.
 - topics that were not already discussed in the same context at another WSC.
- Two (2) CAIs are chosen for discussion at WSC
- · CAI input due March 25th
- Former CAIs are available on the WSO Member's Page at: https://al-anon.org/for-members/world-service-conference-wsc/
- Reflecting on the theme, please discuss with your Districts and ask GRs to come prepared to make suggestions at Spring Assembly

CAI Workshop

- Break into groups
- Select a scribe
- Discuss ideas brought by the group that affect Al-Anon as a Whole – 20 minutes
- Present ideas 10 minutes / ~2 minutes per group

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CAI Example 1

WSC 2006

Topic: Seventh Tradition

What can we do as a fellowship to ensure that the importance of **service and financial support**, when possible, are emphasized as a common theme from the very first welcome packet through group, Area, and worldwide publications and events?

CAI Example 2

WSC 2019

Topic: Step Eleven

Is holding a period of meditation as part of the meeting format an appropriate exercise of a group's autonomy through its group conscience? What can a group do to assist and advise newcomers should a group use meditation during their meeting?

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CAI Example 3

WSC 2021

Topic: Newcomers in a virtual world: How can we

serve them?

CAI Example 4

In process

Topic: Modeling Spiritual Principles

How do we work together in the spirit of cooperation in order to be a model of spiritual principles in the rest of the fellowship?

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