Alanon Summer Assembly Minutes

July 18 - 20, 2025 Double Tree Hotel 743 Horizon Dr, Grand Junction, CO

Opening / Purpose / Welcome:

- Linda, Chair, welcome to in person and on zoom. Started with moment of silence and serenity prayer.
- 12 steps read by: Jennifer S. Ft. Collins, D 20
- 12 traditions read by: Teresa, GR for D14, Wednesday Visions meeting
- 12 concepts and warranties read by: Jessica P., AGR for District 20, Ft. Collins
- Linda: The purpose of this assembly is an interchange of ideas within the immediate area and WSO. We will hear from our delegate about the wider world of Alanon. The delegate is the bridge with WSO. This assembly is for GRs, elected servants and all members. Only GRs can vote. AA members cannot vote at this assembly. Every Alanon member has a voice at this assembly. To protect anonymity, audio recording is not allowed. Video and auditory recording should be in compliance with p. 89 of Service Manual. The ones recording should ask permission. Every member is aware and approves of the taping. Anonymity, P. 100 of Service Manual. We all need to feel secure that nothing seen or heard here will be shared. What we say will be held in confidence. The zoom meeting is not being recorded. If you are uncomfortable being in the zoom purview, let us know. This is a closed Alanon meeting. No one can be recording this meeting.
- Terry: Anyone on zoom, please preface your voting name with 2 stars so we know who you are.
- Linda: If you are a new GR please stand. Applause and welcome. Please give your contact information to records coordinator, Brice if you haven't already.

Host Announcements:

Vicki, District 3, presented on behalf of the host district.

Roll Call:

Judy R. substitute Secretary introduced officers and coordinators and asked that all members ensure that they have signed in at the registration table, as that will be the record of attendees. See Addendum #1

Motion: by Bertie: That the March 22, 2025 Assembly Minutes be approved as presented. Donna D seconded. **PASSED** by majority vote

Officer Reports:

Chair:

See report in addendums.

Delegate:

- See report, 2 hour report later. Please see delegate corner in the room. Poster board from WSC, postcards from stepping stones and love gifts for all of us to take - give them back to our other group members.
- TMF started his report/in person, not for the website due to photos and not having express permission: only the photos from his presentation are shared at this assembly.
 The full report is on the website. If you have questions, email TMF or perhaps they could have a zoom call/meeting Q/A.

Alt-Delegate:

See report - keeping legacies alive

Q: Dennis, past delegate 38: Usually in March if our income exceeds expenses, we send money to WSO. Did we do that this year?

A: I'm hoping you can give me a little grace. I didn't think about that yet. The finance committee and I will review and no, not yet

Q: District 12 GR: For the count of groups, does that include the permanent electronic groups in the area?

A: Brice, Technology: accurate, including electronic groups

Treasurer:

See Report

Announcements: Thank you for your donations. Please inform your DR and GR and treasurers Who to make checks out to and include WSO and group name and number in the memo or chat. Mailing address is on website: See report No questions

Secretary:

Judy R. (substitute Secretary) Presented on behalf of Hannah E.:

Officers, Coordinators and DRs, please submit your reports either by email to the secretary, or by putting them in this basket before the end of the Assembly.

My goal is to publish a draft of the minutes for this assembly in about two weeks so that any GRs who want to use the minutes to bring information back to their groups can do so. To help me achieve this, please submit your reports promptly!

Area Banner / Ask-It Basket:

- The district with the most participants gets the banner and gets to create a square.
- Ask it basket, presented by Rick, past delegate.

Q: Tom, GR from Men in Alanon: How do DRs count the GRS on zoom?

A: Willard: I'll tell them. It is a big job, a special thing. We are so fortunate Willard is in charge. Put your district by your name on zoom label. 2 ** in front of name designates a voting member and then I compare that with what Brice gives me. For the districts, we go through the database to verify districts.

CO Area Process for Southwest Regional Trustee 2025:

- GR connect last night was given the process information on Friday.
- Marcia M.: she is passing around a QR code for documents for the Trustee information/process, also for acronyms and a GR survey.
- Linda, Chair: We are becoming tech savvy. We have a SW area region made up of different states and every 3 years we have an opportunity to present a trustee for our area that may be sent on the the WSO for approval.
- Greta is presenting a one time instruction. A policy will be established and approved later. This process is temporary, for this assembly only. see Power point and hand outs

Q: Eloy M. panel 56: Did I understand the process was developed by past delegates? I didn't get that call.

A: Greta: Yes, I sent an email.

Q: Marguerita: Do we already have a candidate?

A: Greta: Yes

Q: Patricia, GR for Los Stomas Colorado Springs group: Are these positions advertised in the area website and what are the duties? Let's put the duties in before and know what they are applying for. Some applicants were rejected. Is the position advertised?

A: Greta: There were emails sent out and TMF discussed at the last assembly. This information is disseminated by DRs to GRs.

Q: Marguerita: Can't this information just be posted on the website for a more democratic process?

Q: Tom C from Loveland, district 24: Can we see the application?

A: Greta: yes - it will be shared

More conversation followed:

- Regina GR for Living Today, District 20: Why was the decision a closed vote? That's an unusual situation.
- Greta: Actually, all of our officers are voted on a closed ballot, every 3 years for officers only. GRs job is to approve this process.

Linda: Keep in mind: This is just for this assembly because we received an application.
 We are attempting to put a process in place. We need a motion to accept this process temporarily, for this assembly.

See slide for motion wording:

Edward read/made the motion: Edward B. GR for D 12 for LGBQT+love in Denver in person. To approve the CO Area process for selection of nominees....he read the steps. Colleen, GR District 20, step by step 2nd'd the motion.

More conversation followed:

- Annie GR from Steamboat: suggested that we already have a process for notifying members of the opportunity to serve as a trustee. There was confusion on the notification process, notifying members of Alanon to submit an application - I didn't see this process.
- Linda: it is on the WSO website: directions and information about this.
- Annie: my concern is only one application was submitted.
- TMF: to clarify: the trustee application is only open every 3 years. The delegate gets it from WSO, then he sends it to WSC. Within 3 emails, everyone was notified. If your DR didn't pass it along, that is a conversation for you and DR. This pops up every 3 years and it is rare to have an application. No one usually applies.
- Chesley panel 29, CO: I was at the policy committee meeting that first talked about this. At the end of the meeting in March, there was some urgency felt to get the invite to all members to be notified. I got the impression that notification didn't happen. Did I miss something or did the committee miss something? I don't think the committee followed through. The next meeting on this was a "keep it simple" solution on how to look at our applications. Yes it seemed to be some kind of miscommunication.
- Linda: We are in the process now to correct the process. The final version of this process when presented to assembly. We are doing the best we can as a new panel
- Teresa, GR for Denver: Since this is my first time here in GR, what are the responsibilities of this regional trustee? Can you give a brief overview?
- Linda: TMF will be presenting that. Right now we are just focused on the motion

Simple majority vote: the motion was passed

- TMF: reviewed the roles of trustee and trustee at large per website, hand out
- Application: Tom Blake, panel 47 application was reviewed. Deemed eligible to run for this position. Tom shared at the podium and shared a few words about his resume and service

Questions and discussion:

Q: Tom from Loveland 24, Do you have any things you would like to accomplish?

A: Tom, applicant, past delegate: Survival and many things. It is best not to come forward with an agenda but to do the work of the board.

Q: Marguerita on zoom: You have my vote already. But...How are you going to serve us, the hispanic community in CO if chosen?

A: Tom: once selected, I serve the entire fellowship. I serve CO as a region.

Q: Christy on zoom: I am impressed by your level of service. What gives you the energy to continue in service so I can share this with my group?

A: Tom: Service enhances my recovery. I get to make mistakes and grow. I get to see from different perspectives in service. I freely give with what I received out of gratitude.

Q: Chesley panel 29: Thank you for standing for this office. Please read up on the website and service manual about this position. Do you have a plan to encourage the GRs and groups to dive into the manuals and into service?

A: Tom: If I am appointed, I will carry this message as best as possible when invited to assemblies. This is a bottom up organization and grass roots. I will be there to provide support and education. When you approach me with a question, you come back with more answers and more questions.

Q: Donna, inside job: Q: Would you still attend assemblies and have a voice and AWSC A: Tom: No - this would create a conflict of interest. I wouldn't attend.

Q: Veronica, District 25: with Spanish interpretation: In reviewing the application and requirements...you have to be proficient in English...it says that. What are the problems that have not been resolved yet as this appears to be a legal position. What will you be working on? A: Tom: I have no idea. But historically and corporately, we make sure that all legal matters are taken care of. We have a fiduciary responsibility to see all requirements are met.

TO DO Hannah Motion for vote:

TMF: invited Tom to leave the room.

We are voting for TMF to send Tom's application to WSO. Then the WSO will take it over from there. At that point, the process is confidential and you will know that CO has an application for consideration.

Before we vote, are there any concerns about Tom's eligibility?

No concerns

Linda for the vote: GRs voted by paper ballot.

The vote was passed

Minority opinion: none given

Invitation to WIA Skit: presented after lunch

Presented by Keo D on behalf of Tammy C: Hello Area. 5!

Who is excited!! We are! Oct 3-5th.

Weekend in Alanon is in process, with plenty of planning going on with our Dist. 14. We are HAPPY, JOYOUS AND FREE!

The Registration form is done. I want to take a minute to thank Tammy C, Lori O and Eileen K for doing this, as it was done so beautifully and user friendly with the electronic registration. This has been sent to AWSC, Butterfly coordinator, Denver Service Center and Website Coordinator for publication. Also, to the summer assembly, Al-Anon State Convention, Colorado Service Centers and with our District Reps and Groups.

Forms will be also available on the registration table, please take one.

The deadline for registration is September 20th.

A link and QR code are on the form to be used for registering online, or the form itself can be mailed in. Please register your entire attending group with one form or one online submission.

We're accepting both checks and Zelle for payment and that information is included. We're asking that only one payment be processed for all attending in your group. If paying by check/checks, please mail all checks together in one envelope.

If paying through Zelle, please submit one payment for the entire group.

Zelle email address, on the form, <u>wia1@al-anon-co.org</u>, please note that email is for payment only! All other inquiries, email <u>wia@al-anon-co.org</u>.

An icebreaker is in the planning stages for Friday night. For Saturday, we have workshops set up. Topics at this point, as this may change, are intimacy, journaling, grief and expectations. We also have set up a gentle moving class, a craft corner and a crochet workshop. We are planning a silent nature hike and if possible, a bonfire night.

On Friday night, we have the pool and, on Friday night and Saturday night, we have the hot tub. For the hot tub, it must be attended in multiples, do not go alone.

The AA and Al-Anon speakers will be Conner D., and myself, to share our experience, strength and hope, on what helped us to manage our chaotic lives and to be HAPPY, JOYOUS AND FREE.

If you have any Silent Auction items to provide for WIA (no garage sale grade), we could surely use them. You can get a hold of Donna, Judy or myself, from District 14 or speak to us at some time during this assembly.

Please see me if you have any questions on prices, etc.

It is our privilege and an honor to do this weekend!

Coordinator Reports:

Chair asked coordinators to submit reports electronically as we are running behind schedule, unless you have a pressing matter, then share at the microphone.

Public Outreach: Jen C, Denver Public Outreach Coordinator is looking for volunteers

Literature / Forum:

Submitted by Julie R:

As literature/forum coordinator I have attended our virtual quarterly meetings for both Literature and Forum.

At the Literature meeting, The Serenity Prayer came up and the following was given by our Associate Literature, Carol C.

The only version of the Serenity Prayer that appears in our Conference Approved Literature is the short version that reads as follows:

God grant me the serenity
To accept the things I cannot change,
Courage to change the things I can,
And wisdom to know the difference.

This is the wording found on the Serenity Prayer Card (M-26), as well as in numerous Conference Approved books and pamphlets. The guidance on page 114 of our 2022–2025 Al-Anon/Alateen Service Manual says, "To keep Al-Anon's message in focus, and to encourage unity, only Al-Anon/Alateen Conference Approved Literature (CAL) and Al-Anon/Alateen service tools are displayed, distributed, and used at Al-Anon and Alateen meetings."

We also discussed "ebooks" and the following was shared.

As often happens in trial situations, the launch needed to be delayed slightly. We are happy to report that we are on target now for a July launch of the first title pilot. Since it is a pilot, formal announcements will follow once we are confident the launch was successful.

We are planning a six-month trial which encompasses many points of validation. However, we always encourage members to visit the WSO website (al-anon.org) and follow the link on our Online Bookstore to their favorite ebook provider to ensure the CAL being sold is actually Al-Anon Family Groups published and the revenue from these literature sales supports our fellowship and program.

The Forum quarterly meeting was also informative. Members shared their different ways of getting members involved in writing/submitting their experience, strength and hope and of subscribing to the Forum. I encourage our groups to share!

I would like to say the Forum Workshop hosted by District 6 was successful. I submitted this event to the Butterfly. And that as my first "presentation" I thought the workshop went well and I would be honored to do a Forum writing workshop at a different district event.

And lastly, from Annette Shorter, Forum; our June Sales Report:

	Group		Other (individuals)		Total	
State	Subscriptions	Copies	Subscriptions	Copies	Subscription s	Copies
CO	42	54	385	393	427	447

Julie Racine Colorado Literature/Forum Coordinator Panel 65 literature@al-anon-co.org

Denver Area Service Center (DASC) Liaison:

The DASC serves Districts 7-15, 21, and 25 and the groups these districts contain. This includes 44% of the districts in the Colorado area. As of June 30, we had 18,959 website visits this year. Of those visits, the top three pages visited were:

- 1. Find a meeting (7,463)
- 2. Home page (3,929)
- 3. Events (765)

Our Blue Ribbon Event, which celebrates long-time members and raises funds for the Service Center, was held in Greeley on May 31. Thanks to District 7 for hosting us for this great event. There were 65 attendees, and \$500 donated to DASC from this event.

Year to date, the Service Center is operating in the black with a net profit of \$3500. Thanks to a memorial contribution, we have provided literature to new Alateen groups--donating \$1,048 so far for this outreach.

We need volunteers. Intergroup Service Representatives (ISRs) are elected from groups to attend our monthly Service Committee meetings. These meetings are held on Zoom, run 1 1/2 hours, and help us better serve our membership and as a way for groups to stay connected to events and happenings in the Colorado Area. This is especially important for any of our Districts lacking a GR. This is a great opportunity for members dipping their toe into service or more experienced members wanting to keep our links of service connected. We also need folks to help out in our office. Could anyone here help staff our office one Saturday a month? Please see me or Marcia at the back to learn more.

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Jason B,

DASC Liaison

AAPP: no report submitted

Records: no report submitted

Alateen Coordinator: Report created by Heather P

Experience: A brief summary of past projects/activities (What, When, Where, How, and Why?):

- 1. Suicide Awareness Course through the Pikes Peak Suicide Awareness.
 - i. Their facilitator Bella completed a zoom training on QPR (Question, Persuade, Refer).
 - ii. We needed 8 participants to hold the class and we had 13 including the facilitator.
 - iii. This was well received and very helpful. We plan to have another QPR Training coming soon.
- 2. Survey sent out to all AMIAS regarding the end of our 3 year trial period for AMIAS Annual Training.
 - 1. We have had 21 responses so far. More to come.
- 3. We have 11 Active/Current Alateen meetings, ranging from Ft. Collins to Durango.
- 4. Alateen Outreach thought force turned into a task force with the Alateen Coordinator (Heather), Alateen Co-Coordinator (Brandi) and Tom Fernandez. We are to determine the feasibility of approaching middle schools for public outreach to teenagers informing them about Alateen. It was determined immediately that this was an excellent approach. After our discussions, the thought force immediately became a task force.

Heather's affiliation to law enforcement by her position as a 911 operator for Adams County and Brandi's position in the education system as a teacher's assistant are the tools needed to implement our ideas. Heather suggested that we approach the middle schools which encompass sixth, seventh and eighth grades through their safety officers (police officers) assigned to the school. Many of the kids have a relationship with the officers and the officers are great with the kids. The officers are often adults that the kids talk to about family issues. This would give the officers a resource for alcohol or drug abuse going on in the home.

Strength: A brief summary of current projects/activities (What, When, Where, How, and

Why?): Ongoing updates/changes to Alateen Training Presentation – As Needed

- a. Purpose: To keep slides up to date. Including changes reflected on Website, Support Resources, etc.
- 2. Meetings to take place via Zoom. Topics to include Alateen Meeting Topics, Tough Stuff, Suicide Support, etc.
 - a. Purpose: To increase awareness, experience and engagement within Alateen
- 3. Alateen Outreach for Implementation/Collaboration with the local police agencies for referral to Alateen.
 - a. Includes School Resource Officers (SRO) that are embedded within the schools

Hope: A brief summary of future projects/activities (What, When, Where, How, and Why?):

1. Ongoing updates/changes to Alateen Training Presentation – As Needed

- a. To keep slides up to date. Including changes reflected on Website, Support Resources, etc.
- 2. Meetings to take place via Zoom. Topics to include Alateen Meeting Topics, Tough Stuff, Suicide Support, etc.
 - a. Purpose: To increase awareness, experience and engagement within Alateen
- 3. Creation of spreadsheet for the total number of AMIAS trained. Including New AMIAS and Re-Certifying AMIAS, for each year during the training trial period, which ends November 2025.

IT Media Coordinator:

We purchased a larger screen to make our presentations more visible. We also purchased a speaker and 2 microphones so that the AWSC meeting can provide audio simultaneously to the GR Connection meeting.

IT/Media continues to work with the Hybrid Task Force in developing the roles, responsibilities, practices and procedures of delivering a hybrid assembly as the two are intertwined. IT Media is responsible for displaying the presentations in the room, but for continuity it makes sense for IT to display the presentations to the zoom participants simultaneously. This requires specific equipment setups and tight coordination with the other hybrid team members.

Website Coordinator:

The website coordinator position primarily entails updating events, announcements, and pages on the Colorado Area Al-Anon website in a timely manner. A separate but equally important responsibility is to serve as the administrator for the Colorado Area gmail accounts ensuring members of the AWSC have appropriate access. After 6 months as your website coordinator I have finally exhaled. I'm happy to report there has been no recent major website malfunction! I hesitate to make any major structural changes to the website at this time. There is currently a thought force investigating how the Colorado Area website does, or does not, meet the needs of our fellowship. The Website Thought Force will provide guidance for the future. Please, if you notice something on the website isn't working as it should, please email me at

website@al-anon-co.org You won't be pestering me! I'm grateful to be of service to Al-Anon.

Sheila A

Panel 65 - website coordinator

Butterfly Coordinator: no report submitted

Spanish Coordinator: no report submitted

Archives Coordinator:

We are looking for the quilt from District 16 (Colorado Springs). Chesley said the Service Center coordinator would know but they aren't in attendance.

Old Business:

Hybrid Assembly Task Force:

Members: IT-Adrian, DR2- Wendy, Dr11-Kara, GR-Joanne, SP Cord- Joleen, Alt DR 3- Willard, Past Del & Chair of TF - Teri

Our goal is to continue giving updated and current information to our Area, AWSC and our Chair between assemblies. The link for the registration is being sent prior to assemblies to the Area World Service Committee (AWSC) and is posted on the website (https://al-anon-co.org) under 2025 Assemblies.

We don't know what we don't know. That is part of being a Task Force, it seems, and it is developing organically. Our needs are changing from assembly to assembly. Checking the count on Thursday we had 37registered for this assembly plus members of taskforce. Our first Hybrid Assembly we had 10 including task force. (November 2024) Our second, including voting, we had 10 voting members and approximately 18 total. (March 2025) We now know that we will be doing breakout rooms for the workshop (This is new and a next step).

Currently we have 4 people monitoring the computers for different needs. One remote, and three at the assembly doing different jobs, such as preparing the votes(polls), sending information to the chats, monitoring the chats, answering questions, admitting people, checking the status of position i.e. GR, Coordinators, other members, and the groups GRs identify with: ** group name and district (that has been added since last assembly). Receiving information prior to assembly is <u>very important</u> so it can be posted in the chat for members on zoom.

Continuing to collect data is going to be crucial for this Task Force.

We do need people who are interested helping with breaks for team members, shadowing and learning the technology part behind Zoom, and how we make this flow. Another member mentioned, we never turn away help. It's a win/win for all of us.

Respectfully submitted,

Hybrid Task Force

Workshop - Group Naming Policy:

see power point

Handout and break out

Discussion: Jennifer, personally, I went to a Parents meeting. I chose that meeting because I am a parent of an alcoholic. Non-parents come and we embrace them. The identifier was beneficial for me.

- Edward LGBQT GR, attendance at meetings that are gender specific made a person feel
 uncomfortable not a good match and that could be some of the safety issues related to
 not just gender but other aspects, shape, size, etc. At any Alanon meeting, hopefully all
 newcomers are welcomed and encouraged and directed to meetings they can identify
 with. Is this too much for the WSO to take this on and manage? Are we trying to manage
 and control too much? How about we let God handle it.
- Chris on Zoom: in my group, I generally wouldn't go to a men's or LGBQT meeting unless I was traveling and didn't have another choice. Does the name draw the newcomer or is it a convenient time?
- Jessica District 20, ADR: Identifiers can be a turn off. The name of the group v. our Alanon declaration and Tradition 12.
- Judy ADR, District 14: qualifiers and names add a focus of the meeting; we all think our problem is bigger than the next person.
- Victoria, Beaver Creek, District 5: We would not attend an exclusive group such as Mens or Womens. In our area, we only have one meeting to choose from. Our group is welcoming to all. Keep coming back and attending at least 6 meetings is emphasized.
 Whoever is chairing that meeting is designated to meet with the newcomer.
- TMF: we have a year to discuss this email TMF all recommendations and notes. We
 will be voting on this is 2026. Please share this information with your groups and use the
 hand out.

Al-Anon Participation in AA Assemblies:

(see emailed report from Tom and Eloy. Chat or email or Tom or Eloy.)
Linda: Talk with your groups about this option. We are looking for a thought and task force on this.

<u>Time with our Delegate - World Service Conference:</u>

See power point

Invitation to State Convention Skit

State Convention Report:

I'm pleased to let everyone know that the Al-Anon State Convention Committee has been busy. We have met on the fourth Sunday of every month following the AA committee meetings. The Al-Anon portion of the Convention program has been finalized and submitted. We are doing seven meetings/workshops. Topics to include Emotion Commotion, Navigating Conflict, Never too Old. We have both Early Bird and Late-Night meetings planned. I'm excited to hear from our Luncheon speaker, Victor G., from Fort Collins and our Saturday night speaker, Jayme C., from Lincoln, CA. We have been in contact with our speakers, hoping to make them feel welcome to

our area. As a thank you to our speakers, we have some little gifts and treats for them when they arrive.

It's not too late to register for this year's State Convention. Please visit the online registration site at http://www.convention.coloradoaa.org. As a reminder, in order to hear the luncheon speaker, you will have to purchase a ticket for the Luncheon.

A special thank you to the members of my committee for all of their support and work they have done to plan what should be a great weekend in recovery. Please plan on joining us at the Embassy Suites in Loveland, Colorado on August 29th – 31st, 2025 for a weekend of recovery, fun, fellowship, and some relaxation ... no business!

Donna V. Al-Anon Chair A.A. State Convention

District Representative Reports:

District 2:

Presented by Wendy:

We have 17 active groups however not all groups have GRs but we do have contact with all meetings. We have district meetings every even month, hybrid or on Google Meet online. We helped with volunteers for this Assembly and donated funds and silent auction items. We have two upcoming events. On August 9 from 1-4pm, DR Wendy M will host a Google Apps Workshop to teach members how to access and use Google apps to improve communication within groups. Please email Wendy for information at dr2@al-anon-co.org
From September 5-7 in Rifle, CO, AA Central Office of Western Colorado is sponsoring Colodaze with Al-Anon participation - speakers & workshops. Please visit Colordaze.com for registration and schedule for the weekend.

District 3:

Presented by Vicki:

Our District currently has 12 meetings, including 2 Alateen meetings. The 2 Alateen meetings currently have no one attending. We have a monthly District meeting held on the 2nd Saturday of each month 11:00 am to 12:00 pm. We alternate locations between Montrose and Delta and we also offer Zoom for our more remote meetings. We have all but one district position filled. We have a wonderful core group of trusted servants. They have been especially helpful with stepping up for hosting this summer assembly.

District 6:

Presented by Pat G:

7 active AFGs: 4 in Pueblo area, 1 in Canon City, 1 in Florence, 1 in Westcliff

- In the fall, "Road Trip" to Westcliffe to enjoy our fantastic landscapes attend their Saturday morning meeting.
- We had a successful district potluck/workshop in May that focused on the Forum. Thank full to Julie R.
- Looking into having each group donate a piece of CAL to the Libraries.

District 7: no report submitted

District 8:

Strength

- District 8 started a 2nd Alateen meeting in May 2025 at the Erie Community Library which meets on the third Wednesday of the month at 4pm. It resulted in the request from school mental health professionals. Two teens showed up at the June meeting.
- July District 8 meeting had a workshop for Group Reps on the Knowledge Based Decision Making (KBDM) process which was presented by Teri M.

Hope

- District 8 is creating flyers with dynamic QR codes to distribute in the Erie and Longmont area for Alateen and Al-Anon. Plus, looking into costs of swag to hand out in both areas as well.
- Host a workshop on step writing beginning in 2026.

District 9: no report submitted

District 11:

Presented by Kara:

- District 11 has 12 meetings in the area of Westminster, Broomfield, Thornton, Northglenn, Brighton, Henderson and one meeting in Denver. One of those 12 meetings is a fully electronic meeting and one is a newly started Alateen meeting.
- We currently have 6 active GRs and we are visiting the other groups in hopes we can attract some more. There are two groups that may be close to putting forth a GR, which is encouraging.
- Our District meetings are held monthly and in-person, usually most of the active GRs attend, along with our Treasurer, Secretary, Alt-DR, DR, and Past DR.
- At our June District Meeting, Past Delegate, Teri Manley, led us through an very active
 and exciting workshop on the history of and practical use of KBDM, Knowledge Based
 Decision Making. There were about 15 people in attendance which included our GRs,
 District Officers, Members, and a DR and Alt-DR from District 8. We learned a lot and I
 want to give a special shout-out and thank you to Teri.

• District 11 is planning a Potluck Fundraiser, titled Keep It Simple; Keep it Al-Anon, for Saturday, September 13, from 11am-2pm at the Lord of Life Lutheran Church in Thornton. We will provide different kinds of chili and toppings, and look to members to bring sides and desserts to share. Fun and fellowship is guaranteed with table topics and a creative skit on dilutions of the Al-Anon program, titled Escape from Dilution. The scene is set in an Escape Room. Past Delegate, Kari O., will lead us in a workshop on Keeping Al-Anon Al-Anon. Fliers are available on the registration table. Please join us!

District 12: no report submitted

<u>District 13:</u> no report submitted

<u>District 14:</u> Presented by Judy R, Alternate DR:

District 14 covers the areas of Aurora, Bennet, Strasburg and Byers.

For the first time, our district has a full set of officers with 4 GRs and an Alt DR present. We meet once a month.

We have 3 in-person meetings; 1 on-line meeting; 1 prison meeting and 1 new Alateen meeting. We also have 13 AMIAS in our district.

MEETINGS:

- 1. Buckley Listen and Learn meeting has 30 people and a new GR.
- 2. Buckeye AFG has grown from 10 people to 15 and sometimes 20 people with a new GR.
- 3. Hope and Healing (on-line) has an Alt. GR.
- 4. Inside Job has 5 volunteers
- 5. Sereni-teen (Alateen)

There is also a monthly Pot/Luck Speaker Meeting with 30 people or more.

We are currently planning a workshop in August on Grief and Expectations.

Finally, as a district, we have formed a committee to work with and support the chair and co-chair for the WIA.

<u>District 16:</u> no report submitted

<u>District 20:</u> Colleen: Thanks for Spring assembly. Rumor is Spring 2026 is Fort Collins

District 22: Presented by Nancy T, substitute for our DR - Marie W.P.

Our District 22 has long-time meetings originating in Salida and Buena Vista (BV) and we also have a more fairly recent meeting in Leadville.

Some meetings are electronic only (Tuesday and Thursday nights). Some are in person only (Tuesday noon in Salida and the Leadville evening). And one, the Saturday morning in BV is a hybrid.

Our District is starting to plan our yearly share-a-day fund raiser and we are happy to have our last year's success to draw from as we proceed with our plans. We will announce dates and location as our plans take shape.

The district continues to provide reports and information from our assemblies, the World Service Conference and Office and our other Colorado meetings to our members and we are also experiencing a renewed interest in including AA in our local events and appreciating the fellowship that it brings.

District 24: no report submitted

District 25: no report submitted

New Business:

Website Thought Force:

Submitted Report:

So far, we have three members in this Website Thought Force: Sheila A., Sue W. & Samp; Marcia M. We are starting the process of reviewing previous Colorado Area Website Related motions/documents, looking at other Al-Anon Area Websites, and reviewing what's been done previously. Our job is to gather information and recommend the next steps. When we have completed our charge and the information will be given in a presentation at an Assembly. We have started looking at the first KBDM question "what we know" and the motions and documents presented to the thought force have been helpful in determining what might be helpful in improving or simplifying the website. Of course, we have the Website Guideline G-40 from the World Service Office that guides us to what some standards are helpful to members. We also have statistics gathered by website usage that tells us how long one is on the website and what information is selected. We have looked at other Al-Anon

websites selected randomly across the country. There are different components looked at like: ease of use, how newcomers are welcomed, how Information Service Centers are introduced and what Area information is provided. We are gathering all sorts of Information; Our last meeting was July 16th where we discussed

- 1. Newcomer information and the need for the website to be welcoming and informative.
- 2. Service members wanting to know Al-Anon historical information as well as task and thought forces being able to access motions from Assemblies and task and thought force presentations. How that could be helpful for carrying forward our ongoing work as an Area. The website might be helpful in this by having a place for that information.
- a. We did talk about the summary our Chair shared with the AWSC/DRs after the Spring Assembly. We thought that email might be helpful information to our Group Representatives in Groups that do not have a District Representative.
 - b. P.S. It was a good summary of our Assembly activities.
- 3. Membership would like a list of AWSC contact information. With respecting anonymity at the forefront, a listing of the Colorado Area email addresses would be helpful including the District emails that are active we feel this would be a simple solution to the Area being approachable and accessible.
- 4. We did discuss some of the Group Representatives' comments on the GR Connects survey of some ideas and we have begun discussions for our Service Arms and what information they would like to have and the possibility of the website being helpful in keeping our Group Representatives supported.
- 5. More is to be revealed as we continue our discussions and research so stay tuned for more information at the Winter Assembly!

That is where all of you come in, we welcome your thoughts/suggestions about the Colorado Area Website. Do you have ideas about what's working on the website, what could be improved, or what you would like to see added to the website? If so, please contact Sheila, our Website Coordinator, at website@al-anon-co.org.

Discussion at assembly:

- Hybrid task force, Cara: need report We had 37 people registered for this hybrid assembly. The first we had 10. At the second, we had 10 voting members and approx. 18 total. At each assembly, we add another layer. In this assembly we added the break out rooms. We have 4 people monitoring the computers for different needs and behind the scenes. One person is remote, plus the IT media person, monitoring chats, preparing votes, polls. We continue to collect data. Any interested members can join in. This is really a win,win situation for GRs in service who can't be here. Teri said we have more plans for zoom for future assemblies.
- Holly: Pueblo AGR: I would like to do the virtual assembly. How?
- Teri: check the website. Your DR should be passing that information along
- Linda: This is a trial, when is the cut off?
- Teri: It wasn't in the charge, we are still collecting data

- Online: Marguerita: I want to make a motion to have all 3 days on zoom. We want the Friday, Saturday and Sunday when officers meet. Friday is very important for me to be at GR connection.
- Cara: We have also found this to be a lot of work and focus. Our charge from the GR
 was to make the business meeting Hybrid. The extras are incentives as to why you
 would come in person.
- Wendy: hybrid team: Also For Hybrid for all 3 days, requires a lot of staffing. We would need 12 more members to help. If you want to bring in the volunteers that would be awesome. AWSC
- Linda: This is temporary for now. We also have minutes you an refer to for all the other parts of assembly.
- Sheila: March of 2023 at the assembly, we voted to accept electronic groups into Alanon. Electronically is how we do things.

Selection of Host District for Fall AWSC Budget Meeting:

Election of Secretary:

Election of a panel secretary: p. 154-157 of manual. Linda read from the service manual. The vote for this position is a closed vote. If no one stands, the Chair may ask a DR to sit temporarily.

- Question from a GR: Is the vote for a \(^2\)3 or 50+1?
- Linda: For an officer it is ²/₃
- Michelle panel 35: What happened at the last election assembly for an officer?
- P. 157 of SM
- Edward, counter: $\frac{2}{3}$ majority, to answer Mchelle's panel. We had multiple written ballots until a $\frac{2}{3}$ was reached.
- Judy R stood for secretary office. She shared on her service journey. No one asked questions or comments. Judy left and the group voted yes, approved. Judy R. is the new secretary

Election of 2026 State Convention Chair / Co-Chair:

Convention will be in CO Springs in 2026. Colleen D was affirmatively voted as the chair. Voted and passed.

Selection of a Site for Day In Al-Anon:

Wendy, District 2: Day in Alanon, April 5, we raised \$830.37. Contact her if you want details. Looking for a district to host. Color days is a fundraiser for AA central office in GJ and includes Alanon with speakers and workshops.

Colorado.ze.com there is info. In Rifle 9/5 through 8

Any districts interested in Day in Alanon? No one stood

GR Survey Results:

- Marcia M, past delegate panel 58 for CA. see summary. Survey was done through a Google app.
- Zoom Marguerita: suggestion about the QR can you work in and choose the language, English or Spanish survey.
- Marcia: In the interest of time, we didn't do this in Spanish. I apologize. I sent this to Joleen. We can get this translated or work with our Spanish interpreter.
- The interpreter said she did a Chat GPT chat into the What's app for District 25.
- Diane on Zoom: I couldn't access the QR code. Is there another way to do it?
- Marcia: The QR code came from a link.

Awarding of the Banner:

District 6 had 75% of their group

<u>Invitation to Winter Assembly:</u>

- Winter assembly is in Cripple Creek the weekend prior to Thanksgiving.
- Marcia: please take the flyers and check them out front and back. Marcia M gave the
 formal invite. Rich L and Marcia are co-chairs. We are working with the AA group. We
 will be going for a walk through. There may be some space limitations. Blessed are the
 flexible for they aren't bent out of shape.
- Linda: reminder that the hotel link is open. They may be out of rooms already.
- Mike said they only have 20 rooms left with 2 beds. Not sure about blocks.
- Evening events start at 7 with speakers. Expressing gratitude for participation. There are evaluation forms to be turned in. There will be an online eval also.

Sunday, July 20, 2025

7th Tradition Report

Janice, Panel Treasurer: \$405 for the Assembly 7th tradition