

Colorado Al-Anon Area Assembly Information

(GR Solutions Committee as of Oct. '25)

Area Assembly

“The Area Assembly is the business meeting where the groups send their representatives to express a voice and vote on behalf of the group.”

(2022-2025 Al-Anon/Alateen Service Manual [SM], p.67, 75, 140-141, 161)

Who Attends the CO Al-Anon Area Assemblies?

- Group Representatives (GRs) (or Alternate GRs in their place)
- District Representatives (DRs) (or Alternate DRs in their place)
- Area Coordinators, Event Chairs, Service Center Liaisons, GR Connection Chairs, Spanish Interpreter, Past Delegates
- Area Officers: Alternate Delegate, Chair, Delegate, Secretary, Treasurer

When / Where does the CO Area have Assemblies?

- The Assembly meets during a weekend, 3 times/year, currently in March, July and November.
- The CO AA Area plans the dates and locations for the Assemblies. Al-Anon is a guest of AA and cooperates with AA. We share the venue and expenses.
- CO Al-Anon is currently offering a Zoom option for Saturday only.
* **Zoom Info?** Check with your DR, or look under “Assembly” at <https://al-anon-co.org/>

What Happens at an Assembly?

- Friday (7pm-9pm; 9:00 pm: Night Owl Al-Anon meeting)
 - GRs are encouraged to attend the Group Representative Connection session. This session is especially beneficial to new GRs. Seasoned GRs can provide “*experience, strength and hope*” to new GRs. There is often new information shared which can help prepare GRs for the Saturday portion of the Assembly.
 - The Area World Service Committee (AWSC) meets in a separate room. The AWSC includes DRs, Area Coordinators, Area Officers, Event Chairs, Service Center Liaisons, GR Connection Chairs and Past Delegates. (SM p. 67, 75, 140)
- Saturday (7am Early Bird Al-Anon meeting; Assembly: 9am-5pm with lunch break)
 - Reports are heard from Assembly members (Officers, Coordinators, Event Chairs, etc.), as well as Thought Forces, Task Forces and other committees.
 - The Delegate shares a special report in the Summer after attending the April World Service Conference (WSC). The Area budget is approved by vote in November.
 - **The GRs are the only members who vote during an Assembly.** GRs often make decisions and vote as a result of reports that are presented. Every three years GRs vote for new CO Area Officers & Coordinators.

GRs are encouraged to ask questions, make comments and fully participate in the Assembly experience!

○ Throughout the day there is a variety of Area business, as well as fun skits and workshops. **In addition...** There are usually volunteers from an Al-Anon Area Service Center selling Conference Approved Literature (CAL). **PLUS** tables with Silent Auction items available to bid on. These items are donated by individuals/groups/Districts. Proceeds from the Silent Auction go to our Area to help offset Assembly expenses. (Cash or checks payable to “AFG of Colorado”)

- **Saturday Evening**

- There is an **Al-Anon speaker (7pm)** followed by an **AA speaker (8pm)**.

- **Sunday (9am-11am)**

- Assembly members are divided into groups (GRs have their own group) for...
 - Open discussions, Workshops
 - Sharing their Assembly “take-aways”, questions and concerns

FAQs

- Do I need to pre-register for the Assembly?

NO. * However if you wish to attend the Sat. Assembly virtually (Zoom), members are asked to ‘register’ ahead to get the Zoom info.

- Do I need to stay at the hotel during the Assembly?

NO. Some members live close to the venue, aren’t able to attend all 3 days, or choose to stay at another hotel close by.

- Do I have to pay to attend the Assembly?

NO. A 7th Tradition basket is passed during the Assembly. Members are free to give a personal contribution, or do so on behalf of their group.

- Are meals provided?

NO. However, AA usually has a lunch option that can be purchased. Typically, there are restaurants inside the hotel or nearby. AA also has a “hospitality room” that has beverages/snacks. (Hospitality Room has an optional 7th Tradition basket)

- Do GRs get reimbursed for their expenses while attending the Assembly?

YES! The group they represent is responsible for reimbursement. Often a group conscience decides the amount of reimbursement. “Each group provides its GR with sufficient funds to fulfill the GR duties including participation in the Assembly. Expenses may include meals, transportation, lodging, and registration fees.” (SM p. 162)

- What should I bring to the Assembly?

Your current Al-Anon/Alateen Service Manual & paper/pen for notes. Bring an open mind, your Higher Power, & your sense of humor!



Questions? Contact your District Representative, Area Chair (chair@al-anon-co.org), Area Delegate (delegate@al-anon-co.org), or another Area member who has Assembly experience.

(NOTE: This is NOT CAL; GR-S, 2025)