

The Al-Anon Experiment



Steps Traditions Concepts

Groups at Work aka “GAW”

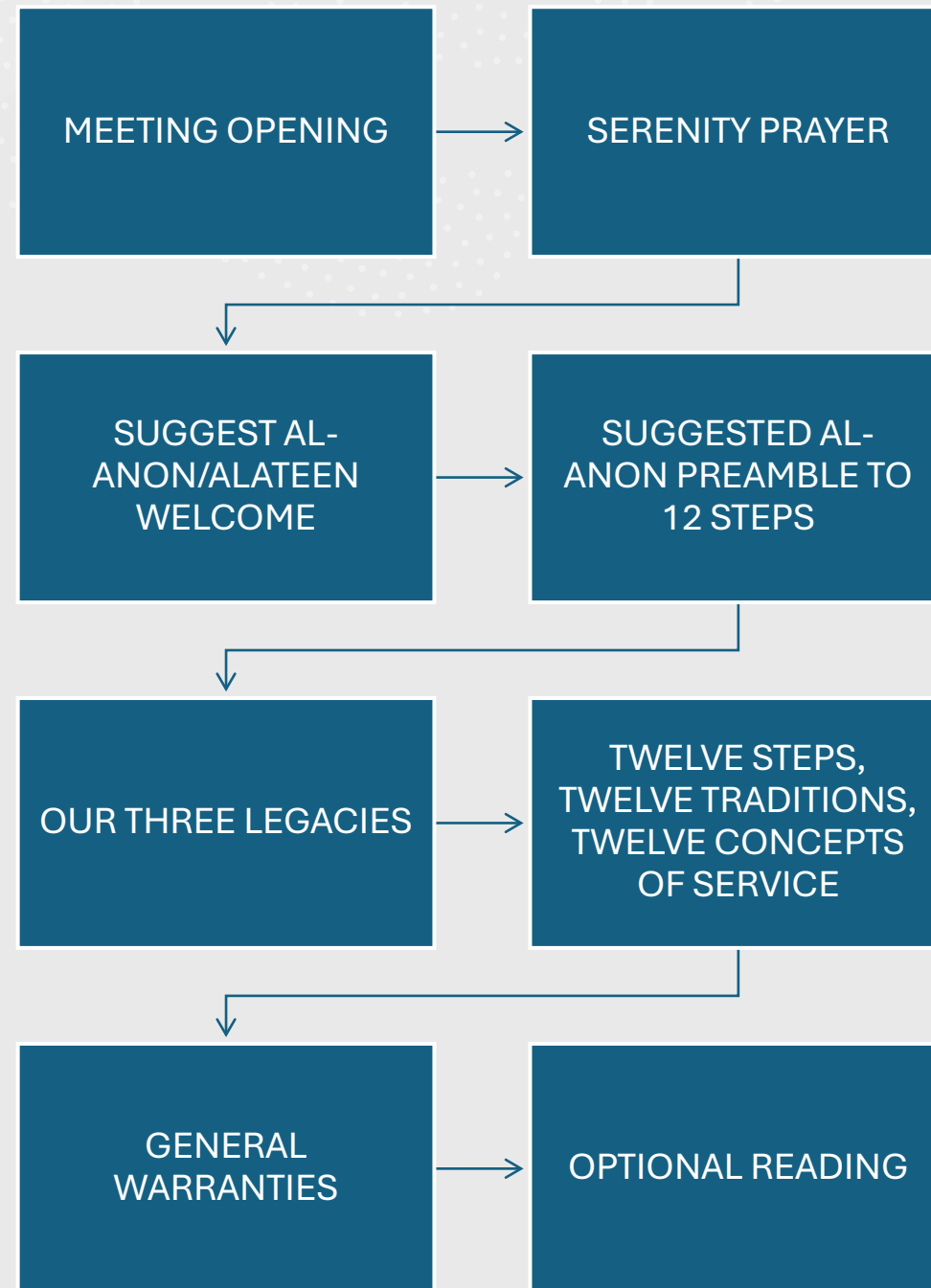


- “Al-Anon and Alateen Groups at Work” provides a framework within which each group can develop and grow. It offers basic information to all group member concerning the group structure and how it relates to other groups and Al-Anon as a whole. SM pg 5
- “Al-Anon and Alateen Groups at Work” explains how to
 - - Start a group
 - - Helps it grow
 - - Discover how other members have solved problems common to groups SM pg 8

Service Manual – “GAW” sections

- ❖ “Every Al-Anon and Alateen Member is encouraged to actively use and study this manual.” SM Title Page, paragraph two
- ❖ Suggested Meeting Outline
- ❖ History: Al-Anon and Alateen
- ❖ Starting Al-Anon Family Groups
- ❖ Basics for Group Meetings
- ❖ Supporting Group Growth
- ❖ Personal and Group Sponsorship
- ❖ Group Business
- ❖ Group Service Positions
- ❖ Resources for Members and Groups
- ❖ Links of Service
- ❖ WSO Committees
- ❖ Basic Terms Used in Al-Anon Service

Suggested Meeting Readings

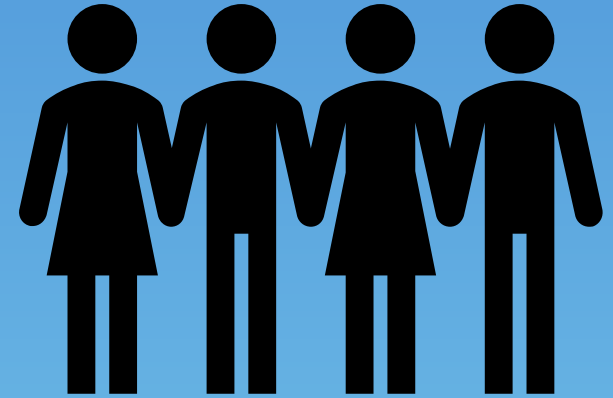


Considerations When Starting a Group

- Location
- Naming the Group
- Designating Meeting Attendees
- Beginners Meeting
- Group Service Positions

Basics for Group Meetings

- Membership
- Sharing's
- Welcoming New Members
- Anonymity
- Meeting Ideas



Group Business

- Records
- Business Meetings
- Group Conscience
- Conducting the Meeting
- Discussion of the topics
- Group Inventory
- Groups Problems and Solutions
- Announcements



Group Service Positions

- Chairperson
- Program Chair
- Secretary
- Treasurer
- Group Representative
- Information Service Representative

WSO Committees and Basic Al- Anon Terms

Work Group

Thought
Force

Task Force

Home Group

Personal and
Service
Sponsorship

Groups at Work importance to Al-Anon

- Dilution of the Al-Anon Program
 - ✓ Outside Therapies
 - ✓ Labels/Professional Involvement
- Concept Nine