

Where to Find More About Children of Alcoholics

Are you interested in Conference Approved Literature about growing up with alcoholism? Here are some resources:

- *Did You Grow up with a Problem Drinker?* (S-25)
- *Al-Anon Sharings from Adult Children* (P-47)
- *From Survival to Recovery* (B-21)
- *Courage to Be Me* (B-23)
- *Hope for Today* (B-27)
- *Opening Our Hearts, Transforming Our Losses* (B-29), pages 57-73
- *...In All Our Affairs: Making Crises Work for You* (B-15), various sharings throughout

Available from local Literature Distribution Centers or at **al-anon.org/shop**