

Wanted: A Higher Power I Understand

Our Twelve Steps invite us to seek a “Power greater than ourselves” to help us navigate challenges and find serenity. Each person defines that power in their own way and exploring what you truly need from a spiritual connection is a deeply personal journey.

February’s blog topic is, “What would you include in a ‘want ad’ for your Higher Power?”

What qualities would you seek? Unconditional love? Compassion? Wisdom? Strength?

Humor? Whether you’re religious, spiritual, or neither, creating a Higher Power

“description” can be a meaningful step toward self-awareness and recovery.

Please share with us at **al-anon.org/member-blog**

As always, you can also write about Al-Anon’s three Legacies. This month features Step

Two, Tradition Two, and Concept Two.

Sharings on the Member Blog may be used in future Al-Anon publications.

New topics are being added each month!