

Colorado Area Spring 2026 Assembly ****Draft**** Minutes

March 20-22, 2026, Fort Collins, CO

OPENING / PURPOSE / WELCOME:

Linda C, Chair: Started with a moment of silence and the Serenity Prayer.

12 Steps and Preamble read by Cathleen, D8, 12 Traditions: Jeff

Good morning and welcome to our 2026 Spring Assembly. I'm Linda, the Area Chairperson and a grateful member of Al-Anon. I'm so excited to see you all and welcome to our members that are participating on Zoom.

The Assembly Etiquette and Principles are displayed on the screen. Please take a moment to read them as we continue.

The purpose of the Assembly from page 160 in the Service Manual is this:

- To assure adequate interchange of information and ideas about service activities, not only in the immediate Area but where worldwide Al-Anon is concerned.
- This assembly is for GR's, elected officers, elected coordinators and trusted servants. It is also open to any Al-Anon member. Every Al-Anon/Alateen member has a voice at this assembly.
- GRs who are Al-Anon/Alateen members are the only ones who can vote at an Assembly. Please make sure you have signed in at the registration table and have your voting chip. Each group gets one vote.
- Please remember that active AA members do not represent Al-Anon groups as GRs or vote at this assembly.
- As a reminder: To protect anonymity, only audio recording by our secretary for minute taking purposes is appropriate at Area functions.

If you are a new GR, please stand-Welcome! 13 New GRs. Know that everyone around you is a resource for you and please ask any questions.

Welcome to our Past Delegates in attendance this weekend. Please stand if you are able when I call your name.

Chesley M., Panel 29, Dennis G., Panel 38, Tom B., Panel 47, Terry M., Panel 50, Debbe P., Panel 52 - TX, Marilyn B., Panel 53, Eloy M., Panel 56, Marcia M., Panel 58, CA-S, Rick G., Panel 59, Carol W., Panel 51, WY.

Thank you all for your service and helping carry our organization forward in Colorado. Past Delegates are great resources. Feel free to talk to them and don't be shy. They may have the answer.

(Past Delegates: Kari O. Panel 62 (Kari was present on Sunday a.m.)

HOST ANNOUNCEMENTS: Colleen, D20: No hot tub? Can you believe that? I hear the swimming pool is awesome. A great silent auction opens today. It closes at 4:00. Visit the Coordinators' tables and the Literature table and AA has tickets for coffee, today's taco bar lunch and ice cream social. Evening speaker tonight is Eloy, Past Delegate at 7:00. Please visit the relaxation room. We have our 75th anniversary cupcakes. Please go and enjoy a cupcake. Also - we could use a few volunteers, check out the flyer table volunteer list. Thank you to our planning committee team. Awesome, wonderful. Hope you have fun and a reminder to keep snacks in the snack room.

ROLL CALL: Judy R., Secretary, introduced the Area Coordinators and Area Officers and had them acknowledge their presence. Be sure to sign-in on the green ledger, as we will be using this as the official record of the voting members of this Assembly

Officers present: Grete M. Area Alternate Delegate; Linda C. Area Chair, Area Delegate, TMF, Secretary Judy R. Treasurer Janice Z. absent: Kara filling in for Janice.

Event Chairs present: State Convention Chair: Colleen D; State Convention Co-Chair Marcia S. in GR connect; WIA Chair Keo; GR Connection: Marcia S., in GR Connect; Denver Service Center, Jason B.; Pikes Peak Service Center: Sharon T.;

GRs. **See Addendum #1.** There were 17 GRs on Zoom. **See Addendum #1A.**

APPROVAL OF THE MINUTES: Linda C., Area Chair: Are there any corrections or discussion? None.

As a reminder: GRs are the voting members. Can someone make a first motion that the Nov. 2025 minutes be approved?

Annie W. moved to approve minutes, Teresa Z. Seconded.

For GRs on zoom, please designate with 2 stars by your name to designate GR voting for the count. Only GRS or alternate GR can vote in the polls on Zoom. Each group only gets one vote.

The motion passed by majority of GRs with 9 abstentions.

OFFICER's REPORTS:

ALT-DELEGATE REPORT: Grete M.

I serve as chair of two committees, the first of which is the Policy, Guidelines and Procedures committee. In that committee we are discussing an amendment to the guidelines which will save the Assembly time in the future by allowing us to make housekeeping changes without the normal lengthy process of discussion at 2 Assemblies. We will be presenting this motion at the Summer Assembly.

I am also chair of the Finance Committee and we are discussing the idea of allowing electronic payments and donations. In addition, we received a Special Project request from a member and will be presenting both at the Summer Assembly.

Lastly, I must apologize for communicating incorrect information in my article to the Butterfly. The process for submitting a Special Project request does not stop at the Finance Committee and goes on to the AWSC and then the Assembly for discussion and vote. Thank you for your patience!

Grete M. presented a Power Point **Addendum #2 **Need Report****

DELEGATE REPORT: TMF will give his report later today. Email me with questions. delegate@al-anon-co.org

SECRETARY REPORT: Judy R. - Officers and GRs, please submit your reports to my basket or via email. Please remember to sign in.

TREASURER REPORT: Kara, DR for D11: filling in for the treasurer, delivered report for Janice, treasurer. We will pass the basket later. **See Addendum #3**

- DONATIONS
 - make checks payable to Colorado AFG
 - Include Group WSO ID# and Group Name or District # in the memo section of the check.
 - My mailing address is on the Colorado Area Website on the second page, at the bottom on the financial reports I just handed out.
- EXPENSE REPORTS (officers, coordinators, event chairs and past delegates)

- o Please submit expense reports within 30 days by e-mail to treasurer@al-anon-co.org and include copies of receipts for reimbursement. Submit expenses for yourself only. If you share a room and/or meals with someone else, please work that out between the two of you prior to submitting your report.
- o Expense reports are available at <https://al-anon-co.org/treasurer/>
- o I have blank expense reports and the checkbook. If you would like to submit for reimbursement on Sunday, I can issue you a check at that time
- o The reimbursement amount per Assembly is \$375 for officers, coordinators and past delegates.
- BIRTHDAY CONTRIBUTIONS
 - o I recently received a Birthday Contribution for the Colorado Area from one of our members. A Birthday Contribution is a contribution made by a member to commemorate and celebrate their years in Al-Anon. A member donates a given amount of money for each year they have been in the program.
 - o Receiving this contribution reminded me of the statement I hear at meetings from our Service Manual, “We have no dues or fees; according to our Seventh Tradition, “Every group ought to be fully self-supporting, declining outside contributions. We contribute in gratitude for what we have received from Al-Anon.” (p.18). Sending a Birthday Contribution is a great way for me to express my gratitude for Al-Anon. In addition to gratitude, I am practicing the spiritual principles of abundance, commitment, generosity, integrity, kindness, love, prudence, responsibility, service, trust, willingness and participation. Yet another way for me to exercise my program.

REPORTS:

- Balance Sheet shows the current balance in all of our accounts (checking accounts, savings accounts and CDs) \$ \$47,115.98
 - o The 1st Bank Checking is our primary account, operating funds.
- Profit and Loss Report (Income and Expenses)
 - o Total Income/Contributions for 2026: \$9,412.86
 - o Total Expenses for 2026: \$10,825.23
 - o Net Income: -\$1413.27

In the spirit of gratitude and abundance we encourage your districts, groups and individual members to continue to support the work of the Al-Anon Family Groups of Colorado through your group’s Seventh Tradition contributions and individual member’s personal contributions to the Area. Keep in mind that Group Donations and personal donations are the Colorado Area’s greatest source of income, representing over 70 percent of our annual income.

Mailing Address:

Colorado AFG, c/o Janice Z. ,2606 E. 148th Drive, Thornton, CO 80602

Please make checks payable to: Colorado AFG

Include Group WSO ID# and Group Name in the memo section of the check.

Contact Janice Z. at treasurer@al-anon-co.org

Colorado Area Expense Reports

Expense Reports are available at:

<https://al-anon-co.org/treasurer/>

Please submit within 30 days by email to: treasurer@al-anon-co.org

CHAIR REPORT: Linda C. gave her report.

I want to start by thanking you for your generosity in deciding to send me to the Southwest Regional Delegates Meeting (SWRDM) last week. This year's event took place in Kauai, and I feel so very privileged to have been able to attend.

Last year at SWRDM it was all new to me. This year I was able to connect with and value the ESH that was shared by so many wonderful AI-Anon members. Some of the topics brought up are similar to our Area such as the goal to be self-supporting. I really enjoyed hearing from the new and current Delegates Thank you so very much for allowing me to develop deeper and valuable relationships.

Ok, here we are at the business meeting of our Area. There is much going on today, as you can see from the agenda. Please take care of yourself, drink plenty of water and take breaks as you need. I will do my best today to keep us all on time and on task. We have a new sign to help with the 2 minutes at the mic. Please consider standing for the GR Connection Co-chair or the Weekend In AI-Anon Co-chair.

You will be representing your groups when you make decisions today. We try to use the tools and principles we learn in all our interactions here today. AI-Anon is a spiritual program, even in a business meeting. In the 'spirit' of AI-Anon, I thank you for being here and for your participation in our community. I hope you will have fun today and join in the celebration of AI-Anon's 75th anniversary!

AREA BANNER & ASK-IT-BASKET: Linda C. explained about the traveling banner quilt.

Ask-it-Basket – Rick G., Past Delegate, Panel 59. If you have questions, write them down and on Sunday morning we will answer all the questions using the Service Manual. The basket is up front at the corner of the table.

Linda C., Area Chair: There are paper evaluations for feedback on the table. The evaluation will be available online. I take what you say into consideration. It is important that I hear your voice in the evaluation.

We have interpretation/translation taking place in the back, correct Debbie?

Debbie: Yes. Please speak slowly and clearly for translation.

OLD BUSINESS:

Task Force: Implementing Hybrid: Teri M.:

Hybrid Task Force: Adrian- Current It-media Coordinator, Joanne Oliva-Purdy -Past IT-Media, Teri- Past Delegate Panel 50, Willard- Past Records, Wendy -District 2 Rep, Kara – DR 11, (new volunteers) Sue- Butterfly Coordinator, Jennifer C
Hello Colorado Area,

We have met several times since last assembly. We are working to create an easy handoff. Documenting how to set up the Zoom for assembly with survey and polling including the IT set-up.

Our next steps:

- To discuss a position description for Hybrid Coordinator
- Create a draft of Area Coordinator position description
- Identify skills and responsibilities needed
- Discuss number of volunteers required to support the role
- How to effectively work with IT-Media

For this current assembly we have created fields in the registration field to help ID members/groups/districts and voting or not. Which will help with recording attendance for our secretary. One of our members created PowerPoints for members on Zoom to know the Assembly Etiquette, voting, and renaming. This will also be passed along in the handoff.

Always looking for volunteers to help- we have added 2 that will support us during this assembly.

Questions: none. Thank you. Hybrid rules!

Thought Forces: Al-Anon Participation in AA Assemblies — Eloy M. \ Kathy C.

Eloy M., Past Delegate, Panel 56: get the report.

Considering the physical and spiritual aspects.

Richard T. D. Pueblo: You said you are going to try to collaborate with AA? Is there dialogue right now?

Eloy: We met with three AA reps as a start of the dialogue; they still have their ad hoc committees. We need to work on our business and then we will reconvene w/AA.

Teresa, Denver GR Wednesdays Vision: Can you remind me again, why are we considering separating from AA?

Eloy: About a year and ½ ago, an AA chair approached us to consider. That's when Tom and I met with them. It could free up each fellowship to find their own venues and to be fully self-supporting. Nothing has been decided.

Teresa: So, are you saying we are not fully self-supporting?

Eloy: Currently we have a line item, but we don't have a voice for the dates or venue.

Floor: Do we know what or why AA wants to break away?

Eloy: still in discussion

Marilyn B. Panel 53 Past Delegate: Point of clarification: When AA approached Al-Anon, one of their primary questions was what Al-Anon's position is for doing this. We said we don't know. How can we know without having thought forces? That's where we are in the process.

Jennifer D6: Am I correct in understanding, it is quite unusual that Al-Anon and AA collaborate for assemblies?

Eloy: We are kind of an anomaly, correct. All good? Thank you very much.

Kathy, DR for 8: I'm definitely not going to try to repeat what has been said. Our charge sounds very similar, if not exactly. Again, this is a journey. If you have questions, Marilyn B., Debbie, panel 52, Holly R. D8 DR.

Victoria from Group 5 online, and Kara, D. 11 GR. She read the charge.

- What items we will need to consider as an Area to run our Assemblies. This might include items such as: Scheduling, location(s), hosting, registration fees, hybrid, additional positions etc.
- Consider the costs associated with having an independent Assembly.
- Site Selection and Planning process/committee to hold an independent Assembly.
- Research the past expenditures for Assembly with AA. Consider Al-Anon's dollar contribution, hotel room expenses, lunch tickets, etc. What does it mean to be self-supporting?

We are also considering what it will take to execute our own event, logistics, time, place, food, cost, etc. We need to look at the holistic approach to determine our costs. We have met 2x and gone through the KBDM process. We will meet on 4/3 to refine our work and finalize the recommendations to be presented in summer. We will form a Task force that will be recommended. We will need individuals to join. Eloy's team is working on one aspect. My team is the logistics.

For sure, our survey from assemblies, expenses and contracts that AA has used, we can look out to other areas who are doing this on their own and compare their data so we can compare what other AI-Anon Assemblies are doing.

Marie W. D22 DR: In this thought force, we have you look at how many hotel rooms AI-Anon is booking at assemblies.

Kathy: The determination we have received is that it isn't broken down between AA and AI-Anon room rentals, but we will look at other areas and compare and extrapolate that data.

Linda: Thanks everyone for your questions. Historically, we are guests of AA. I think it has been said in the beginning, couples would come for the Assembly: AA/AI-Anon. That worked but it isn't so much the case today. Another reason is looking at the cost - a venue that accommodates both groups. We donated \$700. Other contributions: We have hotel rooms, buy lunch tickets. The current amount contributed is acceptable to AA.

AA has ad hoc committees, looking at everything. They are looking at having virtual assemblies and on how they bid on where the assembly is. The AA chair has a list. They haven't even mentioned or talked about AI-Anon. I believe that will come at the end after they process everything else. I believe we need to look at this for ourselves to see if we want or don't want to. That's the reason for the thought force. I encourage you to talk with Eloy or Kathy about further questions.

Heather E on Zoom: GR Buena V, D22: On the assembly agenda it specifies that the thought force is for participation. In AA assemblies, however you mentioned the charge is focused on separation. Wondered about that?

Kathy: We have been participating with AA for many years. We have been guests of AA for a long time. What will that participation look like going forward? It seems confusing.

Linda: Thank you. KBDM (knowledge based decision making) means spell out. It is on our website if you want to know more about it. Right now, we are looking at how assemblies are happening now. We have an idea of apples to apples. As this progresses, whether AA decides to uninvite us as guests, or we decide we want to be on our own, there are steps. They have a contract coordinator. There are all sorts of possibilities. Some areas choose a central location. In the past, we talked about virtual assembly. We didn't want that, so we decided on a hybrid. A lot of questions to be answered and it is a process. We are fortunate that AA is collaborating/cooperating. We will see how this develops.

Eloy: panel 56. I heard a question this morning worthy of consideration informally, is it possible to consider collaboration w/AA so we have a voice? Maybe that's something both thought forces should consider.

Kathy: agreed.

Thought Force: Website – Sue W.

Introduced our panel: Sheila A., Marcia S., Marcia M. and Sue W.

Read the report. **See - Addendum #4**. And read notes. Gave recommendation.

I feel like we've done our job. I really want to thank the website group.

Thank you so much for your time and attention. It's been a great journey.

Questions: None

Linda C: I'm surprised at no questions. This has been a journey, a moving target.

Heather: D 22 BV: Question on 1st recommendation. We have an area website coordinator, correct? Would this be an ongoing committee rather than a taskforce? Is that what I'm understanding?

Sheila: Yes. It would be an ongoing committee; you tell me what to do and then I do it.

Heather: I'm understanding in addition to and working collaboratively with you. Thank you.

Sue: It was an eyeopener for us. Coordinators can form committees.

Linda: So having a website committee has been talked about before in our area. It has never really taken off. I hope this time it will be something you wish to contribute to. No tech experience needed. Sheila will help navigate. Non tech people are helpful to uncover hard to navigate areas.

Our GR connection has formed a committee and has been successful at increasing communications. w/ GRS. That's been wonderful. In the scope of Sheila's position or any coordinator they can make a committee if they like. That is the autonomy of the position. When we go to the next panel, hopefully, these committees will continue. We will just have an affirmation vote on these. It's kind of part of her position but she would like to have affirmation from the assembly that we go forward with these recommendations.

Recommendation #1: To form a committee to aid in work and direction to the current website coordinator (A Website Advisory Committee)

All in favor: GRS online need to raise their hands. Looks like we have a majority.

Any opposed? No Abstentions: one.

Recommendation #2: To create a Thought Force for Electronic Archives

All in favor: Majority voted Opposed: one Would you like to express a minority opinion? No

Passed

Linda Chair: For those of you who don't know for any thought forces, the chair writes up the charge. If you are interested in any of these, send an email to me or Sheila or whoever oversees the thought or task force.

Sue: Sheila does have a sign up for the committee

Approval of AMIAS Background Checks Frequency – Lori O., AAPP (GRs VOTE)

Lori O, on Zoom: We are looking at, we asked for at least 2 people in the room, processing and training every year. background check is just once, at the beginning of their service. Many people do stay on. There are people who come and go, some stay on. Right now, we are up to 30. Most of them, about 20, are people who have been ongoing. This has been my second go around. Over the period of 3 years, I think we should do background checks a little more often. I looked out at other groups to see what they do. It rounded out from every year to every 5 years. My proposal is every 2 years. That's what I have for that.

Linda: There is a section in the minutes we approved. Lori talked about this at the Assembly. It's already been put into and accounted for in the budget. Are there any questions?

Online: Tom F. Electronic Archives

Linda C: will circle back to that. We will get back to that. Any presentations will be on the website.

Donna: I'm not involved in Alateen but I know we have a lot of AMIAS (AI-Anon Member in Alateen Service) in CO and very few Alateen meetings. The cost is \$25 per background check. We have 50 AMIAS. Why pay for background checks if there isn't a meeting in their area? I agree that if a meeting starts up, why pay for the 2nd background check?

Lori: Most people who go on are for meetings that are functioning. If that meeting closes, many AMIAS will not re-up for training. If you want to be ready to serve and you don't have your background check then there is no way for you to serve.

Teresa: I'm wondering if 2 years and not 5? Shouldn't this be decided by the groups and sponsors? Unless there is some need to do it more frequently, it seems to me like an additional, unnecessary expense. Why are the Alateen groups and sponsors not deciding this?

Lori: There are many that do it annually. Very few do it less than that. I went out to find a cross section and compared. Two years was a happy medium.

Other things too, things can change drastically and quickly. We have no knowledge of what someone has been involved in. There could be a charge or legal matter. If we waited 5 years, we would miss that and it could be a safety thing with minors.

Teresa: It seems like someone has an indication about a situation. Could the group decide to have it more frequently with evidence of wrongdoing? Could there be something in the process when things come up, then we do a background check?

Linda Chair: we are running out of time - 2 more questions. One of the things I wanted to point out: We have Behavior Guidelines for our Alateen groups. It is a legal document. Also, we are looking at electronic Alateen so we may or may not participate. Safety and behavior guidelines for our area and unfortunately in our world today, it is a need.

Marcia M: past delegate 58, GR: Alateen safety document is required. As it has been said, we don't really know what is going on with each of us. To keep personalities out, we have a blanket policy. Also we aren't talking a lot of money for the safety of our Alateens. It is just \$25 and we have 30 AMIAS. I'd rather spend the money there rather than WSO. When might the frequency of background checks begin?

Lori: We are updating legal and safety, electronic aspects. I think TMF may have more information. There will be some time, not immediately waiting for updates.

Linda Chair: one more question from the floor. We will circle back to this after lunch.

Jen Public Outreach Coordinator: I just went through safety training. There are bad people out there who try to infiltrate vulnerable kids. This background check is necessary for the safety of our kids.

Linda Chair: We need to hear from our Delegate

TMF, Delegate: See - Addendum #5

I brought the World Service Conference 2025 summary books. Please grab a copy from the box up front. My goal is to not to take them back. Grab a leche/pineapple candy when you get the book. If you have any questions, please email me.

Welcome to all the GRs. You may be wondering what a Delegate is: Think of you as a GR - you represent your group and bring information back to your groups. As a delegate, I am the GR of the group at the world level and bring the information back to you.

SWRDM: Southwest Regional Delegates Meeting. We gather and prepare for the World Service Conference.

Eloy M: AA or Al-Anon International?

TMF: AA international w/Al-Anon participation

Chesley: In the COB letter, I missed if there was something specific that is low on funding because some groups or districts are withholding funds because they disagree with executive contracts. Can you give me a little insight on some of that?

TMF: I strive to never get into gossip, especially when it has to do with AI-Anon. I am not part of these conversations but as far as I understand it, there was a change at WSO for Executive Director with a term limit of 10 years. This has been controversial for some members.

Chesley: 2nd part: Is that partly responsible for the financial problem we are having at this point?

TMF: So, for me to answer that would be speculation. All I can share with you is that only 62% contributed to WSO. I'll have more numbers after the conference. Contributions are down. Cost of living has increased. There hasn't been new literature. All we know is contributions and literature sales went down.

Chesley: Good time to buy service manual and groups at work

Wendy D D2, GR: Public Outreach tool kit. There was one online where I had this welcome email I could send out during Covid. It was amazing with links. A lot of our newcomers are on their phones. We can ask for email - keeping anonymous within our group. I could email them this welcome and show how to sign up for the Forum. I was wondering if there will be an update for that? Some of the links don't work.

TMF: The toolkit that I am on the taskforce for is a replacement. There was a lengthy document, 70-80 pages long. That was deleted. There is a tool kit. If you give me the name of the file, email me.

Kari, D12: Point of clarity slide for International, 2028 is in Minneapolis 2030 is somewhere else.

Winter Wednesday speaker: What does ESH mean?

TMF: Experience, strength and hope

Q: The branding and task force for AI. Is that just in the thinking stage? That's where I think AI can make up any triangle it wants.

TMF: AI announcement AFG connects. Some conversation about study guides of their own. They were downloading our books to various AI. WSO discovered this and commented, reminding this is a copyright infringement. Branding, WSO is working on internally and will push that more at conference. Keeping us on the same page.

Sue, Website: There is an article about what this is talking about in the newsletter. It does have information about why.

TMF: thanks Sue. I can take one more question.

Deborah, Spanish from the floor: If I took a picture of a daily reader and sent it to another reader and shared it with another member, is this copyright infringement?

TMF: Great question. I'm trying to think about it. All CAL is copyrighted. If you are sharing, we don't want to reproduce CAL. Printing off a daily reader page WSO is fine with. Under the condition that you collect all the pages at the end. If you just send a picture - that is probably fine but maybe not the entire chapter.

Deborah: Is it OK to use for educational uses?

TMF: I will find more clarification.

Rick past delegate: Chapter in How AI-Alanon Works: Service in Action. I presented it at the assembly before and I asked for permission from WSO. You can ask.

TMF: Any questions on zoom? No

Linda, Chair: We will go right into Coordinator reports. Please line up. 2 minutes at the mic.

COORDINATOR REPORTS:

Get reports:

Alateen / Archives / Area Alateen Process Person / Butterfly / Literature & Forum / IT - Media / Spanish / Public Outreach / Website / WIA/ Service Center Liaison – Colorado Springs.

Records Coordinator – Brice H., Cell: 720-366-9359, records@al-anon-co.org

Area Group Records Report – Spring 2026

January and February have been very active months with groups electing new GR's and CMA's. We currently have 241 Active groups in the area; of which 212 are Face-to-Face and 29 are Electronic. If you are a new GR and haven't updated your info come see me. Changes to Electronic Meetings have to be done by the WSO, I'm hoping they change this maybe not in my term but the next. Hybrid Groups – if WSO gets notified by someone saying they couldn't get into the meeting it will be reported as Not Meeting. Lastly, I had someone ask if the Districts that don't have a District Rep have a contact person? This may be something we consider so at least someone in the District can get the information at is coming out. There are currently 9 Districts that don't have a Dist. Rep.

State Convention Chair 2026 – Colleen D.

- I have been attending AA Planning Meetings. We are starting by meeting every other week. Since January we have been meeting every week.
 - Now that Assembly is about to be over, Marcia S, my co-Chair and I are ready to hustle.
 - We have found someone to make a flyer for us so that will be out very soon.
 - We haven't had much luck getting anyone to join the committee yet, so we are doing a skit on Saturday based on "When I Got Busy, I Got Better." The skit also includes plugs for the State Convention. I'm hoping the skit might help us get some participation.
 - During my Convention Report I will again ask for individuals to volunteer to be a part of the Planning Committee. Our first Planning Meeting will be April 19th, 1pm via ZOOM.
- Here are some of the ideas that might help folks to become involved.
- Another idea that might help folks to become involved is to ask Past-Delegates to be a "mentor" for a committee coordinator. We thought this might ease some of the fear and angst factors stopping people from stepping up. Knowing they have someone to discuss things with and help guide them just might be the ticket they need.
 - Another idea is to ask Districts to be responsible for a committee. This way we would be able to get state-wide participation. Plus, they already have "built-in" committee members that have experience working together. No one group would be responsible for the whole event, but a doable portion.

DASC Liaison – Jason B.,

- We are located at 2133 S. Bellaire St.
- Our service area includes district 7–15, 21, and 25
- We welcome and give comfort to families of alcoholics by: selling literature, distributing information (events, new meetings, etc.), and by helping folks find meetings and answering questions about Al-Anon
- We are having elections for board positions coming up in May. So, if you are within our service area and are interested in serving the Denver Area Service Center in such capacity, please reach out to me or our service center directly. We can give you the meaning details when we hold our meetings on Zoom.
- We are also planning our blue ribbon luncheon. It is a fundraising event for the service center that honors longtime members of Al-Anon. We have identified a couple of venues in the greater Denver

area, but if you know of any venues that are affordable, or better yet if your group or district would be interested in helping to host our event, please reach out to me or again to our surface center directly.

Invitation to State Convention Skit using book "When I got busy, I got better"

Linda, Chair: We will resume at 1:30. Sheila A. will be the lunchtime speaker today.at 1:00

LUNCH & ASSEMBLY RESUMED

Linda, Chair: Opened the Assembly with a moment of silence.

Concepts and Warranties were read by Marcia M.

HOST ANNOUNCEMENTS: Colleen: Silent auction is closing at 4. You may pick up or check to see if you have won and take it and pay for it after 5. Also - go upstairs and eat cupcakes. There are 240 cupcakes!

OLD BUSINESS (Continued):

Elect GR Connection Co-Chair for 2026 (GRs VOTE)

Linda, Chair: We are in need of a GR Connection Co- Chair for 2026.

Duties specific to Colorado Assembly GR Connection Chair:

- One must be a member of the Assembly and preferably a GR to stand for the position.
- This is a 2-year commitment with the first year as co-chair and the second year as chair.
- This is not a funded position by the Colorado Area. Typically, one is funded by their group as GR. If a member isn't a GR, the Area will fund attendance to Assemblies.
- Be available to share experience, strength and hope with incoming and future GR Connection Chairs. There is a GR Solutions Committee that assists with GR Connection.

Please stand if you are qualified for this position. Would you sit down if you don't want to be considered for the GR Connection Co-Chair position.

Beth, GR for Keep it Simple in Grand Junction remained standing. Please share at the mic a little bit about yourself.

She's been a GR for 2 years. This position seems like I'd enjoy it. She's interested in serving.

Affirmation vote: To have Beth as co-chair for GR Connection.

Voted and passed. No abstentions or opposed

Elect WIA Co-Chair for 2026 (GRs VOTE)

Linda, Chair: We are in need of a Weekend in Al-Anon Co- Chair for 2026.

Duties specific to WIA Co-Chair:

- This is a 2-year commitment with the first year as co-chair and the second year as chair.
- Assists the chair with forming committees
- Serve as co-host and secondary liaison between facility and Al-anon members

Please stand if you are qualified for this position. Please sit down if you don't want to be considered for the WIA Co-Chair position. No one remained standing.

Linda, Chair: Anyone on zoom interested in being Al-Anon Co-chair? No. I will ask again. If there isn't a co-chair, we can't have WIA. Keo is the WIA Chair.

Tammy: I was the chair last year; Keo was co-chair. It is a beautiful opportunity, communing in nature, and workshops. It is such a wonderful weekend. You carry what others have already brought. It is an amazing

experience Oct 2-4 in Ward, CO. Keo would greatly appreciate it. There were other districts represented. Think about it.

DISTRICT REPORTS:

District 2: Grand Junction to Aspen – Wendy M., DR2

All of our service positions are filled. We have 17 active groups. Not all groups have GRs but have contact with all meetings. We also added a District 1 group to our email list to provide them with information from the Area. We continue to encourage participation in District meetings and look for members willing to serve. District meetings every even month hybrid or on Google Meet online. We had a good attendance at our last hybrid meeting in February. As a District we ordered a case of each of the daily readers to help provide a better price to the newcomers. We don't have a Literature distribution center in our area, and we will see how this works. Upcoming events: We are discussing the possibility of hosting a 75th Anniversary celebration.

District 8: – Kathy C., DR8

Experience: A brief summary of past projects/activities (What, When, Where, How, and Why?):

1. District 8 started a 2nd Alateen meeting in May 2025 at the Erie Community Library which meets on the third Wednesday of the month at 4pm. It resulted in the request from school mental health professionals. Other District 8 meeting in Longmont began May 2022 and approximately 30 tweens/teens have attended over the years.

2. The July 2025 District 8 meeting had a workshop for Group Reps on the Knowledge Based Decision Making (KBDM) process which was presented by Teri M.

3. The district created flyers with dynamic QR codes to distribute in the Erie and Longmont area for Alateen.

Strength: A brief summary of current projects/activities (What, When, Where, How, and Why?):

1. The district purchased custom branded pens and QR code Al-Anon and Alateen stickers. Distribution has begun to 3 of the 22 groups in the district.

2. April 25 Annual District 8 Day in Recovery planning under way. It will be at the Christ the Servant Church, 506 Via Appia Way, Louisville. Seeking volunteers to help plan the event. Planning meetings are 2nd and 4th Wednesdays at 7pm on Zoom. Contact the following for more information: text Leslie C. or Lorraine S.

Hope: A brief summary of future projects/activities (What, When, Where, How, and Why?):

1. The district is creating Al-Anon flyers with dynamic QR codes to distribute.

District 16: – Kathleen, Alt DR 16

I am the ADR for District 16, located in the Pikes Peak Region of Southern CO. We have about 30 meetings. Several of our GRs are able to attend assemblies now that there is a zoom option. Many of our groups have found using the book, "Groups at Work" to be so helpful that Debbie and Cheslea have put together a workshop for this afternoon at 2:30. You don't want to miss it – skit and all. We are also hosting an event to celebrate Al-Anon's 75th anniversary, 5/16 10-2 at Sacred Heart church in downtown CO Springs. Guest speaker for Alateen.

District 20, Ft. Collins, Windsor: – Colleen D., DR20

Experience: (past)

o We have 11 active group meetings in our District

o Meetings are available six days of the week

o Five of the six days have both an am and pm meeting

o Our group meetings are varied with some meetings being available in-person, hybrid, and on Zoom

o District Meetings were held on Zoom

- o We had 8 out of 11 possible GRs
 - o Low GR attendance at Assemblies (average 2)
 - o Our Literature Distribution Center (LDC) was active at the WSO level, yet not being utilized
 - o Both male and female meetings at the jail were inactive
 - o Alateen attendance was dwindling
 - o We lost our Alateen Coordinator and Alt DR due to a move out-of-state
 - o No Service and Outreach Committee (SOC) Coordinator
- Strength: (current)
- o Attendance numbers continue to increase in all of our group meetings
 - o One group provides childcare
 - o Our district hosts a Beginner's Meeting the 1st & 2nd Wednesdays of the month.
 - o All newcomers receive a "Welcome Packet" that includes How Al-Anon Works
 - o Our District Meetings are hybrid; meeting in-person on the months we have assembly
 - o We have 9 out of 11 possible GRs
 - o Five GRs attended Winter Assembly
 - o CAL will be sold at the Spring Assembly through our LDC
 - o Female meetings are held at the jail 2 times a month
 - o Host the 2026 Spring Assembly
 - o We are streamlining the LDC process and updating our website to reflect this change
 - o We have set a date for a District summer picnic.
 - o Initiated coordinating events/workshops with D24 (Loveland). D24 has a SOC Coordinator and we have the SOC Committee!
- Hope: (future)
- o Group meeting attendance continues to increase
 - o District meetings to be held in-person; utilizing Zoom only during inclement weather
 - o District coordinator positions filled and active
 - o Provide District coordinators with a District email so they do not have to use their personal email and provide for a smoother transition when coordinators change
 - o All group meetings have a GR
 - o Individual groups have a "group" email address instead of using personal email addresses
 - o Increased GR involvement at the District and Area levels
 - o Possibly utilize the phone-line to obtain caller data
 - o Open jail meetings for the men
 - o Coordinate with the Area Alateen Coordinator to improve Alateen attendance
 - o Develop a hybrid Alateen meeting
 - o Host Al-Anon (with AA participation) speaker events
 - o Host Al-Anon workshops and social events

District 22: – Marie W. P., DR22, dr22@al-anon-co.org

We still have five active meetings, four of which have consistent attendance.

Our district meetings are on the 1st Wednesday of each month via Zoom; they are scheduled for one hour. We usually keep it to one hour or less.

Last year, we reinstated our district potlucks. Our goal is to have 1 event per quarter. So far, we are hitting that goal! Our first potluck was on Valentine's Day brunch and was well attended. We have plans for 2 more potlucks and 1 share-a-day event in 2026. I will announce the date, time, and theme for our Share-A-Day at the Summer Assembly.

Our outreach efforts are currently under discussion. Since it has been several years since we produced materials for local distribution, we are evaluating options for a new pamphlet and identifying appropriate locations to distribute them.

District 24 – Deb C., DR24

District 24: Progress and Rebuilding in 2026

Introduction

2026 marks a significant year of rebuilding for District 24. In the lower Larimer County area, there are currently 7 registered meetings, 6 of which have Group Representatives (GRs). The district leadership now includes a District Representative (DR), Secretary, Treasurer, Alternate DR, Literature Coordinator, Outreach Coordinator, and Virtual Meeting Facilitator.

Virtual Meetings and Safety

To promote safety, all District meetings are being held virtually throughout 2026.

Meeting Structure and Agenda

The District continues to follow an agenda format that invites members and GRs to add items prior to each meeting. Monthly reports are presented by each GR and the DR, alongside committee reports and new business discussions.

Committee Formation and Guidelines

The District's first committees focused on financial oversight and the creation of bylaws or overall District guidelines. Through a drafting process, financial guidelines were established and presented to the District during the March meeting earlier this week.

Establishing Procedures and Safeguards

Having agreed upon financial reporting, process guidelines, and voting procedures would have greatly benefitted the District in the past few years. In their absence, the District was exposed to coercive control, intimidation, and exploitation of newer members.

Building Trust and Transparency

Previously, some groups within the District withheld donations due to a lack of transparency and clear reporting. The financial oversight committee addressed these concerns by establishing improved expectations for monthly reporting and enhancing transparency. There are now two signatories on both bank accounts, and the new Literature Coordinator will also have access to bank records to ensure greater visibility of transactions.

Outreach and Education Initiatives

Over the coming year, the Outreach Coordinator and member volunteers are planning workshops on sponsorship, as well as step and traditions studies. These efforts are part of the District's ongoing work to address issues of exploitation and abusive behavior that some members experienced under previous District leadership.

Linda, Chair: thank you for your reports. DRs - please get with Brice on email and CMA. I emailed the dark districts. All DRs please submit your report in word to Judy or email.

FINANCIAL RECAP 2025/2026 BUDGET - Grete M., Alt. Delegate

Addendum #6 Need report/power point.

Any questions?

Rick G, Past Delegate P59: How do you know that we aren't giving any money to WSO until year end?

Grete: Per our guidelines, this is how we calculate any surplus, referring to the budget for 2026. We use this year's budget to determine last year's surplus.

Joann on Zoom: we have 2 groups with combined donations and decisions. There are 2 meetings but operating as one. Is that common?

TMF: it seemed like about 92% contributed to WSO

Tom: What was the \$15k swing? Maybe I missed it? What made it move from the negative to the positive?

Grete: I can get back to the assembly with that.

Margarita D25: This is for Joann on Zoom: P. 30 on Service Manual, meetings answer for Joann.

Grete: thank you very much.

GROUPS AT WORK WORKSHOP - Chesley M. and Debbe P., Past Delegates.

See – Addendum #7 & 7A

Invitation to WIA Skit: Al-Anon Lost and Found department.

NEW BUSINESS:

Elect WIA Co-Chair for 2026 (GRs VOTE)

Linda, Chair: We will ask again for this position.

Please stand if you are qualified for this position. Please sit down if you don't want to be considered for the WIA Co-Chair position. Becky from District 11 remained standing.

Affirmation vote: To have Becky as co-chair for WIA.

Voted and passed. No abstentions or opposed.

Confirmation of District 04 for Summer Assembly 2026 Host – Ignacio, CO, (GRs VOTE)

Linda, Chair: D4 has agreed to host the Summer Assembly. I just need an affirmation vote. There is a flyer on the table.

Affirmation vote: To have District 04 host Summer Assembly.

Voted and passed. No abstentions or opposed.

Confirmation of District 13 & 14 for Winter Assembly 2026 Host – Greenwood Village, CO, (GRs VOTE)

Linda, Chair: Districts 13 and 14 have come forward to host the Winter Assembly at the Denver Tech Center

Affirmation vote: To have District 13 & 14 host Winter Assembly.

Voted and passed. No abstentions or opposed.

Task Force: Inclusion of Alateen E-meetings in our Area structure – TMF, Delegate

Get report

I was contacted by the AA person and so I'll share that information with you (hosts)

Continuation of the Approval of AMIAS Background Checks Frequency – Lori O., AAPP (GRs VOTE)

Lori on zoom: Do we want to have a vote in this assembly? Or carry it over to summer? RE: background checks for AMIAS.

Hazel from CR: I think this is applicable: I'm aware of a story where a church denom. Decided not to approve an applicant for ordination or something. Later they found out there was background issues related to spousal abuse. This is related to getting a background check more frequently. If every 2 years is the recommendation, I'd like to go for that. We don't know what we don't know.

Tom B, Panel 47: Points of clarity #1: We won't have to wait until all these changes get reviewed legally. We have authority in our current guidelines to make those changes and enact them immediately. Keep that in mind.

2) What if we know that somebody in our community has just been arrested for ____.

If there is a concern about a sponsor in a meeting, that should be reported immediately by the group. There wouldn't be a need for an immediate background check.

Heather Alateen Coord: We are working on School Resource officers plans. You all know this disease is insidious. Things can change quickly. As a 911 dispatcher, I'd rather have it annually, not biannually. They need to know we are in their corner. We don't have to have the budget voted on every 2 years; it's every year.

Judy R. D14, AMIAS. The only thing I would pull back on is. We fill out the paper. To just do it once and never again, that's not enough.

Jess D11. My day job is in HR. background checks for \$25? How?

Floor: tell us more

Jess: \$75 pays for federal. The \$25 only covers state, not federal. It doesn't go very far given the fact these are for our children.

Wendy D2 DR: Q How many current AMIAS do we have? What is the cost for the first round? I say every year. I worry about these kids. The world today is very different. Every 2 years is reasonable.

Lori online: 20-25 AMIAS. If we were looking at \$25, the budget more than covers that. 20-25. With new AMIAS, he'll get the background check in the beginning and then every 2 years.

Jane GR D13: big pic question: Do you feel that we would be ready to vote today or leave it to the next assembly?

Linda C, Chair: That is the question before the assembly right now. We were budgeted for \$500 last year, we spent \$775 and increased our budget to \$1875 for background checks. That's based on 25 new AMIAS at \$25 each and current AMIAS to be background checked every 2 years. It isn't all at once, there is a rotation. We approved the budget. You get a yes or a no from the background check company. We don't know the reasons as far as I remember,

Rick G. PD 59: American Screening, LLC is the company we use. They screen fed, state and other agencies but I think we should look into it a little deeper to make sure it is a thorough search. With the low cost, that raises suspicion. Was it \$25?

Linda C, Chair: Is it \$25?

Grete: it depends on the applicant and how many states the person lived in.

Linda C, Chair: The question to the assembly right now: Increasing the background check for all of our AMIAS to every 2 years. That is the question.

Sheila GR Pueblo, Licensed teacher. My first background check was in 1999, then I got a new license in 2022. CO CBI checks.

Kara, D 11, just confirming. There is not one cost. They are not all \$25. \$25 to \$110 each, per Janice, treasurer. And the statement is for different things. It depends on different states and things.

Heather BV GR on Zoom. Are the current background checks fingerprint based? With CBI, there's \$40 and that's CO and nationwide, fingerprint based.

Lori said no. It doesn't involve fingerprints

Linda, Chair: That is something our AAPP Coordinator can look at for the future. I think that will be separate, like through WSO. A person applies to be an AMIAS. They get a background check and right now that's it.

The proposal is for background checks every 2 years.

Jeff, AGR ODAT in Berthoud. Can I make a motion to table this?

Linda C. Chair: No - there is no motion on the floor.

Jan D20 treasurer. Our Service Manual suggests that officers in positions of authority hold that office for 3 years. I don't know how long service positions are.

From Zoom: AI overview states that rescreening for high-risk kids' background check should be every 2 years.

Heather on Zoom: I know we are discussing every 2 years but I think voting for that needs to include what kind of background check needs to be considered. I'm curious about the thoroughness of the background check. I think every 2 years is good.

Linda C., Chair: We are not changing the background checks with this motion.

Theresa D16, Can we just make a motion to vote?

Linda C., Chair: We don't have a motion on the floor. All in favor of continuing this discussion to Summer, raise your chip. Come to the mic if you have a question. No one voted.

Now we can make the motion: To change AMIAS background checks to every 2 years for all AMIAS.

Theresa V. D 16, made the motion.

Dana E. D11, second

Linda C., Chair: Any more discussion?

Tom B: You are going to miss my voice. I would suggest that the motion be amended to be effective immediately or background checks active as of with specific date, so it emphasizes the urgency.

Linda C., Chair: suggestion to amend the motion

Theresa: I rescind the motion. Dana withdrew the motion too

This year's recertification for AMIAS has already been completed. Make the effective date is March 2027 for the Alateen to start the background checks every 2 years March of 2027.

Lori on Zoom: Actual cert time frame is 7-1 thru 6/30. 7/1 recert is again in July so immediately would be best. Do it now is best.

Linda C., Chair: do it immediately is what I understand.

Lori: yes

Margarita D25: They say they want to do with new AMIAS but the date for new AMIAS. Would I need a new background check?

Lori: No, that's not correct. Everyone is certified from 7/1 to 6/30 of following year.

Linda C., Chair: any more discussion or questions?

The motion: Change the AMIAS background check to every 2 years for all AMIAS is effective immediately.

Teresa D. made the motion.

Dana E. D11 seconded it.

Linda C., Chair: All in favor: majority, passed. Count: 16 yes on zoom

Opposed: one no on Zoom

Opposition in the room?

Do we want a minority opinion? Does she want to speak on zoom

No, Pam changed her mind.

Abstentions: none.

The motion is passed.

Grete has something to add: Question posed to me earlier, 2025-year end numbers said we were in the black as opposed to the budgeted amount negative. Totaling a swing of \$15138.44 at year end. Q was: Do we know where that came from?

Yes: our income at year end was \$10215.17 higher than we budgeted. That's a big swing right there. \$5,565.06 of assembly expenses. We are 5 lower. There is the difference.

Thanks Grete. Applause.

Heather on Zoom: I guess I wasn't sure if there was new business from the floor for next assembly.

Linda C., Chair: we can do that.

NEW BUSINESS FROM THE FLOOR FOR NEXT ASSEMBLY:

Proposed Topic for Area Consideration Form – Linda C., Chair

This is a vehicle for anyone to use to bring to AWSC and they will consider the topic. There are copies on the table and it is on our webpage. Any member can submit a topic for the AWSC to consider.

Heather: you answered the question.

Linda C., Chair: I was asked how someone would bring something forward. This form is how to do that and we will use it. Lori used it for the Alateen question.

GRs SPEAK: WHAT'S ON YOUR MIND?

Linda C., Chair: This is time for GRs to come express appreciation or questions, what your group is dealing with? Anything you want to speak about.

Question from the floor: Do you need any more for the type of background check to get researched now?

Those were really good points. I want to make sure we don't just drop that.

Linda C., Chair: the discussion was increasing the current background check to every 2 years. It will be in the minutes and I'm sure Lori will look at that.

Question from the floor: Does Lori need to go back to the AWSC if she feels we don't have an adequate system for that now?

Linda C., Chair: Yes - that will be decided if that needs to come back to assembly.

Kara, speaking for Janice, Treasurer: Screenshot of one of the invoices for 2 ppl one was \$25 one was \$100 and they are itemized. Fed, CO statewide. SS trace, national security SO search \$5. That seems pretty thorough. This is an actual invoice for 2 aliases. Aka name change. Pretty thorough in my opinion.

Linda C., Chair: I'm sure Lori will take into consideration what the background checks are involved.

Colleen, GR for D 20: someone came to me and asked if there is a central area where all of the service positions are posted. Is that something we can develop? I think that's a great idea for service behind the scenes. That was a particular interest.

Linda C., Chair: Thanks Colleen For the area I have what's coming up. It would be hard to say on the website what is needed. It's up to the chair of that event. I know for summer assembly, D4 is smaller. If another District wants to help, that would be awesome, as well as an individual. Our assemblies can be done statewide. DIA, that is a fundraiser for the area on 4/11. Asking for your participation in that. It seems like that is pretty well covered. State convention, Colleen has mentioned several times. I believe there is a sign up by registration. WIA. If you are interested in a particular area, reach out to that coordinator or chair.

Linda C., Chair: Al-Anon's history - shared the flyer. Take a copy and look it over. I hope you know how important you are. Looking at the history of 75 years and this program is a miracle, a miracle in my life and our primary purpose. Think back when you were a newcomer. That is our primary purpose. All the business and things we talk about is so that Al-Anon is still here for those still suffering. You are part of this history even if your name isn't in black and white.

Linda C., Chair: Are we ready to award the banner?

AWARDING of the BANNER:

Colleen: The winner of the quilt is D 24. They had 71.4% attendance. Congratulations you guys!

Linda C., Chair: Is Tierney still on zoom? Can you make an invitation to Assembly?

Tierney: Please come to summer assembly and be with us and enjoy that part of the state. You can see the flyer they made - it is pretty beautiful as far as the theme. We have a limited number of rooms. It is the only hotel in the town. The other hotels are in Durango. You do have to call the hotel directly. There are instructions on the flyer.

Archives question from zoom? yes.

TMF, Delegate: Real quick 2 things I glossed over: Stress the PO tool kit. Anyone can submit ideas for that. If there is something applicable, please submit. We want more ideas. Rebranding kit I forgot to mention: WSO is trying to shorten the tagline. Courage to change handy?

On our literature it says AFG help for family and friends of Alcoholics. WSO is looking at shortening that tagline. DRs share with your GRs. Any questions on that? No

Linda C., Chair: Thank you all for your participation in making the Assembly of Panel 65 a success! I do have evaluations available and I will also send it out by email. Please remember to pick up your Silent Auction items and turn in your voting chips at registration. Be sure to turn in your Ask it Basket questions. Evening events start at 7pm. There isn't a Night Owl meeting, so I encourage you to attend the speakers and fellowship with each other. Let's circle up and recite the Serenity prayer before we head out for dinner. We will resume tomorrow here at 9am.

ASSEMBLY ADJOURNS – Tom closed us out with the Serenity Prayer and the Al-Anon Declaration.

SUNDAY, NOVEMBER 23, 2025

Linda, Chair, opened with the Serenity Prayer.

ASK IT BASKET – Rick G., Past Delegate – **Get Questions and Answers**

Linda C., Area Chair

Q. Why do we sometimes count votes and other times we don't? It's very confusing.

A. Under Concept 12, General Warranties, Warranty 3 it reads: "that all decisions be reached by discussion, vote and whenever possible by unanimity". Using this principle, to determine unanimity (at least 2/3 approval) votes would be counted to ensure the required number of votes have met. Counting of votes may be done even when a simple majority (50% +1) is needed for approval, votes may be counted to ensure the required number of votes have been met. If the vote is a consensus vote or general poll question a visible tally of show of hands/voting chips may be sufficient to determine if an item is ready to move forward or not. If in doubt of a majority or clear conscience of the members of the Assembly, the Chairperson may count votes. Voting results for motions and elections are reflected in our Area's minutes, as our legal record of our proceedings, and are used to support actions that are directed by the Assembly members to be taken. Results of consensus votes are not always documented as it assists the Chairperson with knowing the direction the Assembly may want to go in or to determine if additional discussion on a subject matter is needed.

Rick Also, our area has our guidelines. We do allow contact information on flyers with written permission from the person.

GR breakout: Sunday

Linda C, Chair: This is your meeting and it's open: joys, concerns, appreciation.

Connie F. Colorado Springs, AGR: This is my first time. I've been to two service center meetings. I don't know what I'm doing. Question about yesterday. We talked about kids/teens/younger people able to attend adult meetings; being a therapist working with families and abused kids with no boundaries. We talked about any Alateen attending any meeting. I've got to make a suggestion on what we consider what is appropriate - that there be at least 3 AA/Al-Anon people at a time talking after a meeting. The likelihood of a predator is then protected if an Alateen is present.

Marcia: Teens can go to Al-Anon meeting if there is not an Alateen meeting near them. We can bring that up to the Delegate.

Linda C., Chair: Reminder for you to state your name.

Hazel: Can I talk about the elephant in the room? Which one? Whose stuff is on the floor. Where is she??
(Someone left their belongings in the room and likely attended the DR connect)

Erin, GR: first year at assembly. I was thinking in bed: How can I distill this for my group? I'm very aware when I'm taking people's time. This is Al-Anon. There are some people just there for the meetings. Some people don't want to hear all the business. How do we present the report to our room?

Dana, GR: Keep it simple. In my group, we always plan a group conscience meeting. I take a 10-minute recap. I schedule a group conscience. Those who want to take part can. I don't take the time from a regular meeting.

Marcia M. Past Delegate and GR for above the clouds: I first go through all the stuff we heard through the agenda and make bullet notes. I have email addresses for my tiny group. I send it in an email. I share a couple bullet points and invite more dialogue.

Chrissy, Colorado Springs, GR: I agree, scheduling a time makes it easier, a scheduled business meeting every other month. I distribute the agenda for this meeting prior to assembly with my group. Each group conscience is different. My group is very interested. It is about sharing. D16 will share more at meetings. I'm looking forward to presentations on website. This is my first assembly and this has been wonderful. I thanked Adrian for making tech happen.

Room: here, here

Teresa D16: Connie, I can see a 16-year-old looking for a meeting. We only have one Alateen a week. I know I have to escape when my alcoholic is drinking. My group: I feel very unappreciated. I print flyers, put a binder and my group doesn't look at the book! My group doesn't want to hear it. We have a business meeting once a quarter. I share the information, but my group doesn't seem to care. Business meeting/group conscience - are these different? What's a SM? Are there mentors? Thank you delegates and higher positions. I feel unappreciated and I can imagine how you feel? Thank you Linda for your patience. Holy Moly! A lot of repetition. I am venting frustration. The budget assembly??? What did I get myself into? My alternate is here. I am committed.

Marguerita, D25: Every group is autonomous. I remember my first time. My group said who cares about that? I felt grief. The GR is for me, we have business meetings. Decide as a group.

Julie, D20: I felt similar. After my first couple of Assemblies, my group looked very bored. Assembly and this service position is for me. It is for me to learn how the business of Al-Anon works. They are using the Traditions, talking it out. People still roll their eyes. This is for my recovery.

Susan, D20: I stood up to be a co-coord. w/Colleen. I did it for me. One thing I haven't heard at this Assembly, and it bears being said today: Assume good intentions. That's how we started our Assemblies. There is conflict and a whirlwind. We are learning. We are going to say it at the end.

Connie: As a newcomer, the process yesterday: I loved your patience Linda C., I loved your determination to hear everybody, redundancy, repeat. I liked the humor in the room. I think about our democracy. If we can do it here. Teresa was spicy - going to have that motion! I'm excited as an Alternate GR. I'm so grateful for Zoom. Nothing like being here and connecting.

Carol, D15: New Freedom Monday a.m.: This is my second Assembly. There are things I want to share with others who were on Zoom but missed Friday and today's content. What would I want other GRs to know?

Theresa, D16: I go to 2 other meetings w/out a GR. I print info and share with them too. Is there a process? Can we get an email from that group? I need some guidance there. It is not my group.

Carol, D15: I was in the same boat. For the other meeting, they didn't have a GR for 15 years. I explained what service was like for me. In D15 we don't have a DR. Finally, after 2 years, someone stepped up. You can't take care of everyone. I became resentful because they looked to me for answers. I relate and appreciate you trying.

Marcia: there is a clipboard being passed around. GR survey is going around. Please add your comments and what you want to know about.

Margarita: I need a roommate for the summer. You can't make anyone do anything. My D25 is not committed to staying. I need to share a room to stay in budget. \$250.

Linda C, Chair: email me

Sheila: Pueblo: This is my 3rd year as a GR and I'm still learning.

Teresa: I relate to taking responsibility for others. Self-care, taking care of me is first so I can take care of others. In the start, the budget was small. There was a change to the delegate's budget. I presented that to my group and asked for an increase. The guilt/Al-Anon in me, I feel guilty for spending money. Self-care helps me in turn to my group for care.

Rhonda, D16: I want to bring a little note of seriousness: If we want Al-Anon to be there for our loved ones and strangers, we are going to take some responsibility. I feel like I'm going to "pull a Teresa" in my group. I know they are not going to like some of the things I take back.

Tina: I'm here representing my group. My husband D 25 is a DR. That's why I'm here. I see the struggle with dynamics. I'm grateful for this program. It helps my life. My group can see the patience. My husband talks about the money. Think about how much this program has given you. Think about how much you spent before on alcohol. All the things we do daily. I don't need extra clothes, etc. I am so grateful for this. God is so great to me and to you. If you put the money where it goes, it comes back. If I do the job for him/her/whoever HP, it will come back. It will put you in ways you can't imagine. When you budget and do the things Al-Anon tells you to, I follow this for the first time in my life. Follow, listen, listen to what the program is saying. Practice and you will see a change in my life.

Teresa Denver D14: I was thinking how I can help my group be healthy, viable and gain momentum - a group inventory? Service sponsor? Business meetings? I don't know. Maybe there's others in this group who have suggestions or ideas - how to have healthy meetings and sustainability. Any thoughts?

Marcia, WP: Suggestion: We can put some of this back on the DR. They have access to CMAs for all groups. That could be what the DR does: share flyers, notices, etc. Find a district near you and borrow their DR.

Rick Alternate GR: appreciative of all thoughts. I've learned that each person in my group is coming from a different place. They mainly want to share and listen. Sometimes to do what I do is lonely. I'm good with that - that's what I have to do. In How Al-Anon Works chapter on Service: I used to always skip that chapter. That seems like work. I read it and I was shocked because it is about love in action.

Carol: We haven't had a DR in 2 years. Honey D13 DR, I asked her if I can attend. She sends me emails she gets from the state, and I share with other GRs.

Annie Steamboat: I've definitely had the same rolling of the eyes. One thing I've learned here. Our group is excited about Public Outreach and website building. I got a lot of info here about that. My group wants to do that and now I have relevant info to share. Particularly about Alateen and links to CAL. Now w/my assembly background notes, it will actually be relevant to what my group wants and that will help me a lot.

Jill Denver: I stayed with a friend. That saved money. Roommates are a great way to build community. What is an Al pal? Sisters/bros in group. I began my journey on Zoom. I meet for coffee, pick them up at airport. Extend service outside of Zoom.

Teresa: What if they are 6 hours away? How do I get that started?

Chrissy CS: I like Al Pals. I started on the app. That is one of my favorite tools. I have a TN friend. There are meetings online, newsfeeds, reflections. It is the Al-Anon app. I encourage you to use that. I have 5 pals I can reach out to 24/7.

Connie: How do you find a roommate? Go to DR?

Rick: a lot of online meetings. Meet online and get to know people.

Chesley: GR for Hope from 1983. I became an Alternate GR there because no one else stood up. From the very first meeting, I was so happy to be there. Somebody should do that... guess what happened? I guess I'm better than nobody. I stood for AGR, GR. I met a past delegate and she shined. She spoke softly. She was my first

sponsor. I could always talk to her. I'm a GR again in that group. Nobody was willing at that moment. I'm here and I'm happy to hear what is going on here. I have local support in district meetings. In those meetings, everything seems fine. First, I have to know alcoholism is different from recovery. The more you stick around, the more you learn. I offered to be Teresa's temporary service sponsor. I am simply an Al-Anon recovering from affects of alcoholism. I'm just like you. We have emails. Other Past Delegates are willing to do that. Practice the principles with us. Thank you.

Assisi, Westminster: This has been a wonderful assembly. I've enjoyed it. Thank you to all who have organized it.

Judy D20, On doing a group inventory. My group just did one and it took a long time. This time we took 2 questions a week with a 5-minute limit. We found a lot we needed to work on. Open, close NC welcome, etc.

Keo, D14 w/Linda's help, we had 9 questions in my group. They did come back and said let's talk about the top 3. That's what we did. Group Conscience at the beginning. We had 42 at start and 42 at the end, breaking it down into sessions.

Hazel: Castle Rock: Do you have to have a group conscience to do an inventory? That's where I get stuck.

Keo: emails were sent out. I told people weekly what it was going to be about. Some forgot and didn't realize a group conscience, but they all stayed. I gave paperwork in front of them and that helped.

Lori, D17: I passed out the inventory and had people send in questions they wanted to talk about. We then had an outside Al-Anon person come and help with the discussion. We had a special meeting for it. Also - coming to the Assembly this weekend, it's emotional for me because my sponsor Betsy passed away in August. We were very close. She brought me to my first Assembly in Greenwood Village. She helped me with my GR role and sat with me. She gave me guidance to get through my responses and what I needed to take back to the group. This is my 4th or 5th year being a GR. Thank you to everyone who put this together.

Linda, Chair: we are at 10:12, going to close the meeting at 10:40. We have some time for more discussion. I really like to listen. For GRs with no DR, I do email them the information for Assembly. If you aren't getting that, make sure your email is registered with Brice. Other districts without a DR, I pointed GRs to other Districts with a DR. Our GR connect has done a lot to improve that. Answers are in the Service Manual. It's a really good resource. Making information here relevant to your group. We talk about WSO and what's happening there. Can you imagine calling WSO and the number is out of service? That's why we are here. TMF talked about the Group naming policy and that affects your group, just as the Alateen policy. It's hard to make that connection for people sometimes. That's why you are here though. You are here to vote on behalf of your group so it's important to know what your group thinks about those subjects. I know it's hard to relay that. For roommates: you can always email me and AWSC. I email the DRs and Past Delegates. If anyone needs a roommate, they will get back with you.

Richard, Pueblo: The thing about how do you get a healthy group? The packet at the GR meeting Friday. That's an excellent way. I want to give my thanks to Brice and Sheila. I've had some email issues and with the website. They have been very helpful and they get back with me in a reasonable time.

Jane, D6: I'd love to look at that packet. How do I get it? I wasn't here.

Marcia: Area website, group resources, GR, download from there.

Regina: I'm a little confused by the GR connect coordinator. Is it connect or connection? Are they the same or different? So then on the website, is it under GR resources?? Can you be directly email?

Linda, Chair: GR connections from the list of roles, it will come back to me. Email either Marsha M. past delegates or email me or soon, to co-chair.

Marcia: GR connection chair, new co-chair Beth. We put together the Friday GR meeting. We had lots of packets.

Linda C. Chair: In addition, they have a committee under the chair helping w/ communication and workshops, "What GRs want".

Marcia M: GR solutions We have the title, Chair. We are a very small group and we meet as needed. We started the survey and committee. We know a lot of DRs cover a lot of this. They don't meet regularly. We are a small committee. We are all members trying to make it easier.

Marilyn B. Past Delegate, I want to remind you of the role of Past Delegates in the Assembly process. A PD has been to conference and been around for a while. We try not to be obtrusive or overbearing. Our names and contact info is available. I love the calls "I'm so confused" Often I have to look up the answer. Use us. Past Delegates stood up.

Carol: Past Delegate and a number? What does that mean?

Marilyn B. Past Delegate, the first set was Panel 1 and it just continues. Since we elect new every 3 years, there won't be Delegates in sequence years. Marcia is 58 because she came as a PD from a different area with a different rotation. We are currently 65, TMF.

Tom: It lets you know how long we've been around.

Margarita: Is that CO 65 panel? Yes What was your slogan Marilyn? Panel 53 "Free to be me".

Becky, GR from Hope, Joy and Freedom: When we are done, do you want chairs stacked?

Linda C. Chair: No. Keep it simple - put chairs forward.

Marcia: We come back and close. How many of you have a service sponsor? Several hands came up.

Judy, Panel Secretary: It is important to rotate service. If you step away, someone will come forward. Wait.

Teresa: I didn't know what a service sponsor was. Chesley just volunteered to be mine. I didn't even know.

Marcia M. There is a pamphlet for service sponsors. It is suggested someone who has been in the position you hold. I'm notorious for stepping in it. I've called a few past delegates, how do you do it here? We really sponsor each other - going back and forth.

Keo How long for the minutes?

Judy, Panel Secretary: As soon as I can. I'd like to say 2 weeks. I procrastinate. I work full time and have had a hellacious 6 months with my mom dying.

Eloy: help the next person.

Linda C. Chair: thank you for all of your feedback. I'm so grateful. Sometimes I'm not sure if I'm doing ok. It is definitely a big learning process. I am learning all the time. Feel free to email at any time. We will continue on with the business of Al-Anon. We will now close.

Chair Linda C: We are closing. Thank you all for coming and working together. Linda read the Al-Alon meeting closing. Circled up, moment of silence and the Serenity Prayer.

Reminder: take your name tags and lanyards off. Try to attend the 5/11 DIA. Bring a car full of people. We will see you at the Summer Assembly, July 25-26 in Ignacio.

FINAL NUMBERS OF THE ASSEMBLY:

7 th Tradition	\$642
Silent Auction	\$895
Total:	\$1,537.00

Respectfully Submitted,

Judy R.

Panel 65, Area Secretary