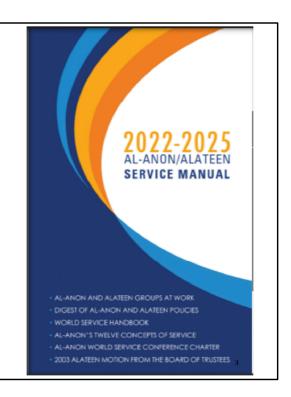
## 2022 Winter Assembly Delegate's Report

November 5, 2022

Updates & Announcements . . .

### Service Manual

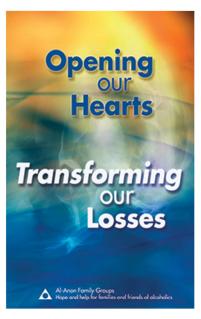
- Groups at Work is available for order
- 2022-2025 Service Manual is available electronically [and is downloadable]
- Print will be out before the end of this year [formerly, this Summer but delayed due to supply chain/translation issues]
- Important to deliver all three (3) translations at the same time



Opening our Hearts, Transforming Our Losses (B-29)

### Now available as:

- Audio Book
- Softcover
- •eBook



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One Day at a Time (B-6, B-14) & Dilemma of the Alcoholic Marriage (B-4)

- · Placed in a historical perspective
- New printings have new introduction
- WSO has limited quantity of new introduction for books for sale
- Downloadable version of the introduction on the website: alanon.org/b6



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Introduction One Day at a Time in Al-Anon, Al-Anon's fourth book and first daily reader, was introduced in September 1968. Compiled by the Chairperson of the Literature Committee with input from many other members, its page-a-day format provided practical applications of Al-Anon's spiritual principles. The "ODAT" quickly became one of our fellowship's most beloved books. The family disease of alcoholism is as challenging today as ever, and the principles that helped our pioneer members still remain relevant. However, much has changed since 1968. At that time, most members were wives of alcoholic husbands. Some attitudes and customs prevalent then may seem outdated or non-inclusive by today's standards. Therefore, it may help to consider this book in the context of its time and, as we say in Al-Anon, "take what you liked and leave the rest." The sharings in this book were often reinforced by quotations. Because very little Al-Anon literature existed at the time, outside sources were also used. Quotations were selected for their consistency with Al-Anon principles and implied no endorsement of the person or volume quoted. Al-Anon has always been a spiritual program for people of any religious belief or of none. From as early

as 1978, the World Service Conference expressed concern that if changes were made to One Day at a Time in Al-Anon, each alteration could separate us further from the collective wisdom of our earliest members. Over the years, the Conference has instead approved additional daily readers that reflect the growth of our fellowship. Al-Anon's Twelve Steps encourage us to better understand who we have been so we can become who we want to be. As we read these pages, may the words of our early members help us to better understand who we were, who we are, and who we can be.

## WSO Open to Visitors Again!

- Monday, September 19<sup>th</sup>
- Tours scheduled on online booking platform al-anon.org/tourwso at least 24 hours in advance



### Save the Date! 2023 Al-Anon International

- Albuquerque, NM
- June 29 July 2, 2023
- Registration opens
  November 8, 2022
- Room bookings available after registration



## In the Loop: News from Your WSO

 https://al-anon.org/formembers/wso/newsfrom-the-wso/



## Road Trip! You and Your Board Connect...

- · Cleveland, OH
- Saturday,October 29,2022



# Road Trip! You and Your Board Connect – Program

#### WSO:

- Heather S Associate Director, Community Relations
- · Yadi M Event Logistics & Training

#### Board of Trustee / Volunteers:

- Nancy S Trustee at Large & 2022 WSC Conference Chair
- Diane B US South Central Trustee

#### Delegates:

- Kari O Colorado Delegate
- Tammy M Louisiana Delegate

- Invited Delegate to participate to get Delegate perspective in program creation.
- Important to show that road to Trustee is diverse and not such a narrow gate

# Road Trip! You and Your Board Connect - Participation

- 130 registered (originally hoping for 80 to 100)
- 8+ Delegates (Alaska, Arizona, Colorado, Iowa, Illinois North, Michigan UP, Missouri, Pennsylvania)

## Road Trip! You and Your Board Connect - Program

- Roadside Attractions Executive Committee; Conference Leadership Team;
  Nominating Committee; Work Groups, Thought Forces & Task Forces; WSO
- Construction Zone The Board at Work
- Department of Transportation Policy Committee
- · Scenic Overlooks Personal Sharings
- · Road Map Our Worldwide Fellowship, International Coordination Committee
- Roundabouts Table Topics

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#### Roundabouts:

- 1. Conflict resolution in service What spiritual principles can I bring to the table when conflict arises?
- 2. Walking the balance beam How do you balance your work, family, service commitments? Overcoming barriers that keep us from participating in service.
- Spiritual Awakening/Conscious Contact How does Step 11 show up in all areas of my life? Work, Family, Service Commitments
- 4. Let it Begin with Me How can I contribute to moving forward with abundance & unity in the new electronic era?
- 5. Spiritual Contentment What has participating in service brought to my personal recovery?
- 6. Extended Warranty How can I use the 5 Warranties in my personal recovery?

## Road Trip! You and Your Board Connect – Scenic Overlooks . . .

https://al-anon.org/for-members/board-of-trustees/wso-volunteers/

- Personal sharing about how folks got to Al-Anon
- Service sharing about the diverse road to service in Al-Anon
- Road to Trustee and Executive Committee is not a narrow gate -> Don't have to have been a Delegate, just 10y continuous Al-Anon/Alateen Membership
- Just completed 2022 Trustee Nominating process for Region and TAL in October
- Resumes for At Large member of Executive Committee now extended to November 15<sup>th</sup>
- Trustee resumes due by mid August 2023
- Details are on the website: https://al-anon.org/formembers/board-of-trustees/wso-volunteers/

Road to the Twelve Steps . . .

- · Visit to Dr. Bob's House
- · Akron, OH
- · Sunday, October 30, 2022

## Road to The Twelve Steps

- Bill in Akron for a business deal that didn't work out
- Bill knew that not to drink, he needed to reach out and asked his hotel for a list of churches
- Last on the list, he connected with Henrietta Seiberling – Introduced Bill W to Dr. Bob
- Bill W stayed with Dr Bob for 3 months – birth of the Twelve Steps



## Road to The Twelve Steps

 Bill W. stayed with Dr. Bob for 3 months – birth of the Twelve Steps



## Road to The Twelve Steps

- Dr. Bob's grave in Akron, OH
- 4 Absolutes:
  - Honesty
  - Purity (of intent)
  - Unselfishness
  - Love



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4 Absolutes: Great debate and have been dropped in some Areas; however, very much like some of our Spiritual Principles . . .

