

Explore the Latest CAL Titles Now Available as eBooks

The World Service Office continues to release Conference Approved Literature (CAL) in ebook format each month. See what's new this month!

Most recent ebook releases:

- *From Survival to Recovery* (eB-21)
- *Discovering Choices—Recovery in Relationships* (eB-30)

Existing ebooks:

- *Alateen—Hope for Children of Alcoholics* (eB-3)
- *One Day at a Time in Al-Anon* (eB-6)
- *Al-Anon's Twelve Steps & Twelve Traditions (Revised)* (eB-8)
- *Alateen—a day at a time* (eB-10)
- *As We Understood...* (eB-11)
- *...In All Our Affairs: Making Crises Work for You* (eB-15)
- *Courage to Change: One Day at a Time in Al-Anon II* (eB-16)
- *How Al-Anon Works for Families & Friends of Alcoholics* (eB-22)
- *Courage to Be Me—Living with Alcoholism* (eB-23)
- *Having Had a Spiritual Awakening...* (eB-25)
- *Hope for Today* (eB-27)
- *Opening Our Hearts, Transforming Our Losses* (eB-29)
- *Intimacy in Alcoholic Relationships* (eB-33)
- *A Little Time for Myself* (eB-34)
- *2026-2029 Al-Anon/Alateen Service Manual* (eP24/27)