

The Butterfly

Winter 2025



Colorado Area - Al-Anon Family Groups of Colorado P.O. Box 31808 Aurora CO 80041-0808 al-anon-co.org

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Our Three Legacies

The threefold guides of Al-Anon point the way to a normal, useful life for the individual. They also are a framework within which the groups can carry on their affairs in harmony.

RECOVERY: Through the Steps

UNITY: Through the Traditions

SERVICE: Through the Concepts

FROM OUR COLORADO AREA CHAIR WINTER 2025

GREETINGS TO THE TRUSTED SERVANTS OF THE COLORADO AREA

It is hard to believe that fall is fast approaching with all the activities it will bring. I find my heart and mind full of gratitude for this wonderful program. I am so very grateful to serve as your chair. As the last quarter of our year arrives, here are just a few items that are currently underway:

The Zoom AWSC/Budget meeting will be on 9/27/25 from 10:00 am to 2:00 pm. I am preparing our agenda for this upcoming meeting and reviewing the budget document. We will be discussing other Area business and will vote on a draft budget to present to the Assembly.

Weekend in Al-Anon

October 3-5, 2025, at Glacier View Ranch, Ward Colorado

I am excited to attend this event, and I am looking forward to the workshops, relaxation, and a great time for fun and fellowship!



Winter Assembly

November 21-23, 2025, Cripple Creek, Colorado

I am working on our upcoming Agenda and will be updating it as the Assembly approaches. This is always a work in progress up until early November with many items coming to light along the way. It's helpful to have feedback on what we are doing well and what we could improve upon. One of the tools we are using is a post-Assembly feedback survey. These will be sent out after each Assembly to see where we can continue to improve and keep what is working! Please continue looking for these online surveys to fill out after each Assembly. Through our links of service, DRs can forward these to our GRs for their participation. The results of the Summer Assembly survey will be shared at our Winter Assembly. There is much work that appears to be taking shape as we move our business forward.

As a reminder to all Group Representatives, we will be voting at the Winter Assembly on the following items:

1. Approval of the 2026 Budget – this will be sent to the DRs for review and discussion with GRs before the Assembly.
2. Selection of a site for Day in Al-Anon (Spring 2026) Please consider your District to host.
3. Election of 2026 State Convention Co-Chair (Colorado Springs, 2026)
4. Approval of AMIAS Training after 3-year trial – Heather P.
5. Affirm GR Connection 2026 Chair Marcia S.; Elect Co-Chair for 2026
6. District Bid for Spring Assembly 2026 to be held in Ft. Collins
7. Elect 2026 WIA Chair (Keo D.) and Co-Chair for 2026

We will be continuing the hybrid format for Saturday. The registration link will be on the website. I will be asking for sign-ups to continue our work on Al-Anon participation in AA Assemblies. Please consider serving on these very important Thought Forces. This is a process, and I am at peace with trusting the God of our understanding as we work our way through this discussion. We will be hearing from the Website Thought Force on the progress that has been made. Please contact your District Representative if you have any questions about these topics.

Please contact me by email at any time to share any ideas or questions you may have.

Thank you for the opportunity to be your Area Chair and I look forward to seeing you all soon!

In Loving Service

Linda C.

Colorado Area Chair chair@al-anon-co.org

"Our hearts do not need logic. They can love and forgive and accept that which our minds cannot comprehend. Hearts understand in ways minds cannot." Lois W.

FROM OUR COLORADO AREA DELEGATE
DEAR COLORADO AL-ANON/ALATEEN FAMILY

It's been a while since our Summer Assembly, but it's been a fantastic last few months. Many of you have invited me to your meetings to speak, chat, and answer wonderful questions about everything we discussed at the Summer Assembly and more! I'm always amazed and grateful that Colorado is such an active Area with people truly invested in our program and their own recovery. Been a wonderful sight to see and I'd encourage you to reach out if you haven't yet and ask your questions. These continued conversations help ensure we are all on the same page, as much as possible.

To that end, please continue to have discussions about the group naming policy, Colorado's participation in Electronic Alateen, and the possible change to a Single Trustee Process. At the Winter Assembly, I plan to use my allotted thirty minutes to answer questions that people have and I'm currently working on some reference documents to hand out to help facilitate that conversation. I hope we can answer as many questions as possible and I'll do my best to answer everything effectively. If you have any particular questions, you'd like me to address at the Assembly, please send them to delegate@al-anon-co.org.

Beyond that I believe the State Convention was a great success and we were blessed with lots of amazing workshops and speakers. I even found myself in the morning meetings with some newcomers and was blown away by their vulnerability at a convention full of people from across the state. I was able to connect with many people on the A.A. side and was able to get a better appreciation for their program, as well as for ours. Even though we are distinctly different, we are still very similar, and it was a heartwarming experience to share rooms and conversations with people from all walks of life. Next weekend I'll be heading to Weekend in Al-Anon as the Delegate and hope to participate in that event fully and share my experience, strength, and hope, when called upon. Looking forward to seeing everyone at the Winter Assembly and until then safe travels, be well, and take care of yourselves and each other.

I'll keep you all in my prayers, with love in service,
-TMF,
CO Delegate Panel 65:
Keeping our Legacies Alive

2025
WORLD SERVICE CONFERENCE (WSC)
TMF
DELEGATE'S REPORT
COLORADO SUMMER ASSEMBLY 2025
ONLINE EDITION

If you would like more information about the topics mentioned above in the Delegate's Report the Spring Delegates Report is available at: [Spring Delegates Report Link](#)

These will give you an overview of the topics being discussed.

- Possible change to a single trustee process - Slides 28-36 (from the Delegate Report)
- Group listing process - Slides 38 and 39
- Alateen electronic meetings - Slides 51 to 55
- Group nomination process - Slides 67 and 68

FROM OUR COLORADO AREA ALTERNATE DELEGATE

HELLO FELLOW MEMBERS AND TRUSTED SERVANTS OF THE COLORADO AREA!

At the November Assembly we will be talking about budgets, so I wanted to start off by talking a bit about our finances. On Saturday, September 27, 2025, the Area World Service Conference (AWSC) deliberated over the Area finances. Discussions were had and opinions were expressed. But hopefully at the end of it all, we came up with some numbers that will resonate with the Assembly as a whole. Trying to consider what is best for the Area and what it takes to do the business of the Assembly can be tricky at best. There are so many unknowns. Such as how many donations will we get from the districts, groups, and events? How much money will it cost to ensure that we can support the fellowship as an Area? What are the needs of the coordinators, officers, event chairs, and groups? Is there anything we don't need to budget for? How can we plan for future unknown expenses?

Some of our expenses are easy to discern. We have a set fee for the storage of the Archives, we know how much our liability insurance will be and how much the post office will charge for the PO Box that we must maintain. Other expenses are not as easy to know. Such as printing costs, travel to assemblies for the Officers, Coordinators, and Event Chairs, miscellaneous supplies that may be needed by a trusted servant and so on.

I say all of this so that you can understand how difficult it can be to come up with a number for every line item. And sometimes we need to budget for things we may not always use. This process often causes us to have a deficit budget. However, in most cases, at the end of the year we are in the black financially. While this is not an easy process, you can be sure that each member who is a part of it takes it very seriously and thoughtfully.

My goal for my term is to keep our budget and the process as simple as possible. To be as realistic in our decisions as possible. I hope that in the end most of you will be comfortable knowing that the Area finances are in good hands.

Thank you,

Grete M.

Continued on pages 4 - 8 is the proposed *DRAFT* Budget the Group Representatives will be voting on for Winter Assembly.



			2026 Draft Budget	2025 Assembly Approved Budget	2025 Year-to- Date as of: (9/28/25)	Descriptions
	INCOME:					
	Contributions:					
1		Assembly Collections	5,250.00	5,000.00	2,959.00	7th Tradition, silent auction proceeds, donation can amounts
2		Birthday Donations	150.00	100.00	120.00	Individual donations based on years in AI-Anon
3		Day In AI-Anon (DIA)	1,000.00	1,000.00	1,055.13	Includes seed money (line 24) returned to assembly
4		District Donations	5,625.00	5,500.00	5,162.11	Donations from Colorado Area Districts
5		Group Donations	27,500.00	25,000.00	23,175.33	Donations from AI-Anon Groups in Colorado
		Total Contribution Income:	39,525.00	36,600.00	32,471.57	
	Interest Income:					
6		Interest - CDs	500.00	300.00	354.11	interest earned on ample reserve funds (CDs)
7		Other Interest - Savings & Other	5.00	5.00	0.34	primarily interest from savings account
		Total Interest Income:	505.00	305.00	354.45	
8		Other Donations	500.00	100.00	834.00	Miscellaneous individual donations
9		Weekend In AI-Anon (WIA)	4,500.00	500.00	0.00	Facility deposit - Offset by expense (line 73)
	TOTAL GENERAL INCOME:		45,030.00	37,505.00	33,660.02	
	EXPENSES:					
	Assemblies:					
10		General Assembly Expenses	750.00	750.00		To be used for printing and miscellaneous supplies by host committee, officers, coordinators, and GR connection
11		Rent	2,400.00	2,100.00	1,400.00	rent paid for Assembly meeting rooms, as needed; presently this is determined in cooperation with AA, post assembly
12		Thought/Task Force - Printing & Misc Exp	100.00	100.00	0.00	Printing for Thought/Task Forces & misc. supplies & expenses.
13		Translator Travel	1,125.00	975.00	343.97	Travel to assemblies 3 times a year @ \$375 each

			2026 Draft Budget	2025 Assembly Approved Budget	2025 Year-to- Date as of: (9/28/25)	Descriptions
14		Travel to Assemblies	17,250.00	20,250.00	9,979.04	Travel for Officers, Coordinators, Past Delegates - avg. of 18 positions @ \$375X3 Assemblies, minus \$3,000 for unused expenses (Based on double occupancy and reimbursed for receipts submitted); mileage @ \$.14/mile
15		Travel - Trustee Visit 1/panel	0.00	0.00	0.00	Trustee visit once every three years - will request a visit in 2027
16		Unfunded FinCom Budget Assembly Attendance	0.00	0.00	0.00	Travel to Finance Cmte. mtgs. & Budget Assembly for Finance Cmte. members with no travel budget; @ \$.14/mile
17		Unfunded travel expenses	750.00	650.00	0.00	Travel funding for otherwise unfunded service. Filled w/funded members when possible. With the hybrid set up, we may need this on occasion
		Total for Assemblies:	22,375.00	24,825.00	11,835.68	
		Coordinators & Area Event Chairs:				
18		Alateen Coordinator	375.00	100.00	0.00	Misc supplies and outreach projects
19		Archives Coordinator	300.00	0.00	0.00	Misc supplies (increased to purchase display stands for the quilts)
20		Archives Coord - Travel in Area	700.00	500.00	346.04	Travel /registration for WIA and/or DIA and/or State Convention; mileage @ \$.14/mile
21		Area Alateen Process Person (AAPP)	0.00	0.00	0.00	Printing of Training Material and travel to training sessions; mileage @ \$.14/mile
22		Printing and Mailing	0.00	0.00	0.00	Printing and mailing of material to AMIAS
23		Butterfly Coordinator	0.00	0.00	0.00	Supplies & misc. expenses
24		Day In Al-Anon (DIA) Seed Money	200.00	200.00	200.00	Costs related to planning DIA - returned with proceeds in line 3 above
25		IT/Media Coordinator	0.00	0.00	0.00	Supplies & misc. expenses - see Misc Exp - Coord and Event Chairs
26		Literature / Forum Coordinator		0.00	0.00	
27		Travel in Area	50.00	0.00	0.00	Travel to districts for Forum workshops etc.; mileage @ \$.14/mile
28		Literature Coord - Purchase of Literature	50.00	50.00	0.00	Cost of literature to display (not for resale)

			2026 Draft Budget	2025 Assembly Approved Budget	2025 Year-to- Date as of: (9/28/25)	Descriptions
29		Misc Exp - Coord and Event Chairs	100.00	500.00	0.00	Supplies & misc. expenses for coordinators that are not already a part of their budget.
30		Public Outreach Coordinator (POC)		0.00	0.00	
31		POC Community Outreach	250.00	250.00	0.00	Travel to districts to assist with establishing public outreach projects @ \$.14/mile). Expenses related to Public Outreach projects to the community are to be funded from Area Surplus Funds, as needed and approved by the Assembly
32		Records Coordinator	0.00	0.00	0.00	
33		Spanish Coordinator		0.00	0.00	
34		Spanish Coord - Travel in Area	375.00	250.00	0.00	Travel expenses related to unfunded travel
35		State Convention Chairperson	350.00	250.00	0.00	Supplies, travel to non-assembly mtgs & AA Convention planning meetings; misc. expenses; mileage @ \$.14/mile (Includes \$110 for translation costs)
36		Travel - Convention 2026	500.00	625.00	175.00	Chair travel to St. Conv. & for St. Conv. incl. lodging & Full package registration; mileage @\$.14/mile (Assumes a shared room)
37		Travel - Next Chair 2027	500.00	150.00	0.00	Next Chair travel to A.A. State Conv. Mtgs; mileage @\$.14/mile. Includes full registration, meals, and lodging (assumes a shared room)
38		Weekend In Al-Anon Chairperson	0.00	0.00	0.00	In reality, any expenses incurred should come directly out of proceeds for the event
39		Weekend In Al-Anon Co-Chairperson	0.00	0.00	0.00	
40		Weekend In Al-Anon (WIA) Facility Deposit	4,000.00	0.00	2,306.25	Deposit to facility from Area Account.
41		Website Coordinator				
42		Site and Domain Fees	400.00	600.00	246.32	Fees for site & domain name, some paid every 3 years.
		Total for Coordinators & Area Event Chairs:	8,150.00	3,475.00	3,273.61	
		Officers:				
43		Alternate Delegate				
44		Travel in Area	25.00	50.00	0.00	Non-assembly travel in Area related to the position of Alternate Delegate; mileage @ \$.14/mile

			2026 Draft Budget	2025 Assembly Approved Budget	2025 Year-to- Date as of: (9/28/25)	Descriptions
45		Printing	0.00	0.00	0.00	Printing of reports, etc. - see General Assembly Expenses
46		Area Chairperson				
47		Travel in Area	50.00	300.00	0.00	Non-assembly travel in Area related to the position of Area Chair; mileage @ \$.14/mile
48		Printing	50.00	200.00	0.00	Printing for Assembly agendas, etc.
49		Delegate				
50		Travel in Area	700.00	500.00	145.00	Travel/registrations for WIA, DIA & State Convention; non-assembly travel in Area related to the position of Delegate; mileage @ \$.14/mile
51		Printing	0.00	200.00	0.00	Printing of reports, etc. (gets free printing from library)
52		Secretary	0.00	0.00	0.00	Supplies & misc. expenses - see General Assembly Expenses
53		Treasurer		0.00	39.60	Supplies & misc. expenses - see General Assembly Expenses
54		Bank Fees	50.00	60.00	16.00	Monthly service charges, Debit Card annual fee, purchase of checks, deposit slips etc.
55		Postage	150.00	175.00	72.75	Mailing of reimbursement checks to Officers, Coordinators and Event Chairs
56		Printing	125.00	150.00	31.48	Printing of PNL and Balance sheet for assembly
		Total for Officers:	1,150.00	1,635.00	304.83	
		Other Area Expenses:				
57		Contribution to WSO	1,000.00	1,000.00	0.00	Area contribution to WSO to be paid by end of fiscal year
58		Insurance & Fees	2,000.00	2,000.00	1,929.64	Liability insurance, and Directors & Officers Insurance
59		Travel to Non-Assembly Mtgs	100.00	50.00	0.00	Past delegates and Officers/Coordinators/Event Chairs travel to non Assembly meetings @ \$.14/mile.
60		Post Office Box Rentals	200.00	200.00	192.00	Area Post Office Box
		Professional Fees				
61		Accountant and Tax Preparation	550.00	550.00	0.00	Fees paid to CPA for annual review & tax preparation.
62		Attorney	600.00	600.00	0.00	Legal & other professional services

			2026 Draft Budget	2025 Assembly Approved Budget	2025 Year-to- Date as of: (9/28/25)	Descriptions
63		Background Checks for AMIAS	1,875.00	500.00	625.00	25 NEW background checks for new AMIAS @ \$25 each (includes additional BG for current AMIAAS to be completed every 2 years)
64		Purchase of Equipment & Software	2,000.00	1,750.00	2,217.59	Purchase of needed equipment - Computers, software etc. Includes Zoom, Quick Books and Microsoft 365
65		Rent for Archives	5,424.00	4,250.00	3,555.00	Rent Storage Unit for use of Archives storage space.
		SWRDM (SW Regional Delegates Mtg.):				
66		Area Registration	250.00	250.00	250.00	SWRDM registration fee for the Area
67		Badge Fees	80.00	80.00	240.00	Badge fees for Delegate, Immediate Past Delegate, Alternate Delegate and Chair.
68		Past-Delegate/Past-Trustee Travel SWRDM	1,800.00	3,300.00	2,174.78	6 @ \$300 (3 year trial) 2024, 25, and 26) Exception - 2025 - 11 @ \$300 RE: In Colorado
69		Travel, Lodging & Meals	8,600.00	1,800.00	1,500.24	Travel, lodging (Based on Single Occupancy) & meals for Delegate, Immediate Past Delegate, Alternate Delegate and Chair.
		World Service Conference:				
70		Conference Summaries	250.00	250.00	14.05	Purchase 45 conference summaries @ \$5/copy + \$25 postage.
71		Delegate Travel	500.00	250.00	354.05	Incidentals while Delegate is at WSC including additional meals & lodging, car rental, etc. (includes extra night to attend 75th anniversary celebration
72		Equalization Fund to WSO	3,119.00	3,000.00	3,000.00	Contribution to WSO for WSC to cover Delegate travel, meals & lodging. All Areas contribute to the equalization fund. (actual expense = \$3,119, equalized expense = \$2,183
		Total for Other Area Expenses:	28,348.00	19,830.00	16,052.35	
		TOTAL General Expense	60,023.00	49,765.00	31,466.47	
		NET INCOME/EXPENSES:	(14,993.00)	(12,260.00)	2,193.55	

FROM OUR COLORADO AREA TREASURER

HELLO COLORADO AREA!

The Semi-Annual Appeal Letter from the Colorado Area



Al-Anon Family Groups of Colorado

October 2025

Dear Friends and Members,

I would like to take this opportunity to introduce myself to you and the members of your group. My name is Janice Zamora, and I am serving as your Colorado Area Treasurer for 2025-2027. I would like to thank you, the members of your group, and your group, for your on-going support to Al-Anon Family Groups of Colorado.

The Colorado Area is composed of over 250 groups, where the Area encourages each group to have a Group Representative that participates in our Area Assembly three times a year to conduct the business of our Area and to support our primary purpose of helping families and friends of alcoholics. A very important function of the Area Assembly is to elect and send a Delegate to the annual World Service Conference held in April each year. Our current Delegate for 2025-2027 is TMF F. Your contributions are used to send our Delegate to the World Service Conference where he represents the Colorado Area at the World Service Conference and brings "...the Area's viewpoint on matters affecting the entire fellowship and returns with a broader perspective of Al-Anon worldwide." (2022/2025 Al-Anon/Alateen Service Manual; p.150).

Your generous donations provide funds to support the service responsibilities of our Area Officers, including our Delegate, Area Coordinators, Area Event Chairs, and our Area's Past Delegates. Your contributions also support many other Colorado Area functions including: background checks for AMIAS (Al-Anon Members in Alateen Service); maintaining the Colorado Area Website (www.al-anon-co.org); preserving the Colorado Area Archives; supporting and encouraging public outreach, supporting group records, and so much more.

Please share this letter with the members of your group. In the spirit of gratitude and abundance we encourage your group and individual members to continue to support the work of the Al-Anon Family Groups of Colorado through your group's Seventh Tradition donations and individual member's personal donations to the Area. Keep in mind that Group Donations and personal donations are the Colorado Area's greatest source of income, representing over 70 percent of our annual income.

Please send donations to:

Colorado AFG
c/o Janice Z
2606 E. 148th Drive
Thornton, CO 80602
Make checks payable to Colorado AFG

Please include group name and WSO# in the memo section of the check. If you are making a personal donation to the Area, we are a 501-C-3 nonprofit organization and can provide you with a receipt, upon request, for your tax records.

With gratitude,

Janice Z.

Colorado Area Treasurer

treasurer@al-anon-co.org

FROM OUR COLORADO AREA WEBSITE COORDINATOR

HELLO COLORADO AREA

Are you aware that the Colorado Area has a website? You can find it at <https://al-anon-co.org/>. As your website coordinator I'm still learning a lot about how to maintain our current website in order to meet the needs of our fellowship. Since things don't always go as expected, there have been moments when the website was down. Progress not perfection. You can help by emailing website@al-anon-co.org if you notice anything on the website that doesn't appear to be working as it should.

Currently, I'm a member of the Website Thought Force. Some of our conversations have led me to make a few minor structural changes to our current website. I hope to show you these on Saturday, November 22nd, during my coordinator update at the assembly.

The website coordinator has been diligently refining the website to enhance the experience for visitors. We are eager to continue improving navigation on the website and look forward to engaging our Al-Anon/Alateen members in further discussions. The Group Representative (GR) Survey has provided important insights, facilitating better communication with GRs, and we hope that recent additions have proven both helpful and informative.

Recent updates to our website include:

- The "Personnel" drop-down menu is now labeled "Area Resources."
- The "Groups" drop-down menu has been renamed "Group Resources"
- The "Group Representatives" page is now accessible via both "Group Resources" and "Area Resources" pages.
- The 2025 Area World Service Conference (AWSC) agendas and minutes are available on the AWSC page under "Area Resources"
- The "Contact Us" page, located under "Area Resources" provides email addresses for current trusted Area servants as well as Past Delegates.
- Please visit al-anon-co.org to review these updates.

We welcome any suggestions you may have. Please contact us at website@al-anon-co.org.

With gratitude,

Sheila A

Website coordinator - Panel 65

Website@al-anon-co.org

FROM THE WEBSITE THOUGHT FORCE MEMBERS

A BRIEF UPDATE

We have almost finished answering the Knowledge Based Decision Making (KBDM) questions.

- We've completed many items from the Charge given by the Area Chair. Such as...
 - o Reviewed over 20 Area websites, listing pros/cons
 - o Used AFG Connects to contact other Area Website Coordinators
 - o Gathered more information re: website needs from the recent GR survey.
 - o Noted that our website has improved since the last Thought Force, however there are still concerns about:
 - Website isn't easy to navigate
 - No easy way to contact Officers/Coordinators
 - Difficulty finding previous documents/presentations/final Assembly minutes and other Archival information.
 - Wanting more information regarding Alateen



Besides working on completing our “Charge,” and other items we’re discussing are:

- Many Area websites have ongoing committees that meet on a regular basis. Will this be something to look into in the future?
- Where do we want to electronically store our Archives?
 - o Many Areas have their final minutes, presentations, workshops, previous Delegate reports, etc. easily accessible on the website.
 - o Our current website does not have the storage capacity for this, so this topic will be added to future Area discussion.
- Conducting a survey to uncover the wants and needs of our fellowship concerning the website.

Our current plan is that the Website Thought Force will have completed its charge by the Spring Assembly and give a full report at that time. Thank you, Marcia M., Sheila A., Marcia S., and Sue W.

FROM OUR COLORADO AREA GR CONNECTS

WINTER ASSEMBLY NEWS AND FOLLOW-UP TO GROUP REPRESENTATIVE (GR) SURVEY

WINTER ASSEMBLY NEWS!

We are excited about the upcoming Area Assembly in Cripple Creek, November 21-23! The Winter Assembly flier can be found on the Colorado Area website (al-anon-co.org). Cripple Creek is full of beautiful historical buildings and is very welcoming to visitors! Even though it’s November, their weather averages around 43° with very little snow. There are buses from Colorado Springs and shuttles within Cripple Creek for those who prefer to not drive mountain roads. The AA Host Committee is working closely with the Chamonix Hotel to make sure the venue fits our needs. The rooms assigned to Al-Anon are a bit smaller than usual, so we may be cutting back on tables offered for Coordinators or literature. The AA block of hotel rooms at the Chamonix are sold out, however there are multiple smaller hotels close by that are reasonable. We will be providing the Zoom /hybrid option for the Saturday portion of the Assembly. More information regarding the Zoom portion will be coming soon. **Please contact Rich** (District Representative; dr16@al-anon-co.org) **if you have questions about the Assembly.** We hope to see ALL GRs in November!

Follow-up to Group Representative (GR) Survey

We have great news! We now have a small committee that was formed as a result of the GR Survey results. The Committee members are Allie M., Chris B., Marcia S., Victoria R., and Marcia M. We’ve met twice and decided to name our little committee “GR Solutions”! We reviewed the survey and are moving forward with the topics GRs requested to be covered. *For example*, Chris and Marcia S. will be doing a fun skit on “Conducting a Business Meeting/Group Conscious/Service Sponsor” during the Winter Assembly. We’ve found other members who will be covering the topics of Knowledge Based Decision Making (KBDM), Conflict Resolution and Public Outreach. Some of these topics may be provided separately from the Assembly on Zoom. We’ll keep you posted!

GREETINGS FROM THE DENVER AREA SERVICE CENTER

Many thanks to District 7 for hosting our Blue Ribbon Event on May 31 in Greeley. The potluck event recognized long-time members of Al-Anon, featured two wonderful speakers, and raised money for our Denver Area Service Center (DASC). I personally enjoyed the wonderful fellowship and chance to reconnect with Al-Anon members I had not seen in a while, and to meet new friends in the program.

Our August and September DASC Service Committee meetings were of note, as we elected two new members to our Board, and some existing Board members were elected to new roles. We are very happy to welcome Scott F. as our incoming Co-Chair and Craig B. as our incoming Treasurer. Kevin S. is now our Chair and Christal S. is now Member At Large. Our Board positions are now completely filled!

Concept Four says that "Participation is the key to harmony," and we are grateful to groups that send an Information Service Representatives (ISR) to our Service Committee meetings (the last Wednesday of each month). ISRs are critical in our work to help friends and families of alcoholics. But more Service Heroes are wanted in this mission! Being an ISR is an excellent service opportunity for an Al-Anon member that is looking to dip their toe into service, or experienced members wishing to help with our mission. All that is required of an ISR is to attend a one-hour Zoom meeting each month, participate and vote, and to bring information back to your groups. We also need volunteers to staff our service center (our hours are listed below). If you are able to take a shift, please contact us. Participating in either of these forms of service helps the DASC to always be there whenever some reaches out for the help of Al-Anon. Service Heroes wanted!

MARK YOUR CALENDERS!

Please join us on Friday December 5th from 5:30 -8pm for our Recovery Through the Arts event. Enjoy original visual art, live performances and baked goods showcasing the art of our fellow Al-Anon members. Taco bar and refreshments are provided.

ARTISTS: Please consider donating a piece of your original work (visual or culinary), or a few minutes of your time to share your music or poetry with us.

To donate art, contact: Marcia S. cal@denverasc.org.

To perform, reach out to Kevin: chair@denverasc.org

All other questions call the Office at 303-321-8895.

All funds support the Denver Area Service Center Al-Anon AIS/LDC.

Marcia S, DASC
Office Coordinator

We still have some new Alateen group funds available through an anonymous memorial gift. Our website is denverasc.org. You can find printable meeting lists and local event flyers there. Please stop by and visit us – you can get a clipping from our Pass-It-Along plant while you're there.

What is the DASC you may ask? We are a Literature Distribution Center (LDC) and Al-Anon Information Service (AIS), meaning that we sell English and Spanish Al-Anon and Alateen Literature and service tools, and serve as an information clearinghouse for groups and districts in the Greater Denver area and beyond! We are supported by groups in districts 7, 8, 9, 10, 11, 12, 13, 14, 15, 21, and 25 – though we're here to support anyone reaching out for help. How can we help you?

Denver Area Service Center
2133 S. Bellaire St. #3
Denver, CO 80222
Office hours: 10am – 2pm, M - F
Office phone 303-321-8895
Helpline: 303-321-8788

Submitted by Jason B.
DASC Liaison to Colorado Area
liaison@denverasc.org



FROM OUR COLORADO AREA BUTTERFLY COORDINATOR

GREETINGS TO ALL IN OUR FELLOWSHIP

Recently, I read my Service Manual and learned that any Al-Anon/Alateen member, GR (Group Representative), or CMA (Current Mailing Address) person for your group, can share The Butterfly Newsletter to keep groups updated on Colorado Area news. I do hope your group receives it. The newsletter is published three times a year before Assemblies and available on the Colorado Area website also. The newsletter features updates from officers, coordinators, task forces, member submissions and event flyers if they are sent to butterfly@al-anon.org. As editor, I find the newsletter process rewarding and it supports my recovery in knowing how the Colorado Area supports and listens to its members.

If your group or you want to receive The Butterfly? Send an email to: butterfly@al-anon-co.org and in the Subject line enter Subscription. Your Butterfly will be delivered to your email as an attachment with a note of gratitude for your interest.

If you want to submit a photo, article of experience, strength, and hope, poetry or have something you would like to see in The Butterfly Newsletter? All articles must relate to Al-Anon recovery. Email butterfly@al-anon-co.org.

I'm looking forward to hearing from you,

Sue W.

Butterfly Coordinator – Panel 65

FROM OUR COLORADO AREA OUTREACH COORDINATOR

GETTING MY FEET WET – A SEASON OF OUTREACH AND AWARENESS

As someone just getting their feet wet in this new Public Outreach role, I've been both humbled and inspired by the opportunities to help carry Al-Anon's message of hope to families and friends of alcoholics. This summer, our Colorado Al-Anon community showed up and made an impact!

On May 30, three members of the Let Go and Let God AFG participated in Recovery Summer Jam at Central Park in Denver. We connected with attendees, shared literature, and spoke with individuals and families who were grateful to see Al-Anon represented at the event.

Later in the season, on September 20, Al-Anon was present again—this time at the Rally for Recovery held in Civic Center Park. Our table was staffed by three members from Let Go and Let God and one member from Amor y Entrega. It was a beautiful day of connection, awareness, and meaningful conversations. Many people who stopped by already knew about Al-Anon and Alateen, and they expressed deep appreciation for the help our program has offered them or their loved ones. Others were happy to learn about us! Some need Al-Anon themselves because we heard a lot of, "Oh let me take this for my {brother, mother, wife, etc.}, THEY this.

In addition to live outreach, I've been working on getting Al-Anon Public Service Announcements broadcast in local theaters. Harkins Theaters generously supports this effort free of charge, which is a huge win for public awareness! Unfortunately, AMC Theaters does not offer discounted rates for PSAs, and their fees remain a barrier—but we're exploring other options.

Overall, it's been an honor to step into this service role. I'm learning as I go and am so grateful to be a small part of helping others find the support and serenity that Al-Anon offers.

Thank you for your service to the Area!

Joyfully,

Jennifer C

CO Area Public Outreach Coordinator



Colorado Events



Pikes Peak, Nov. '23

Colorado Area Winter Assembly in Historic Cripple Creek

November 21-23, 2025

Located at the Chamonix Casino and Hotel

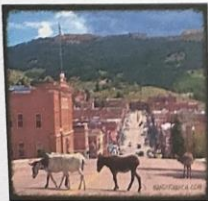
201 E. Bennett Ave., Cripple Creek, 80813
719-689-2142; **Code AA1125 for special AA rates (\$149)**
<https://coloradoaa.org/assemblies/>

Assembly Hosted by Al-Anon District 16
Colorado Springs/Pikes Peak

A.A. will have tickets on sale for:
Saturday Lunch Buffet: \$25
Saturday night Ice Cream Social: (TBA)

Al-Anon will need donations of:
*Snacks for the Hospitality Room
**Items for the Silent Auction

Questions?? Contact **DR Rich L.**, dr16@al-anon-co.org
or **Marcia M.** panel58@al-anon-co.org



*Only cold/room temp. snacks this time

** See current Al-Anon/Alateen Service Manual, p. 107-108 re: items for a basket, etc.

Hospitality
Snacks,
Auction
Items,
Lunch
Tickets, &
Fellowship



COLORADO AREA AL-ANON/ALATEEN WINTER ASSEMBLY
DRAFT Assembly Agenda
November 21 - 23, 2025 – Cripple Creek, Colorado

FRIDAY, NOVEMBER 21, 2025

- 4:00PM **Registration Opens** -Sign in, pick up your chip, meet and visit with Area Coordinators – Room TBD
- 7:00 PM **Group Representative (GR) Connection** – Room TBD
(All Group Representatives & Alternate GRs attend - bring your Service Manual)
Area World Service Committee (AWSC) Meeting – Room TBD
(Officers, Coordinators, DRs, Liaisons, Event Chairs, Past-Delegates attend)
- 9:00 PM **Night Owl Meeting** – Room TBD

SATURDAY, NOVEMBER 22, 2025

- 7:00 AM **Early Bird Meeting** – Room TBD
- 9:00 AM **Assembly Opening** - *please be prompt* - Room TBD
Purpose & Welcome Past Delegates
Host Announcements - District 16
Assembly Rules
Roll Call – Judy R., Secretary *(all members please be present)*
Approval of Minutes from July 2025, Summer Assembly (GRs VOTE)
- 9:40 AM **Officer's Reports** - 2 min each, unless otherwise noted
 Chair / Alt. Delegate / Secretary / Treasurer / Delegate
Area Banner - DRs count how many GRs present and provide to Host Committee.
Ask-It-Basket – TBD
- 10:00 AM **Area Coordinator Reports** - Alateen / Archives / Butterfly / Literature & Forum / IT / Records /Spanish / Website / Public Outreach / WIA / Al-Anon State Convention / Service Center Liaisons (2 min. each).
- 10:30 AM **Presentation and Discussion of 2026 Budget** – Grete, Alt - Delegate
- 12:00 PM **Lunch**
- 1:30 PM **Assembly Resumes** - Serenity Prayer
Host Announcements - District 16
- 1:35 AM **Old Business:**
- Task Force: Implementation of a Hybrid Assembly – Teri M.
 - Al-Anon Participation in AA Assemblies – Thought and Task Forces – Linda C.
 - **Thought Force:** Website – Sue W.
 - Selection of a site for **Day in Al-Anon** (Spring 2026)
 - Election of 2026 State Convention Co-Chair (Colorado Springs, 2026)

- 1:45 PM **District Representative Reports** - (2 min each)
- 2:00 PM **Time with our Delegate:** –TMF, Delegate
- 2:30 PM **Continue Discussion of 2026 Budget – (GRs VOTE)** - Grete, Alt – Delegate
- 2:45 PM **Workshop** – (TBD)
- 3:45 PM **New Business** –
- **Approval of AMIAS Training after 3-year trial** – Heather P. *(GRs VOTE)*
(will need an update to the CO Safety and Behavioral guidelines)
 - **Affirm GR Connection 2026 Chair** Marcia S.; **Elect Co-Chair for 2026** *(GRs VOTE)*
 - **WIA Report** – Tammy C., WIA 2025 Chair (5 min); **Elect Chair** (Keo D.) and **Co-Chair for 2026** *(GRs VOTE)*
 - **2025 State Convention Report** – Donna V., Chair (5 min)
 - **District Bid for Spring Assembly 2026 – Ft. Collins**
- 4:15 PM **What's On Your Mind?** – Open mic for questions, comments, feedback
- 4:45 PM **Awarding of the Banner** – District 16
Invitation to Spring Assembly-Host District
- 5:00 PM **Assembly Adjourns**
- 7:00 PM **AA & Al-Anon Speaker Meeting** (Al-Anon Speaker - TBD, AA Speaker - TBD)
- 9:00 PM **Night Owl Meeting** - Room TBD
Ice Cream Social (Tickets can be purchased from AA)

SUNDAY, NOVEMBER 23, 2025

- 7:00 AM **Early Bird Meeting** - Room TBD
- 9:00 AM **Assembly Opening:** - Room TBD
Ask-it-Basket Questions Answered
7th Tradition & Silent Auction Report – Janice Z., Treasurer
- 9:45 AM **Breakouts** -
- **District Representatives** - (w/Alt Delegate, Grete M.) - Room TBD
 - **Coordinators** - (w/Delegate, TMF) - Room TBD
 - **Group Representatives** - (w/Area Chair, Linda C.) *Bring Service Manual* - Room TBD
- 10:45 AM **Assembly Closing** - Room TBD

Assembly Dates:

Spring Assembly – March 20-22, 2026
Hilton Ft. Collins
425 W. Prospect Road
Ft. Collins, CO 80526

Summer Assembly – July 17th-19th
Sky Ute Casino Resort
14324 CO 172
Ignacio, CO 81137

Events:

Day In Al-Anon 2026, TBD

Colorado State Convention 2026, TBD



ALATEEN MEETINGS IN THE COLORADO AREA

TO FIND A MEETING: AL-ANON-CO.ORG ALATEEN

Alateen Meetings in the Colorado Area

What is Alateen?

Alateen is a place where members come together to:

- share experiences, strength, and hope with each other to find effective ways to cope with problems.
- discuss difficulties and encourage one another.
- help each other understand the principles of the Al-Anon program through the use of the Twelve Steps and Alateen’s Twelve Traditions

Alateen is not a place:

- For teenagers seeking help for drinking or drug problems or a therapy program
- to complain about parents or anyone else.
- A social hangout.

From al-anon.org website: *What is Alateen*

HIGHLIGHTS FROM THE WORLD SERVICE OFFICE THE WSO

You may want to order these Literature gems at al-anon.org or contact our literature distribution centers: Denver Area Service Center: denverasc.org or Pikes Peak Service Center in Colorado Springs: (719) 632-0063

Al-Anon Literature
2025 Milestones

70 Years The Al-Anon Family Groups Classic Edition (B-5)	55 Years Alateen Do's and Don'ts (M-9)	30 Years When I Got Busy, I Got Better (P-78)
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al-anon.org

AL-ANON.ORG/SHARE-YOUR-RECOVERY

AL-ANON.ORG/FOCUS-ON-ME -

We need your story for the new edition of **Al-Anon Faces Alcoholism!**
Deadline: November 21, 2025
al-anon.org/share-your-recovery

NEW MEMBER BLOG TOPIC
How do you keep the focus on yourself?
By sharing your experience, strength, and hope on the Al-Anon Member Blog, you help others find and grow in their own recovery from the effects of someone else's drinking.
#AlAnonBlog
al-anon.org/focus-on-me

Inside Al-Anon Family Groups Identifying and Guarding Against Outside Issues

I've always had an opinion, but I didn't always have a safe place to express it, so I kept it hidden to avoid family ridicule. As I grew into an adult, trying to express my opinions sometimes sounded like I was picking a fight. Didn't sharing my opinion imply that I wanted you to agree with it and maybe even appreciate my brilliant thinking and aspire to think like me? Because I lacked the skills to express my opinion, I could easily be swayed to change my opinion to match yours.

My home group reads the Twelve Traditions at each meeting and studies the Tradition that corresponds with that month at its first meeting. It was interesting to hear that my group did not have an opinion on anything that might distract us from helping families and friends of alcoholics. Did I have an opinion about that? I did! I wanted everyone to understand the importance of keeping the Al-Anon program pure. I was ready to fight to the end to defend the reasoning, even to the point that I no longer knew what I was talking about. I was going to express my opinion whether anyone liked it or not!

Then I heard members who knew what they were talking about share some spiritual principles with the group, emphasizing the importance of the clear and consistent message of recovery we find in Al-Anon Family Groups. I learned how to define an outside issue by putting ideas through a filter that looked for our common bond of being affected by the family disease of alcoholism. As the principles became clearer, I realized that sharing how to practice a specific meditation, for example, is an outside issue, whereas sharing that I practice meditation as part of my recovery is consistent with our principles. Other examples include sharing political or religious views or outside literature—no matter how compelling, moving, or informative, it does not carry the wisdom of the Twelve Steps as expressed in our own Conference Approved Literature (CAL). The *Al-Anon Focus/Declaration Table Card (S-24)* is a wonderful tool to display in meetings to help separate principles from personalities.

I no longer feel like an outsider when we come together, because we have all been affected by the disease of alcoholism. Not knowing what walks of life other members come from—what their professions are or what other Twelve Step programs they may belong to, for instance—allows me to concentrate on the Al-Anon program of recovery without the distraction of wondering how I measure up to them. I can also recognize that members may have different opinions about and responses to current local or world issues than I do, but I don't have to be concerned with those.

It comforts me to see how our Traditions add tremendous value to preserving the message of help and hope we can gain when we apply the tools of the Al-Anon program to our lives. I've grown now to understand the importance of focusing on our similarities rather than our differences. I know how to sit quietly and then patiently inform other members about our spiritual principles when necessary, allowing their reactions to pass without resistance or hype and without adding fuel to the fire. Bringing this practice into my relationships with family and friends allows me to maintain peace and serenity. Identifying and guarding against outside issues helps me with my responsibility of carrying *this* message of help and hope to others.

*By Christa A., Group Services & Alateen Coordinator
Reprinted with permission of Al-Anon Family Group Headquarters, Inc., Virginia Beach, VA.*



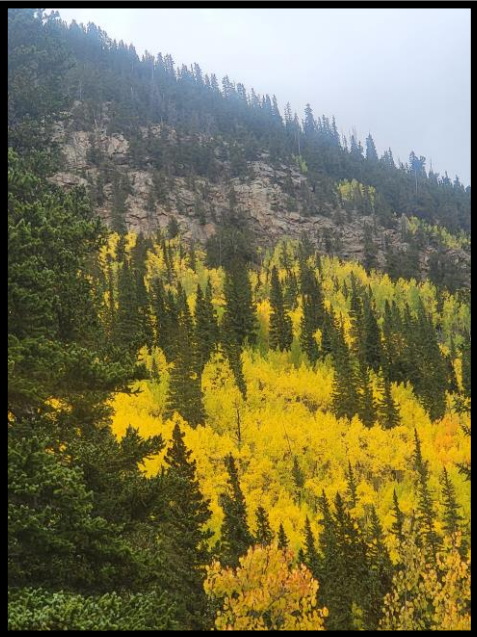
*2028 International Convention-- And the Host City Is . . .
The "City of Lakes," Minneapolis, Minnesota, USA, will host the 2028 Al-Anon Family Groups International Convention at the Minneapolis Convention Center from July 20-23, 2028. We, along with the host Areas Minnesota North and Minnesota South, are excited to invite you to this celebration!*

Al-Anon Fellowship Corner



Sinking by Cathy S.

Sinking steadily
Shining brightly
Flaming Orange
Spreading slowly
Arms open wide
Shape-shifting
Orange to ice blue
Swallowed by clouds
Replaced by the moon



Submitted by Sue W. from HAW Book Study
Guanella Mountain Pass, Colorado in the Fall 2025

Painting and Reflection

This, too, shall pass.
Both the unbearable moments and the delight-full moments.
The shadow of the clouds is temporary.

Holding that truth is easier said than done.
I invite myself to open my clenched fist many times during the
day.
I don't even realize that it is tightly held...until I do.

The winds of change are constantly shifting.
Release the moment. Savor the moment.
Be here now.

Moment by moment, grace is sufficient.

*Kae M., Westminster, CO
Member, It Takes Time Al-Anon Group*



Elizabeth "Betsy" P. September 9, 1937 - August 20, 2025

We received an email from an Al-Anon member informing us that Betsy P. passed away on August 20, 2025. I know she was a well-loved and longtime active Al-Anon member from Fort Morgan. She served the Area as the Literature Coordinator from Jan 1, 2022, to Dec 31, 2024. Thoughts and prayers go out to all her Al-Anon friends and her family.

RECOVERY THROUGH THE ARTS

FUNDRAISER

SUPPORTING THE DENVER
AREA SERVICE CENTER
AL-ANON AIS/LDC

Listen to music, hear
the poetry, enjoy and
bid on artwork, and
indulge in the culinary
treats created by
Al-Anon members.

Share your art by performing,
donating your work and or sharing
you culinary skills, please contact the
Service Center
Musicians and poets,
please contact Kevin at chair@denverasc.org.
Visual Artists, Bakers and food
makers:
please contact Marcia at cal@denverasc.org



**FRIDAY,
DECEMBER 5, 2025**

5:30-8:00 PM

UNIVERSITY PARK UNITED
METHODIST CHURCH
2180 S, UNIVERSITY BLVD
DENVER, CO 80210

**TACO BAR AND
REFRESHMENTS!**