

## **Celebrating 75 Years of Hope and Healing!**

This year marks a remarkable milestone—75 years of Al-Anon Family Groups offering help and hope to those affected by someone else's drinking.

As we reflect on this legacy, we invite you to share your own message of congratulations.

Please post your tribute, memory, or words of appreciation on our Member Blog.

As always, you can also write about Al-Anon's three Legacies. This month features Step Three, Tradition Three, and Concept Three.

Please share with us at [\*\*al-anon.org/member-blog\*\*](https://al-anon.org/member-blog)

Sharings on the Member Blog may be used in future Al-Anon publications.

New topics are being added each month!