Colorado Area Assembly, Greenwood Village, CO

July 8 – 9, 2023 Minutes

OPENING / PURPOSE / WELCOME: Chair Nancy opened the meeting with the Serenity Prayer. Kathy C. read the 12 Steps. Dana read the 12 Traditions. Anita and Cathy read the 12 Concepts and General Warranties.. Nancy welcomed everyone and read the purpose of the Assembly and welcomed the new GRs.

HOST ANNOUNCEMENTS: Joleen made announcements.

ROLL CALL: Kara welcomed and announced all of the Past Delegates who are all great resources for us. Kara announced all of the Area Coordinators and Area Officers and had them stand to be recognized. Be sure to sign in on the green ledger, as we will be using this as the official record of the voting members of this Assembly. [There are districts who have sent GRs here today. There are GRs.] See Addendum #1 (to be added after Winter Assembly, as the photos of the book at the Summer Assembly have been misplaced).

ASSEMBLY RULES: Kara and Kellie did a skit of "The Devil and Angel sides of the Rules of the Assembly"

APPROVAL OF THE MINUTES: Motion to approve the minutes of the March 2023 Assembly was made by Donna, and seconded by Ann. The motion passed with 2 abstentions.

Nancy announced a few needs. Joanne needs help to run mics and sit near her to help. Deborah would like you to speak slowly enough so she can translate and she demonstrated breathing between sentences.

OFFICER's REPORTS:

CHAIR REPORT: Nancy read her report.

Greetings everyone. I stand here in awe of how creative, considerate, and caring our trusted servants are. That we keep showing up, ready and willing to do the next right thing and the effort that everyone puts into their group, district, and area service positions is truly inspired. Your enthusiastic participation and thoughtful ideas keep us growing and thriving. In other words, thank you everyone for 'keeping us keepin' on'!! Through interactions with many coordinators, officers, DRs, GRs, and past trusted servants, I get to see how active, curious, and passionate everyone is about their service in Al-Anon. It is gratifying to acknowledge and support all of this, and I am humbled as your chair to be here with you. Thank you for this gift.

We will be having a discussion on Diversity, Equity, and Inclusion at this Assembly at 11:30, before lunch. The body of the Assembly has asked for this. This will be a beginning of a discussion. Before then, if you could organize your thoughts and maybe write down what you would like to say about this subject, this will be helpful to everyone for clarity and to be concise, as each person will only have 2 minutes at the mic. Please remember a few things: Our Al-Anon Traditions and principles – especially unity. As when we do a group inventory, paying attention to 4 things is always helpful: What is good, not so good or needs to change, offering solutions and remembering-how I/we personally can be part of that solution.

We will have a timer and all rules at the mic will apply according to 'rules of the Assembly'. Especially important will be if someone has spoken your idea, please feel free to sit down and not repeat it. Thank you.

Addendum to the Chair address: In the future, I will have slips of paper for anyone to write what they wanted to say at the mic if the time is limited to be included in the minutes. I do not want anyone to be blocked from saying what they want to say. My apologies for cutting people off in the face of limited time.

SECRETARY REPORT: Although it is important to get the minutes of the Assembly as accurate as possible, I think I have pretty good note taking skills. With that said, after you give your report, you are more than welcome to give it to me (specifically directed to DRs and Coordinators). However, the reason why I hound you for your reports, or even just a message that you plan to send me your report, is so that I can relax my note taking skills during the Assembly and be an active participant. If I don't have or don't know that I will be receiving your report, I will be vigorously taking notes on the words you say and may not be able to be as active of a listener as I could be. I still always want officer reports and Thought or Task force updates to make sure the minutes are accurate, as these reports are usually longer than DR and Coordinator reports. Concept 4 - Participation is the key to Harmony.

TREASURER REPORT: Treasurer Kellie F. gave her report of money in/money out and gave a handout of our Profit and Loss statement. Include your group number on your donations. See attached presentation - Addendum #2.

ALT-DELEGATE REPORT: Tom B. gave his report.

F. Finance and Area Expenses [Current Area Guidelines]

4. Area Ample Reserve & Sufficient Operating Funds

a) The Area Ample Reserve fund is set at 50% of the Area's Annual General expense Budget including separately maintained Special Event budgets.

b) In addition to an Ample Reserve, the Area will maintain Sufficient Operating Funds to conduct day-to-day operations. Though the Funds will fluctuate throughout the budget year, Sufficient Operating Funds should target 25% of the Annual General Expense Budget excluding separately maintained Special Event budgets.

Ample Reserve:

Amount

unt Budget \$15,000.00 Weekend In Al-Anon (Special Event Budget) <u>\$41,742.00</u> General Expense Budget \$56,742.00 Area's Annual General Expense Budget

Operating Reserve – 25% of Area's Annual General Expense:

\$56,742.00 x 25% = \$14,186.00

Reserve Fund Required = 50% of Area's Annual General Expense Budget for the current year (2023):

\$56,742.00 x 50% = \$28,371.00

Account Balances as of January 1 of the current year (2023):

Checking 8276 - Area	27,220.00
Savings 7278	1,018.00
Time Savings 0212	8,303.00
Time Savings 1219	7,756.00
Time Savings 1391	8,211.00
Total	\$52,508.00

Determining Surplus: Account Balances less Operating reserve:

\$52,508.00 - \$14,186.00 = \$38,322.00 (Surplus)

Excess/<Deficit> Ample Reserve Funds: Surplus less Reserve Fund Required

\$38,322.00 (Surplus) - \$28,371.00 (Reserve Fund Required) = \$9,952.00 Excess

B. Finance Committee [*Current Area Guidelines*]

Specific Duties:

5. In the spirit of Abundance that is enjoyed by the Colorado Area and in accordance with our Sixth Tradition to avoid problems of money, property and prestige diverting us from our primary spiritual aim, after prior year expenses are paid:

- ✦The new year Ample Reserve is fully funded; and
- ◆Sufficient Operating Funds as defined in Section F, Item 7.b, are fully replenished; then

◆Excess Area ample reserve funds from the prior budget year shall be donated to World Service Office (WSO) upon completion of the prior-year tax filing.

Based on our Area Guidelines \$9,951.00 Will be sent to the World Service Office (WSO)

DELEGATE REPORT: Kari will give her report later in the day.

Area Banner & Ask-It-Basket: Nancy explained about the traveling banner quilt. Eloy explained the Ask-It-Basket.

COORDINATORS REPORTS:

WIA Coordinator - Dana shared her report

We've had monthly Zoom meetings since January and just starting twice a month meetings now in July. We have an awesome committee:

Judy P. - Co-chair and creator of the beautiful flier and will lead fireside ceremony Erika B. - Treasurer and computer genius Bev A. - Secretary Meg V. - Registration Pat G. - Arts & Crafts and Ice Breaker Valerie R. - Silent Auction Other members - Donna H (Ice Breaker) and Lindsey M (Leader of self care workshop) and Dana

S. (Chair)

The weekend will be October 6-8 at the Glacier View Ranch in Ward, CO. The theme is "Have Courage: You are Never Alone". There will be workshops, speakers (AA and Al-Anon), hiking, canoeing, kayaking, arts & crafts, early bird and night owl meetings, a bonfire meeting, a birthday celebration, a silent auction, food, fellowship, and lots of fun. Cost is \$225 per person, based on double occupancy (includes lodging and meals, Friday dinner through Sunday breakfast). \$25 discount if registered and paid by August 15th.

If this sounds like fun and you would like to offer service, we are looking for a hospitality coordinator and a workshop coordinator. Fliers are on the back table and GRs please take some for your group. Hope to see you there in October!

Alateen Coordinator - Karis shared her report

Colorado Area Alateen Coordinator Report for July Assembly 2023

The Colorado AMIAS (Al-Anon Members Involved in Alateen Service) and I have had several hot topics discussions between the months of April and May on the topic of suicide. These discussions led me to connect with a QPR (Question, Persuade, Refer) training based in Colorado Springs that provides online training. QPR is a basic suicide prevention awareness training which gives the basic and necessitates on how to ask the suicide question, how to persuade them to stay alive, and referring them to the next best steps for resources. QPR training is taking place once a month, June, July, and August, as an extra, not mandatory training. It is an hour long. We are continuing with hot topic discussion on sex and sexuality July and August.

AMIAS training is still happening only by request during July and August. I have facilitated a training in May and will do another one by request in August. I will start posting future training dates for AMIAS recertification starting in September once a month through March, sometime in August.

A High School in Denver reached out for a public outreach opportunity in their school in the month of April, but it was short notice and hard to connect quickly with that district. I plan to have hot topic

discussions around the topic of outreach for Alateen meetings starting in August as well. Can I post these on the website? If you are interested in Alateen service, please see me in the back or contact me.

There are 7 Alateen meetings. There are 44 AMIAS.

In Serivce, Karis Holveck Colorado Area Alateen Coordinator Panel 62

<u>Website Coordinator</u> - Scott shared his report - The California area reached out to Scott about what our Website procedures are. We found our 2004 document that was last updated in 2005. The main thing he brought to the AWSC last night was that it said Assembly minutes and the Butterfly should not be posted to our website, specifically to protect anonymity. Scott will be revising the document and will bring it to the next AWSC for approval. One of the main reasons we use the website is to review Assembly documents. But we will follow the guidelines.

Linda, DR20, asked if we are not going to have any names on the documents? Scott said he went through the Assembly documents for the last year or year and a half and found that he mostly just found first names and last name initials and no personal email addresses. Linda asks that the documents be reviewed for personal information before they are posted or get their permission first. She would like that guideline to be included in the document that is being updated.

Wendy, DR2, Is there a way to only allow Assembly members access to Assembly minutes? Scott said we don't have that right now, but Dave might know. Dave was a chair on a task force about having passwords and it was recommended not to get into that difficulty.

Records Coordinator - Willard shared his report

Report by AGRC to Colorado Area Assembly (July 8th, 2023) Building our Future (AFG Records). AGRC Meeting with Valerie S. and Scot P. June 10th, 2023

Since last Area Assembly, AFG Records (WSO) has completed the following:

- Registered Permanent Electronic Groups within the Colorado Area are listed (findable) in the Meeting Finder Application on the Al-Anon.org website. The "pin" that represents the meeting is a darker shade of blue, and shaped like a small computer screen. Clicking on it opens an information window, including a link to the meeting's virtual address.
- 2) Hybrid (EX) meetings are recognized by AFG Records as a valid meeting type. They don't have to do anything. Both Electronic and Hybrid (EX) meetings can go back to a Face-to-face format (if desired).

- Global Electronic Meeting search. For Global Electronic Area meetings only. Meetings are listed chronologically, according to the searcher's Time Zone. One platform per search. One variable (per type) allowed per search.
- 4) Decided to discontinue the use of paper for any Group Registration/Update change forms. Electronic input and forms only.

What's coming up:

1) AFG Records has asked that Temporary Electronic Groups complete their transition to becoming a Permanent Electronic Group in the next 6 to 12 months.

2) Allowing more positions to have read only access to Electronic Group Records. DR's, AIS, and Area Officers (for example).

Archives - Dennis gave his report

The restoration of tapes to disc has spent the \$12,000 at Airshow Mastering and Restoration. There is about 100 discs available. Now that the Area has tapes converted to disc, the Area has to decide how to make them available to the Area. In the past, the Area used to have a tape coordinator. Also I am looking into when and how Archives can release oral history to the Area.

Be sure and look at the quilts with all of the patches the districts have put on them.

Archives will have a display at the AA/Al-Anon State Convention featuring Lois W.

In Service Dennis G.

Pikes Peak Service Center - Mary Rose shared her report

<u>Literature/Forum</u> - Marcia reported that the new daily readers have arrived at the Denver Area Service Center. She brought a few if you need one. The Forum magazine is always looking for writing submissions. \$11 a year and you get a monthly edition, in print or ebook.

<u>Denver Area Service Center</u> - Kevin shared his report. 9 districts around the Denver Metro Area. Almost closed during the pandemic. Kevin plans to attend all district meetings around the metro area. Would like to do more outreach for volunteers and would like each district to contribute to fill 4 shifts per month. Right now only a couple of shifts a week are filled. Asking for a sustaining pledge from people or meetings to keep them functioning. They are a 501c. Looking for a stable source of income rather than doing fundraisers all the time.

Hi, I'm Kevin. Greetings Colorado Area Group Representatives, Area Officers, and Coordinators.

I am the new DASC (Denver Area Service Center) liaison with the Colorado Area. Replacing Chuck who moved to Florida.

I want to tell you that I love the Denver Area Service Center and always have. I started volunteering there back in the late 1980's when it was by East H.S. on Colfax & Detroit.

I only have two minutes to share with you. First of all, I want to acknowledge and thank you all for your service to Al-Anon and the Colorado Area. So I want my message today to go through you to your meeting participants. So take notes. We need their help at the DASC. Not your help. Their help. We need people to step up to help answer the phones, take literature orders and to be a LIVE person on the other end of the phone for newcomers wanting information about Al-Anon and our Area Meetings. So, I'm going to attempt to attend each of the nine monthly District Meetings in the Metropolitan Area and talk to your Group Reps.

The idea is if each District around Denver could fill four three-hour shifts per month we would accomplish coverage that we haven't seen in a number of years before the pandemic. It might mean that one meeting per District would fill one three hour shift a month. That's not much to ask, is it? AND you can do it from your own home or office. The phone calls would be sent to your phone. That easy.

The second thing we are trying to do is keep the Denver Area Service Center open to serve the community we live in. With 3 or 4 million people living in the Metropolitan Area, I think it's imperative to have a Service Center/LDC available. I hope you agree. The pandemic took a toll on the Service Center with us having to default on our lease and pay a penalty as a result. But we never stopped answering the phone and ordering literature for members.

So we have an idea.

A lot of non-profits since the pandemic are now asking for sustaining monthly donation pledges from members. It could be as little as a dollar or two a month or whatever you can afford comfortably. Every little bit helps keep our doors open to the public. Then because we have a 501(c) tax status, we will send you a donation total for your yearly taxes.

Finally, we need your meetings represented at our Monthly DASC Zoom meetings. Please consider in addition to a Group Rep having a Service Rep from your meeting also. It doesn't hurt to ask on a continual basis.

On behalf of the DASC, I thank you for your continued support.

I'm Kevin - Liaison to the Colorado Area

<u>State Convention Chair</u> - Jim shared his report about the upcoming convention and talked about the workshops and meetings they will have there, including fun activities. There is a flier on the website and they are here for you to pick up. September 1, 2, and 3 in Greely

<u>AAPP</u> - Suzanne shared her report with a few slides that were handed out about her research on the concerns she had about signing the certification forms. We have 44 AMIAS certified and 7 Alateen groups. She has a discomfort with the current process. She will step down, this is her last Assembly as the AAPP.

State (Area)	Bckgrnd Check Frequency	Training Required	Personal References	Personal Interview	Other Safeguards or Notes	Record Security & Process	Liability Concerns
Colorado	1x - New applicants only	Yes	No	No		No. Determined by current AAPP	
Wis/Upper Michigan (61)	Every 5 Years with state Dept of Justice (fingerprint)	Every 5 Years	2 References & DR sign off	Yes, either of references or applicant. By AAPP	Wis Dept of Justice fingerprint review	DOJ locked & secure requirements. Shred all after 7 years if not active.	No Response
East Texas (53)	Annually		Home Group identified			Paper copies, shred then updated annually.	No Response
Ohio	Every 5 Years		GR & DR required	Of references by AAPP to verify		Paper & Digital	No Response
Maritime provinces (91)	Re-certify every 3 years		DR signs application			Shred paperwork after 10 years	No Response
PA (48)	Every 5 years (PA law)		Group Sponsors or DR	2 zoom meetings req'd w applicant	FBI fingerprint check if <10 yrs in PA>	Shred paper after e-files created.	No Response
Delaware (8)	Every 3 years	Yearly recertification training and new applicant training every 2 years.				3-year retention. Both paper and e- records.	No Response
Tenn (52)	Annually		Required.	For new applicants: AAPP speaks withreferences and applicant.	AAPP+ Alateen Coordinator combined to 1 position.	Paper records kept 1 year then shredded.	No Response
Virginia (57)	3 years	Every 3 Years to rectify	DR must sign off to verify member	DR can contact home group, GR, or interview.	AAPP attends trainings with Alateen Coord	Fingerprint records	No Response
NC/Bermuda (42)	Annual	Annually	DR must sign off to verify member	DR checks w GR or home group	Coordinator and AAPP one position	Vendor keeps bkgrd checks	Volunteers have personal insurance
WSO							No Response

<u>Public Outreach</u> - Margarita shared her report. Pridefest, Cinco de Mayo, Summer Health fair (32 locations)

<u>IT/Media</u> - Joanne shared that she is looking for a group of volunteers to help her with the projectors and the microphones. The next conference she will be working towards making this a two person position.

Spanish Coordinator - Deborah was not able to share her report as she was interpreting

I am pleased to announce that District 25 now has a District Representative as of the district meeting on April 2,2023. Her position was confirmed by vote in her home group before the end of the month. Another member of her group took on the responsibility of Group Representative.

The District 25 DR and I attended Pride Fest to help represent the Spanish Speaking community of Al-Anon at the booth on June 24th to assist in community outreach. I attended the International Al-Anon Convention in Albuquerque, NM and was able to see how language support was provided at an International Convention. I will be reaching out to those who have signed up to be of service with the committee. Currently we are a committee of two. If you are interested in participating please e-mail me at Spanishcoordinator@al-anon-co.org.

Deborah A. Spanish Coordinator Spanishcoordinator@al-anon-co.org (303)619-0954 TIME WITH OUR DELEGATE: Love, Laugh, and Grow Together - Kari shared her report about the WSC

Add presentation - Addendum #3

DISCUSSION ON Diversity, Equity and Inclusion - Nancy said she had this on the agenda, as many people have been asking for it. This is the beginning of a conversation. What do people want? Do we need a workshop? What does this mean to you? Please keep the Al-Anon principles, Experience, Strength and Hope in mind.

Kathleen - GR in CO Springs - Her group discussed it ahead of time. She read part of the opening. She read traditions 3, 6, and 10. Her group considered this to be an outside issue and a delusion of the Al-Anon program. Concept 5 addresses DE&I. Please keep those things in mind.

Chris - GR from Castle Rock seconds what was said

Brook - GR from CO Springs - She shared her experience, strength, and hope from the International Convention. She saw lots of diversity and we all share the same common thread. It's up to her to invite a friend who is diverse and that is what she will be doing.

Donna - Shared 2 experiences. About 10 years ago they started meetings that identified as gay meetings. Someone there said she knows about those, but doesn't want to be labeled as "terminally unique". Also, last fall when Tiffany the speaker shared, some people brought up the fact that she was black and felt badly that there was only one black person in the room. She asked Tiffany about it and she said that she didn't even think of it.

Cecy from Westminster - She has some experience with the transgender community and they want to be treated like anyone else, called by their new name, and don't stare.

Mike from Loveland - Some of his group had discussion about sexual orientation. The Al-Anon declaration says "when anyone, anywhere"

Judy - Many meetings she goes to are filled with fair skinned people. This disease does not discriminate. It comes down to acceptance. Look what happened with COVID and electronic meetings. Young people want to be heard, all about diversity, seen, recognized, and have connections. She will work at changing her lens. She wants more diverse people at meetings. They are out there.

Chesley - Past Delegate from CO Springs - Initially her heart was troubled when she saw this on the agenda. She went to the 2021 Al-Anon survey. The average age is 62.5, first meeting was age 42.1, females 86%, 90% white, 99% graduated HS, 79% went on to higher education. Random sampling of our 24,000 worldwide groups and 1500 Alateen groups. This DE&I is an outside label. ³/₂ identify as adult children of alcoholics, we call that group Adult Children of Al-Anon. We label with inside language.

Teri - Past Delegate - Shared a quick story, as she did sit on the Board of Trustees. There was an innocent remark shared in a chat that was offensive to some, they stopped and had a meeting about it, she didn't think she had any biases, but she and the rest of the board did. The conversation was held with honesty

and love. Let it begin with me is true, but we also need to understand our biases too. The WSO will not figure this out, it is up to us, but we need to keep our minds open.

Julie from Denver is all about Let It Begin With Me but she shared something that happened in her home group. She befriended an African American who started attending her home group. One of the members reached out and touched her hair and she felt like her boundaries were crossed. I've attended Al-Anon for years and no one reached out to touch my hair. She tried to encourage her to talk to the person, but she couldn't do that and just stopped coming to the meeting. It would be valuable to explore her hidden biases.

Sheila, GR, discussed this topic in her group and came up with Tradition 3 and a table tent that says let's leave other affiliations outside. A problem of alcohol in a relative or friend. She asked for a list of Spanish speaking meetings for those who attend her meeting.

If someone didn't know about Al-Anon and walked into this room, they would say this is a white person problem and that is an issue with me. There are certain populations we are not reaching

Sue shared that Al-Anon is the most important thing to her and she wants to step out of denial. It's hard to look at this room and think we are diverse. We want attraction, not promotion. This program was created by white men and women and maybe we don't have everything we need.

Kellie said she first came to a meeting when she was in her 20s. She got the impression that Al-Anon wasn't for her and she didn't belong in the room that looked like the group in the Assembly. Be empathetic . It's important for diversity to be at the service level too. Voices are not represented here and perspectives are missed.

Jenny thinks about making room for those with a minority opinion. For those who feel like they don't belong in Al-Anon, there is a perspective in the groups that they feel that way and it goes against our traditions to go against making them feel welcome. It's important for me not to judge others' experiences with the experience that I've lived. How can I create that space of inclusivity for others?

Sheila shared that Al-Anon is a spiritual program and not a religious program. God is not used in all religions.

Wendy - DR2 - Accessibility - Consider if you are looking for a location for your meeting, look for a location for those who need ADA accessibility. She couldn't attend one meeting because of the stairs, so she started a new meeting, which has grown. It's amazing that we are including other languages.

TMF - DR20 - As someone who is frequently the only male in the room, he opened the new daily reader to his birthday date and read it. It was applicable to this topic.

Donna - GR - said that our literature covers a wide variety of issues. This is an issue coming from the outside in, and is designed to make people uncomfortable. Al-Anon targets a specific need and a primary goal. There is no pressure to change from outside situations or language or political trends. She said she was asked not to speak, but we may need further discussion on it.

Nancy said this seems like a pretty hot topic that people do seem like they want to talk about, but she doesn't know how, so let's break for lunch.

Return from lunch: Joleen made announcements

DISTRICT REPORTS:

District 20, TMF shared his report

11 groups with 1 Alateen group and 5 without GRs including the Alateen group. However one person is considering becoming a GR so we may have one more soon.

We've filled the SOC coordinator position with the goal of getting a fundraiser/social going this Fall. Everyone will be invited!

Currently working through my "District Tour", I've visited every group in the District besides two and hope to visit them within the next week or two.

Been promoting the new daily reader and we're ordering 3 cases as an LDC of books which may be gone very quickly. Many group members want the new book so it may go fast but if you're interested in the new Daily Reader and near District 20, let me know and we can get you on our list.

Still working to help out with State Convention logistics and have a handful of volunteers ready to go and have the first weekend of September blocked out on their calendars.

We're using a QR code based meeting list now and just updating the website to save on printing/distribution. If anyone wants help with QR code design, our Website Coordinator can aide you.

<u>District 25</u> Janita shared that in March they did a tradition workshop every month. Every two months they have a meeting with their GRs. June 24-25 went to the Civic center for Pride to help. Yesterday they opened a new group. Someone else shared about the new group in Castle Rock, Fridays from 7-8:30 pm at St. Francis Anassis.

Hi, my name is Juanita R. I am the new DR for District #25. We have been very active in our district since I was voted into my position in March.

- Each month we have been holding workshops on the traditions. We began with the first tradition in March.
- We hold District meeting the first Sunday every other month
- We celebrated the 8th Anniversary of the Serenity group on April 12.
- We celebrated the 11th Anniversary of the Paths of Hope group on April 23
- We participated in the Spanish AA State Convention (Congreso estatal) on the 5th and 6th of May to carry the message.
- We carried the message of Al-anon to various members in AA anniversaries.
- We celebrated the 22nd Anniversary of Courage to Change on June 25.
- On June 24th and 25th we helped provide information in Spanish at the Al-anon booth at Pride Fest.
- On July 7th a new group opened in Castle Rock at the San Francisco de Assisi Church 2746 Fifth St. Castle Rock CO 80104 on Fridays from 7:00-8:30 pm. All are welcome and encouraged to get the word out. The meetings will be held in Spanish. The group is working on coming up with a name.

<u>District 24</u>, Mike is representing since there is no DR for their district. They have 2 GRs. They have 6 meetings, 5 in person and 1 hybrid. They did an outreach event in April of 500 printed pens. They got art approved for benches and bus shelters.

<u>District 2</u>, Wendy new DR. Grand Junction, Apen, Basalt, Parachute, Palisade, etc. They also have an Alt-DR. 17 current meetings. Less than half have a GR. Excited to get started. 8 attendees in person and 4 online at their district meeting.

District 9, Tom F - shared his report

District 9 has thirteen Groups with fifteen meetings.

Our monthly district meeting has been going well. We are using the hybrid meeting format. We meet the second Tuesday of the month. Our attendance has been increasing since the Spring Assembly. Hopefully our attendance continues to increase with the grace of God. We have recently added two new GR's. One of our new GR's will be representing two groups from our district.

Outreach

Our monthly AA & Al-Anon Speaker meetings on the second Friday of the month have been great. The potluck starts at 6:00 PM and the speakers meeting is at 7:00 PM. St. Paul's Lutheran Church located at 10th and Garrison in Lakewood. We have had anywhere from 50 to 70 attendees. Please come and join us.

We are currently planning a family outreach park picnic event at a local park in Arvada, Golden or Wheat Ridge. We are planning to have an open house event with hamburgers, hot dogs, potato ships and all the condiments. We are looking at these Saturdays 9/09/23, 9/16/23 or 9/23/23. Will distribute a flyer with all the information once we have the date secured.. Come join us.

District 12, Edward shared his report

District 12 Dustrict Rep Meeting, Day, and Date (e.g. AWSC Sun. July 16): July 8 2023 Experience A brief summary of past projects/activities (What, When, Where, How, and Why?): 1. One 365 Health Fair (held at Corona Church 8th 8 Downing) One 2023 PrideFest booth 2. Three presentations, at three Denver Housing Authority complexes Thanks to all the members who made these events possible by being in service 3. Strength A brief summary of current projects/activities (What, When, Where, How, and Why?): 1. Two electronic only meetings join District 12 / Area Colorado. Several newer meeting continue to build their attendenance 3. Group Representatives are engaged in their Groups & the District. Hope A brief summary of future projects/activities (What, When, Where, How, and Why?): 1. Two electronic only meetings leave District 12. Maybe they will return from Global Electronic Area to another Area 2. Colorado Dustrict Page 3. Hopefully more public out reach, and workshops in the Fall / winter! General Announcements (or anything not covered above that you would like to share): Contract Distruct 12 is Hosting November 2023 Assembly. 1. DRIZ @ Al-Anon-Co.org to Volunteer! There has been some interest in starting a Woman's meeting. If interested -2. please contact us. 3 Thank You for Sharing Your ESH in Service to AFG of Colorado and for Writing it Down Trust the process of the 12 steps let the steps do the work. In Service Edward Bartholic

<u>District 16</u>, Kim shared her report - 13 GRs today. August 2, fundraiser for Pike's Peak Service Center in Colorado Springs. Had a Day in Al-Anon and Nancy was their speaker.

TIME WITH OUR DELEGATE (Part 2): Love, Laugh, and Grow Together - Kari shared more of her report about the WSC, which can be found in Addendum #3

WORKSHOP: "Nuts and Bolts of the Service Manual" - Nancy B., Past Delegate, Panel 32 led this workshop Add presentation - Addendum #4

OLD BUSINESS:

-<u>Consideration of Hybrid Assemblies</u> - Thought Force volunteers - Dennis will be the delegate on the thought force. Sheila A. and Sarah Berkley volunteered. Joanne also wants to be on it. Nancy needs 2-3 more volunteers.

NEW BUSINESS:

-<u>AAPP - liability, info from other Areas - Discussion</u> - We heard that Suzanne was stepping down. When the AAPP signs off certification forms for an AMIAS, it's a bigger conversation. We are researching and will be talking to the WSO. We are looking for someone out there who would like to volunteer for this position, Area Alateen Process Person (AAPP), through 2024. No one was interested. Think about it and let Nancy know.

-Digital Archives accessibility - Discussion - This will be a presentation at another Assembly.

-<u>New Business from the floor to be brought forward for next Assembly</u> - Nancy asked for any new business. She has forms for proposed topics for area consideration.

-Selection of a site for Day In Al-Anon (April 2024) There are guidelines on this on the website.

-Elect State Convention 2024 Chairperson - We don't know where this will be yet. AA is still interviewing a lot of venues. Brooke said there is an experienced person who serves as a co-chair for 2023. Jim shared that Bill was elected the 2023 co-chair. This year it is in Greeley, but Jim doesn't live in Greeley, so he had two people helping him in that district, Bill and TMF. I think Bill is very capable of handling this. Nancy asked if Bill and TMF are interested in stepping forward for the next convention. We just heard that it will be in Pueblo. TMF can help, but not able to be co-chair. Bill is willing to be the 2024 chair of the state convention. We voted unanimously to elect Bill as the next chair of the convention with no opposition and no abstentions.

-Election of State Convention 2024 Co-chair - Mike showed interest to be co-chair. We voted unanimously to elect Mike as the next co-chair of the next state convention, 2024, with no opposition and 1 abstention.

AWARDING OF THE BANNER: Joleen announced that District 17 won because they had 100% and asked for the second place district to take the win. District 12 is in second place with 63% of their GRs present.

INVITATION to WINTER ASSEMBLY - Host District 12 - Nancy made an announcement about the Winter Assembly, Nov 17-19, which will be in the same place we are in now.

After our Diversity, Equity, and Inclusion discussion... What do we want to do next?

Brooke thinks maybe a workshop, what is it, what are we talking about?

TMF thinks we need to define what an outside issue is and if this is an outside issue. He went to the service manual, page 226, at the end of Warranty 5.

Judy thinks at the very least, we should keep the discussion going. Loved what was shared about public outreach and getting the message out there. This could fold into something with public outreach and reach folks who may not know anything about Al-Anon.

Marilyn, past delegate, thinks this topic has to do with outreach. Maybe it is worthwhile to research what the community outreach is to reach young people, LGBTQ+, AAs, who are the people who aren't here and how would we get the message to them and maybe it is where they would go to get community resources. An example is going to Cinco de Mayo and Pridefest. She suggested a workshop or thought force to research where we can go? It might be a less emotional way to approach it.

Jennie had a member call her this week about another member not treating them well. She brought up the Safety in Al-Anon reading. Outreach is one part, but it is also about the safety we provide in our spaces.

Kari and Nancy suggested sharing, what are my biases and what keeps me from making my circle bigger workshop. How can I make my circle bigger?

Margarita will reach out to the PO community about making our circle bigger. How can we address the needs of those who are not getting here? Leave the magazines around, give them out.

Nancy said we will talk about putting together a workshop about this.

Nancy announced the next AWSC meeting will be virtual on September 9th.

ASSEMBLY ADJOURNS – Chair Nancy closed us out with the Al-Anon Declaration.

Respectfully Submitted,

Kara E.

Panel 62, Area Secretary

ASK IT BASKET – Sunday, 7-9-23

Nancy opened with the Serenity Prayer.

Eloy - Can we put free literature in the Hospitality Room about Al-Anon at Assembly?

A. - "Perhaps", refer to Tradition 6. The Al-Anon and AA Chairs or Public Outreach in the Area should discuss.

Marilyn - Is it suggested that Groups use KBDM [Knowledge Based Decision Making] to come to a group conscience decision?

A. - "WSO committees use a variety of decision-making tools to help achieve an informed group conscience. One such tool is the Knowledge-Based Decision-Making Process to Reach an Informed Group Conscience (KBDM).*" Page 70, of the 2022-2025 Service Manual v2

"* For a detailed explanation of KBDM, see the 2006, 2008, and 2014 World Service Conference Summary, available on the Members menu at al-anon.org. Consider reaching out to the Area Delegate for specific details." Page 70, of the 2022-2025 Service Manual v2

In the spirit of Tradition 2, talk as a group to see if the matter under consideration is large enough that would warrant a full KBDM process. If a Thought Force or as Task Force is being established, utilizing the KBDM process may be the perfect option.

Tom - Can we add Host Committee Donations for [the] Hospitality Room (lunch/dinner items)? A. - YES.

Page 131 of the 2022-2025 v2 Service Manual, under Conventions, shows: "Participating in A.A. Conventions Al-Anon and Alateen are usually invited to share the program in A.A. conventions. A guideline for Al-Anon/Alateen Participation in an A.A. Convention (G-7) is posted on the Members menu at al-anon.org."

Guideline G-7, Al-Anon/Alateen Participation in an A.A. Convention, has: "Hospitality Committee

• Arranges for a hospitality room or other available space where Al-Anon and Alateen members can meet (see note re: Alateen participation).

• Serves refreshments in the hospitality room, when applicable. It is suggested that the hotel or other facility be contacted regarding their policy on providing food and beverages not purchased from the facility."

Our Area 5 Host Committee Guidelines has the following information:

•Hospitality (in cooperation with AA)

• Set up on Friday afternoon

 Coordinate volunteers to staff and announce to surrounding groups the need for food/supplies in cooperation with AA host committee

Dennis - How does Al-Anon fellowship define an "outside issue"

A. - Pages 131-135

Tradition 10 - The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.

Tradition 6 - Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money... Although a separate entity, we should always co-operate with Alcoholics Anonomous.

Page 133

Members Outside Involvement #2 power point

Al-Anon members who engage in legislation or support outside issues are free to do so as individuals. However, Tradition Ten suggests that the Al-Anon Family Groups have no opinions on outside issues. Thus, individuals do not discuss any such legislation orissues at meetings.

Kari - Can you explain the part of the program again that tells us to refrain from clapping after a share?

A. - Kari read the assembly rule about this, which comes from the conference rules. Then she went to the Service manual to show where it came from. It is all throughout our book, Page 21, Dominance. Concept 4, Concept 5 page 192. The right to be heard and not the right to be right and if there is clapping or booing, I may squash others from coming forward to be heard.

FINAL NUMBERS OF THE ASSEMBLY:

7 th Tradition	\$484.02
Silent Auction	\$433
Total:	\$917.02

Nancy read today's reading from the new daily reader, "A Little Time for Myself"

We broke for breakouts.

Chair Nancy closed with the Al-Anon Declaration.