



Colorado Area - Al-Anon Family Groups of Colorado P.O. Box 31808 Aurora, CO 80041-0808 al-anon-co.org

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Our Three Legacies

The threefold guides of Al-Anon point the way to a normal, useful life for the individual. They also are a framework within which the groups can carry on their affairs in harmony.

RECOVERY: Through the Steps
UNITY: Through the Traditions
SERVICE: Through the Concepts

From our Colorado Area Chair

Greetings to Panel 65 and all Colorado AFG members,



Our CAL (Conference Approved Literature) is such a precious resource to explain, define, and help in our understanding of what Al-Anon is and how to apply the principles of the program. Recently, I have been delving into the rich history of Al-Anon by reading *Many Voices, One Journey*. This has expanded my understanding of how the program of Al-Anon developed in the last 75 years.

Our Delegate, TMF, keeps saying “Panel 65, Keeping our Legacies Alive!” The WSO website explains the Legacies this way: “The **Steps** are the foundation for **personal recovery** in Al-Anon, and the **Traditions** help Al-Anon **groups** sustain their **unity and fellowship**. The Twelve **Concepts** of Service provide guidance for **service** in the Al-Anon fellowship”.

It made me wonder what Lois W. had said about our Steps, Traditions, and Concepts.

- **Steps** – “They decided to practice the Twelve Steps themselves, for their own spiritual growth.” (page 1). In retrospect I can see a change for the better between my old and new self, and I hope that tomorrow, next month, next year I shall continue to see a better new self. (Lois W.)
- **Traditions** – “We speak of the Traditions as guides....They are not laws, rules, regulations, or any other sort of compulsion....Al-Anon holds together by means of a loving understanding among its members. Al-Anon is united – by its members’ willingness to be obedient to the unenforceable. (page 2).”
- **Concepts** – “Al-Anon’s future may depend on how clearly and firmly these Concepts outline the fundamentals on which our service structure is based.” (page 148) “provide the groups with a blueprint by which they can conduct their affairs.” (page 160).

At the 1987 World Service Conference, Lois W. said “Anybody can start something, but carrying it out is the real challenge. And all the rest of you are doing that job. You’re all founders in your own right, carrying the message.”

I see this spirit in our Area and I want to thank all our Group Representatives, District Representatives, Coordinators, Officers, Service Center Liaisons, and Past Delegates. It is so incredibly motivating to see what our members are working on within their respective positions and from my position as your Chair, I can see the amount of work being accomplished. Let me know your ideas, let me share mine with you, and let’s keep the conversations moving forward. It takes all of us to move the business of our Area forward.

The following are some items that will be presented at the **Summer Assembly – July 24 - 26, 2026, Ignacio, Colorado**

Our Delegate, TMF, will be sharing his report from the World Service Conference that was held in April. He will also be leading a workshop – more to be revealed. There will be continuing conversations about Alateen, the Trustee Process, and many other items.

As a reminder to all **Group Representatives**, you will be voting at the Spring Assembly for the following items:

1. Approval of the Spring Assembly 2026 minutes. They are on the Area website for your review.
<https://al-anon-co.org/wp-content/uploads/2026/05/Spring-2026-Draft-Assembly-minutes.pdf>
2. An update to our Colorado Area Guidelines

3. Election of AAPP Coordinator: The position description is here: <https://al-anon-co.org/area-alateen-process-person/>
4. Selection of a site for Day in Al-Anon (Spring 2027)
5. Confirmation of 2027 State Convention Chair/Election of Co-Chair
6. District Bid for Spring Assembly 2027 to be held in Colorado Springs, 3/19 – 21, 2027
7. Selection of Host District for Fall AWSC Budget Meeting



We will be continuing the hybrid format on Saturday. The work continues for the Al-Anon Participation in AA Assemblies Thought Forces. We will be getting an update from the Inclusion of Alateen E-meetings Task Force. There will be opportunities to be part of a Website Archives Thought Force and a Task Force to update the [Safety and Behavioral Requirements and Procedures for Alateen Members and Al-Anon Members Involved in Alateen Service](#) guidelines for the AMIAS training and additional background checks.

District Representatives and Area Coordinators please submit your reports in word format to Judy R., at secretary@al-anon-co.org. Your contributions are a vital part to our Area and an important part of the Assembly minutes.

You continue to teach me about our three Legacies. I hear your stories of recovery in our speakers at our events and Assemblies. I see your example of service and how you practice these principles in all our affairs. Lois W. said, “Al-Anon is a program of love, and love is the primary motive in all our activities.” (page 230). I have heard it said that “Unity isn’t conformity or uniformity; it is practicing cooperation within our diverse family groups”. I see your example of obedience to the unenforceable in the way you care and honor Al-Anon’s Three Legacies. I continue to learn and I am grateful for your model of Recovery, Unity, and Service.

As always, contact me anytime and I hope to see you all at the summer Assembly.

In Loving Service,
Linda C.
Colorado Area Chair
chair@al-anon-co.org

“Our hearts do not need logic. They can love and forgive and accept that which our minds cannot comprehend. Hearts understand in ways minds cannot.” Lois W.

From our Colorado Area Delegate

Much love to my Al-Anon Colorado Family!!

I truly hope you all have had a safe and kind first half of the year. I know many of you are struggling, and I just wanted to let you know that you are in my prayers. To everyone who has reached out for conversations, thank you all for including me and I truly believe we can get through these difficult

times together. If you ever need to chat about anything, please don’t hesitate to reach out!

Now, for the updates I know many of you have been dying to hear about the World Service Conference (WSC) of 2026, the World Service Office (WSO) and Conference members worked together diligently, while practicing our legacies, and came to decisions on all three of the topics that I have been talking to the Area about over the past year! I am working on a few handouts that will cover the highlights of the three major topics, and I’ll be providing those at the Summer Assembly, along with much more detail and information on matters that impact our Colorado Al-Anon family members.

First, Electronic Alateen is officially adopted with the new Area opt in date now being September 1 st . Electronic Alateen groups and Electronic Alanon members in Alateen service (AMIAS-E) can begin to register after September 1 st , only if the Area in which they live have opted in. Areas can opt in any time after September 1 st, and an Area

may opt out any time after they opt in if they so choose. The Electronic Alateen Taskforce has completed our charge and will be presenting our findings and recommendations to the Summer Assembly. While I can't predict the future, there is a possibility the Area votes on whether to opt in or not at the Summer Assembly, so if you're a Group Representative (GR), please make sure to attend in person or virtually.

Second, the Single Trustee Process was approved as a three-year trial beginning in August 2028, with the first applicants under the new process to be approved in March of 2030. You may recall how I presented three options when I came back from Conference last year. The new approved process will not be using any of those options, instead we took the option with the most support "Option 1" and modified it to include Area and Regional feedback. A large concern of many Areas was losing their voice or regional representation; thus, the new approved process will attempt to ensure balance on the Board of Trustees. In practice this means if two equally qualified candidates are in consideration, but one of those members is from a region that is not currently represented, they will be more likely to be chosen to ensure regional representation. I pray this increases applications across the WSC areas and the WSO is in the position that they can choose candidates from all regions.

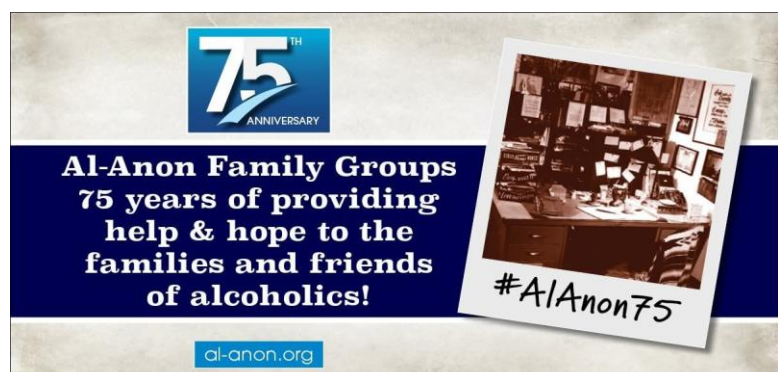
Third, the Group naming policy has been reversed, kind of. The new policy that was passed at the 2024 WSC remains in effect, thus the Service manual will not need to be updated, however; the implementation that would have prevented new groups from registering group names with identifiers will no longer take place. This means, going forward, members may register groups with group names that contain identifiers if they choose. However, if they do, prior to being registered with the WSO, the Area Delegate and Group Records Coordinator will be informed and will reach out to that group to ensure they are willing to uphold Tradition Three by being welcoming to all members, not only the ones they identify with. If the members state they are not willing to uphold Tradition Three, then the group will not be registered or recognized as an Al-Anon Family Group. This change does not impact existing groups as Colorado does not have a delisting policy, but I hope to reach out to our groups with identifiers as part of an education campaign to ensure we are all upholding our legacies and principles.

I'll be providing in-depth information on these three topics and much more during my report at the Summer Assembly. Additionally, I have brought back a lot of love gifts and will be putting them out at a table in our Assembly room for everyone to take and share with their district and group members. I am truly looking forward to seeing you all in Ignacio soon! This WSC was one of the most spiritual and profound experiences I've ever had, and I cannot adequately express my gratitude in having your support and faith in my representation of our fantastic Area. While the five days of the Conference were long, the work that we did was remarkable as every person showed up to support our worldwide fellowship and speak on behalf of millions of members. We even had the Representative from Mexico in attendance, and I was fortunate enough to share a meal with her. Even though we didn't speak the same language, we spoke the language of Al-Anon and that was able to unite us beyond our differences. We truly can achieve fantastical goals if we can look past what divides us and focus on our common goal of helping families and friends of alcoholics. Being Delegate has been a truly remarkable experience thus far and I can't wait to see what the last year and half of my term brings.

Again, my heart is with all of you, regardless of whether you're struggling this year or not. I pray you have love and peace in your heart and home. I'm here if you ever need to chat! Wishing you all the best and I'll be praying that 2026 turns around for all of us in the next half. Be well and I'll be praying for everyone to stay healthy and safe.

With love and gratitude in service,
TMF
Delegate - Colorado - Panel 65
delegate@al-anon-co.org

WSC 2026 Theme:
Seventy-five Years, One Purpose
Setenta y cinco años, un propósito
Soixante-quinze ans, un but



From our Colorado Area Treasurer

Hello Colorado Area!

functions at the Area level, and strengthened my communication and time management skills. I am grateful for these ongoing opportunities and for your trust in me.

Our checking and savings accounts, along with our certificates of deposit, are currently held at FirstBank. As many of you know, FirstBank will become PNC Bank, National Association (“PNC” or “PNC Bank”) on Friday, June 19, 2026. All FirstBank accounts will transfer automatically to PNC Bank. If you are an Officer, Coordinator, or Past Delegate and receive a reimbursement check printed with “FirstBank,” I have been assured that you should have no difficulty depositing or cashing those checks.

I typically make bank deposits twice a month. If your group notices a delay in checks clearing, it may be due to contributions being mailed to an outdated address. From time to time, I receive checks sent to the previous treasurer or to our old PO Box. Please review the current mailing address at the end of this article and share it with your group and district treasurers.

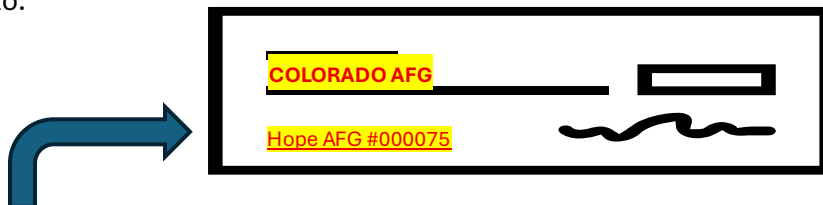
Incorrectly written checks and money orders can also delay deposits. Please remind your groups and districts to make all checks payable to Colorado AFG. We are no longer referred to as “Area Five.” Many years ago, Area numbers were used primarily for WSO recordkeeping and sorting, but as technology improved, the need for Area numbers for records became unnecessary. Today, the WSO recognizes us simply as the Colorado Area.

The Colorado Area incorporated in 2005 under the name AlAnon Family Groups of Colorado Area Assembly, Inc., a Colorado nonprofit corporation. We also filed a Trade Name affidavit under AlAnon Family Groups of Colorado. If your group or district sends money orders, please ensure they are filled out completely, including the purchaser’s name, address, and signature. It is extremely helpful to include the **District Number or Group Name AND the WSO Group ID Number** on all checks and money orders. When entering contributions into QuickBooks, I must assign each one to the correct group. Because many groups share similar names—Courage to Change, Let Go and Let God, Keep It Simple, Live and Let Live, and others—the **WSO Group ID Number is essential for accurate recordkeeping**.

Thank you for your continued generosity, cooperation, and understanding. Your attention to these details helps me serve you more efficiently and ensures our Area’s financial records remain accurate and up to date.

Please send contributions to:
Colorado AFG c/o Janice Z.
2606 E. 148th Drive
Thornton, CO 80602

Make checks payable to:
Colorado AFG



Please include: Group Name and WSO Group ID Number in the memo line

WSO Group ID Numbers are listed by selecting “Meetings”; enter city or zip code; the meeting ID is at the bottom of the Group Information WSO ID. <https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>

Let It Begin With Me,
Janice Z.

Colorado Area Treasurer, Panel 65 (2025–2027)
treasurer@al-anon-co.org

From our Colorado Area GR Connects

Group Representatives (GR), District Representatives, Past Delegates and Interested Members

Save The Dates for These Workshops

Hello from GR Connects,

'Save the Date' announcements



We have dates and times set for 2 Group Representatives requested zoom workshops coming up. All who are interested or have experience, strength, and hope in these areas are welcome.

August 1st at 1 PM, our Colorado Area Public Outreach Coordinator, Jen C will present Public Outreach Basics, focusing on easy-to-use [Outreach toolkits on Al-Anon.org](#).

Sept. 26th at Noon, Teri, one of our past Delegate, is presenting Knowledge Based Decision Making (KDBM)

Zoom links, registration information and agendas will be sent out in a couple of weeks. Please contact grconnects@al-anon-co.org if you have any questions.

From our Colorado Area Literature/Forum Coordinator

The Forum Needs Your Sharings about Our Three Legacies!

Please consider writing about one of the Twelve Steps, Twelve Traditions, or Twelve Concepts of Service, as your World

Service Office receives very few sharings about them. Submissions can range from about 200 to 400 words.

NOTE: Submissions in Spanish or French must be accompanied by an English translation. Submit your articles online or send to wso@alanon.org, or to The Forum, 1600 Corporate Landing Parkway, Virginia Beach, VA 234545617.

Link to al-anon.org/forum sharing:

<https://al-anon.org/pdf/writing-guide-for-the-forum-F1.pdf>

LIS (Love in Service),

Julie R

Colorado Literature/Forum Coordinator

Panel 65



From our Colorado Area Group Records Coordinator

For updates to your group's record, or to register an Electronic meeting,
go to:

<https://al-anon.org/for-members/group-resources/group-records/>

Notes From The Area Group Records Coordinator...

May was kind of a crazy month as the system for updating and maintaining records was down for about 2 weeks. Reports were therefore delayed a few weeks. Luckily, there weren't too many changes that needed to be made during that period. It has been great to connect with several of you with changes to group listings, locations, Group Representatives and Current Mailing Address Changes. It has also been great to connect with other Area Group Record Coordinator's from across the country. The World Service Office has been very helpful and supportive with questions and issues that have come up. Please continue to send changes through the **group records link** (link is above in green box). Changes can also be made directly through the WSO.

Thank you for your service to your groups and your support!

Brice H.

Area Group Records Coordinator Panel 65

records@al-anon-co.org

From our Colorado Area Website Coordinator

Hello Colorado Area



I'm honored to serve as your Colorado Area website coordinator. You can find our website at <https://al-anon-co.org/>.

Many thanks to those members who have emailed me (website@al-anon-co.org) when they noticed the website didn't appear to be working as it should. If you have an Al-Anon event you would like listed on the Colorado Area Home page's "Upcoming Events" and calendar, send me a flyer or other information. If you are an officer, coordinator, or District Representative who would like to update the information on your website page, I'd love to share ideas with you.

I'm happy to report a **Website Advisory Committee** has been formed and has been meeting monthly. The committee consists of a cross section of Al-Anon members with varied background and experience in the Al-Anon program and with technology. Our hope is to continue to improve our website in order to provide help and hope for those in the Colorado Area who have been affected by someone else's drinking. If you'd like to drop in on a meeting to see what we're all about, you can find us on ZOOM on the second Friday of the month from 6:00pm -7:00pm. (Join our Zoom Meeting by clicking on the link

<https://us02web.zoom.us/j/83573755819?pwd=6M2mDTW5fdzFRSlbyaeRjBGb1CFynF.1>

or ID: 835 7375 5819 and passcode: WAC)

Recently, my work has included adding district information to our website, using a tool to help optimize our search engine, and maintaining current information about Colorado Area and WSO events.

With gratitude,

Sheila A

Website coordinator - Panel 65

From our Colorado Area Butterfly Coordinator

A Summer Hello

to inform Group Representatives about the Assembly and for them to give an overview of Area business. The Newsletter has been reorganized a bit, based on the survey suggestions in hopes that the information is easier to find and read. A new area has been refined. Previously the Members' Corner. It is now titled For All Al-Anon/Alateen Members. This section will contain all the Colorado events that are given to be included in the Newsletter. The section will also have workshop events, new meetings, including items submitted by members. This new section will begin with **Area Service Opportunities**, the Area Officers/Coordinators can submit a request to the membership for short term service or ongoing committees that might peak your interest or talents. So take a looky and see if there is anything that might fit into your schedule. It will be greatly appreciated, I assure you!

Have a great summer and stay cool
Gratitude Abound,
Sue W. Butterfly Coordinator – Panel 65
butterfly@al-anon-co.org



Hello from the Denver Area Service Center (DASC)!

We held our Board Elections at our May Service Committee meeting on May 27. The Board for the coming year is shown on the inset table. We are still in need of a Co-Chair, and our Chair of Volunteers has asked if there are other Al-Anon members willing to serve in this capacity, she would share the position while they get up to speed on how it works.

We have also been busy updating and revising our Bylaws and Policies. This document has been distributed to our Service Area membership, and we hope to adopt these changes in our June Service Committee meeting.

And speaking of our Service Committee, we want you! If your home group is within our Service Area (see below), we want your input and direction for how the Denver Area Service Center does and should work, and ideas for how we can carry the message to friends and families of alcoholics. An Information Service Representative (ISR) is elected by Al-Anon groups to attend our Service Committee meetings to direct the Service Center and carry information back to their groups. Like a Group Representative (GR) at Assembly, ISRs have voting power at our Service Committee meetings. And participation is easy. We hold our meetings the last Wednesday of most months (taking a break in July and December) on Zoom. No need to even leave your home!

What is the DASC you may ask? We are a Literature Distribution Center (LDC) and Al-Anon Information Service (AIS), meaning that we sell English and Spanish Al-Anon and Alateen Literature and service tools, and serve as an information clearinghouse for groups and districts in the Greater Denver area and beyond! We are supported by the groups in districts 7, 8, 9, 10, 11, 12, 13, 14, 15, 21, and 25—though we're here to support anyone reaching out for help. How can we help you?

Denver Area Position	
Chair	Scott F.
Co-Chair	Vacant
Treasurer	Craig B.
Secretary	David P.
Chair of Volunteers	Cecy U.
Member at Large	Christal S.
Liaison to Colorado Area	Jason B.

Denver Area Service Center
2133 S. Bellaire St. #3
Denver, CO 80222
Office hours: 10am – 2pm, M - F
Office phone 303-321-8895
Helpline: 303-321-8788
Submitted by Jason B., DASC Liaison to Colorado Area
liaison@denverasc.org

SUMMER ASSEMBLY INFORMATION

COLORADO AREA SUMMER ASSEMBLY

IGNACIO, CO JULY 24-26, 2026

LOCATED AT SKY UTE CASINO

14324 CO-172, Ignacio, CO 81137

In order to book a room at the casino, please note you **MUST** call the hotel directly at: (800) 876-7017

DISCOUNT CODE: AREA 10 SUMMER

Event Rate
\$139/night

FRIDAY, JULY 24

Registration: 4-9pm
AWSC Meeting: 7-9pm
GR Connection: 7-9pm
Night Owl Meeting: 9pm

SATURDAY, JULY 25

Early Bird Meeting: 7:30am
Registration: 8-Noon
Assembly Opens: 9am
Lunch & Speaker: 12:30
AI-Anon and AA Speakers: 7pm

SUNDAY, JULY 26

Early Bird Meeting: 7:30 am
Assembly Opens: 9am
GR, DR, Coordinator Breakouts

The AA Desk will have tickets for the following events:

Taco Bar Luncheon: Sat. (\$27)
Ice Cream Social: Sat. (\$17)
(after Speaker meeting)
Coffee (all weekend long!)

Hospitality Room Donations and Volunteers Needed!

Prepackaged snack items. Chips, store baked goods, fruit cups, individual fresh fruit, granola/protein bars, trail mix, nuts, breakfast pastries and more.

Contact: Chris J. (610) 745-0425 to volunteer!

Silent Auction Items Needed!

Ideas: Items or small themed baskets for both men and women using CAL, journals, self-care items: Spa theme, tea/coffee, gardening, crafting, plants, pottery, jewelry, pet supplies, hobbies, handmade items.

Contact: Liz O. (970) 769-1242

AI-Anon Host:

District 4 Durango, Bayfield & Pagosa Springs

Questions? Contact Marcy J.
(970) 946-4510
junglarue5@gmail.com

ADDITIONAL INFORMATION ABOUT IGNACIO

Ignacio is the headquarters of the Southern Ute Tribe and their reservation which is approximately 1064 acres. The community appreciates its Ute, Hispanic and White cultures. The tribe is a major economic driver in SW Colorado. They invest in real estate, oil and gas, and much more. They own the Casino, donated the land for the regional hospital and are major developers for homes and businesses in Durango and surrounding areas. To learn more check out the Southern Ute Cultural Center and Museum at 503 Ouray Dr. in Ignacio.

WEATHER

Average high is 86 with the lows 55. It is a dry climate. It is a dry climate however July is one of the rainiest months as monsoons often begin.

DINING IN IGNACIO

Sky Ute Casino offers 3 dining restaurants:
• 7 Rivers (high-end steakhouse)
• Rolling Thunder Grill (burgers, pates, soup/salad)
• Shining Mountain (quick grab-and-go pizza)
The Rose Cafe: 910 Goddard Ave. Mexican, Sandwiches, Burgers
Rise & Shine Coffee + Burritos 910 Goddard Ave.
Taqueria Quevas 355 Goddard Ave. Mexican & Japanese

OTHER HOTELS

PERMITS: These hotels are located in Durango, about a 35 minute drive from the event.

Sleep Inn Durango 120 Escalante Dr.
Honeymoon Suites by Hilton 15 Girard St.
Springhill Suites 77 Mercury Village Dr.
Durango also has a number of AirBnBs and VRBOs!
Note: Durango is 24 miles from the casino & offers more hotel, restaurant and recreational choices. Bayfield is 10 miles from Ignacio and has several good restaurants.

Amenities at Sky Ute Casino

Small river walk along The Pine River (ask at the front desk for directions)

Fishing Pond

Spa & Fitness Center

Bowling

Indoor Pool

and more!

NOTE: This page is for assisting attendees with information, not an endorsement or promotion of any certain establishment

COLORADO AREA AL-ANON/ALATEEN
****DRAFT** Assembly Agenda Summer 2026**
July 24 - 26, 2026 – Ignacio, Colorado

FRIDAY, July 24, 2026

- 4:00PM **Registration Opens** -Sign in, pick up your chip, meet and visit with Area Coordinators
- 7:00 PM **Group Representative (GR) Connection** – Event Center E
*(All Group Representatives & Alternate GRs attend - **bring your Service Manual**)*
Area World Service Committee (AWSC) Meeting – Vida Peabody Room
(Officers, Coordinators, DRs, Liaisons, Event Chairs, Past-Delegates attend)
- 9:00 PM **Night Owl Meeting** – Event Center E

SATURDAY, July 25, 2026

- 7:30 AM **Early Bird Meeting** – Vida Peabody Room
- 9:00 AM **Assembly Opening** - *please be prompt* – Twelve Steps & Traditions - Event Center E
Purpose & Welcome Past Delegates and new GRs
Host Announcements - District 04
Assembly Etiquette and Principles – TBD
Roll Call – Judy R., Secretary *(all members please be present)*
Approval of Minutes from March 2026, Spring Assembly **(GRs VOTE)**
- 9:40 AM **Officer's Reports** - 2 min each, unless otherwise noted
Chair / Secretary / Treasurer / Delegate
Colorado Area Guidelines – Grete M., Alt. Delegate (10 minutes)
Area Banner - DRs count how many GRs present and provide to Host Committee.
Ask-it-Basket - Past Delegate (TBD)
- 10:00 AM **Area Coordinator Reports** - Alateen / Archives / Area Alateen Process Person / Butterfly / Literature & Forum / IT / Records / Spanish / Website / Public Outreach / WIA / Al-Anon State Convention / Service Center Liaisons (2 min. each).
- 10:30 AM **Old Business:**
 - **Task Force:** Implementation of a Hybrid Assembly – Teri M.
 - **Thought Forces: Al-Anon Participation in AA Assemblies** — Eloy M. \ Kathy C.
 - **Task Force:** Inclusion of Alateen E-meetings in our Area structure – GR
- 11:00 AM **TimewithourDelegate: -World Service Conference**—TMF, Delegate
- 12:00 PM **Lunch**
- 1:00 PM **Lunchtime Speaker:** Event Center E - Speaker TBD
- 1:30 PM **Assembly Resumes** – Concepts & Warranties
Host Announcements - District 04
- 1:35 PM **GRs Speak-What's on your Mind?**
- 2:00 PM **TimewithourDelegate: -World Service Conference (cont.)**—TMF, Delegate
- 2:45 PM **Workshop (TBD)**
- 3:30 PM **District Representative Reports** - (2 min each)

- 3:50 PM **New Business –**
- **Thought Force:** Website Archives
 - **Task Force:** update [Safety and Behavioral Requirements and Procedures for Alateen Members and Al-Anon Members Involved in Alateen Service](#) guidelines for Alateen training and additional Background checks.
 - **Election of AAPP Coordinator (GRs VOTE)**
 - **Confirmation of 2027 State Convention Chair/Election of Co-chair (GRs VOTE) (Grand Junction, 8/27-29, 2027)**
 - Selection of **Host District for Assembly**, Colorado Springs (Spring 2027) **(GRs VOTE)**
 - Selection of a site for **Day in Al-Anon** (Spring 2027) **(GRs VOTE)**
 - **Selection of Host District for Fall AWSC Budget Meeting** – Grete M., Alt Delegate
 - New Business from the floor to be brought forward for next Assembly
- 4:30 PM **Awarding of the Banner** – District 04
Assembly Spiritual Reflections/What's on Your Mind?
Invitation to Winter Assembly–Host District 13 and 14
- 5:00 PM **Assembly Adjourns**
- 7:00 PM **AA & Al-Anon Speaker Meeting** (Al-Anon Speaker – Michelle M., Past Delegate, Panel 35)
Ice Cream Social (Tickets can be purchased from AA)
- 9:00 PM **Night Owl Meeting** - Room TBD

SUNDAY, July 26, 2026

- 7:30 AM **Early Bird Meeting** – Vida Peabody Room
- 9:00 AM **Assembly Opening:** - Event Center E
Ask-it-Basket Questions Answered – Past Delegates
7th Tradition & Silent Auction Report – Janice Z., Treasurer
- 9:45 AM **Breakout Groups**
- District Representatives – Vida Peabody Room (w/Alt Delegate, Grete M.)
 - Coordinators – John S. Williams Room (w/Delegate, TMF)
 - Group Representatives - Event Center E (w/Area Chair, Linda C.)
- 10:45 AM **Assembly Closing**

ASSEMBLY DATES:

Winter Assembly – Nov. 6-8, 2026
DoubleTree by Hilton Hotel DTC
7801 East Orchard Road,
Greenwood Village, CO 80111
Host: District 14 and District 13

Spring Assembly – March 19-21, 2027
DoubleTree by Hilton
1775 E. Cheyenne Mtn. Blvd.
Colorado Springs, CO 80111
Host: TBD

EVENT DATES:

Colorado State Convention – August 21-23, 2026
The Antlers Hotel
4 S. Cascade Ave.
Colorado Springs, CO 80903

Weekend-In-Al-Anon – 10/2 – 10/4/2026
Glacier View Ranch,
8748 Overland Rd.
Ward, CO

2026 COLORADO STATE CONVENTION

PRESENTED BY AREA 10 ALCOHOLICS ANONYMOUS IN COOPERATION WITH
COLORADO AL-ANON FAMILY GROUPS

THE ANTLERS HOTEL, COLORADO SPRINGS, CO

AUG 21ST TO 23RD, 2026

Featuring:



Exceptional Al-Anon
recovery speakers
Saturday!

Luncheon
Gene T.

Sat. Night
Chesley M.

Finding Your
Funny Bone

What was
Lois thinking??

Solve the
interactive
mystery!

Meditative
craft room!

Fun Photo
ops!

Loving
Literature!

WELCOME GIFTS!

Share your experience,
strength, and hope (ESH) on
paper!

Use code A10 to book in the hotel room block at The Antlers Hotel (719) 955-5600.
Register online at: <https://www.convention.coloradoaa.org> or send completed form with
payment and MAKE CHECKS PAYABLE TO: Area 10 Convention
Mail To: Area 10 Convention | 40 W. Littleton Blvd., Ste 210-320 | Littleton, CO 80120
On-site registration will be open from 3pm to 9pm on Friday, August 21st and from
8am to 8pm on Saturday, August 22nd, 2026.



2026 STATE CONVENTION August 21-23



Save the Date!

Weekend in Al-Anon

October 2-4, 2026

Find Your Happy!

Come join us for a weekend of fellowship in the mountain backdrop of

Glacier View Ranch!

8748 Overland Rd., Ward, CO 80481

Attend workshops, early bird & night owl meetings, craft corner, silent auction, take a dip in the pool/hot tub, and enjoy the experience, strength and hope of wonderful Al-Anon and AA. Speakers. There will also be opportunities to commune with nature in hiking and a Saturday night bonfire, weather permitting. All of this while getting to bask in the program with other AFG Members! To Find your Happy!

WEEKEND IN AL-ANON 2026 October 2-4

More information to follow on the AFG CO website and via emails to the

Al-anon Family Groups.

Email Inquiries to wia@al-anon-co.org

Or call Keo at 720-252-9922




Al-Anon Family Groups
Help and hope for families and friends of alcoholics



HIGHLIGHTS FROM THE WORLD SERVICE ORGANIZATION

IMPORTANT INFORMATION FROM THE WSO



2028 International Convention-- And the Host City Is .

The "City of Lakes," Minneapolis, Minnesota, USA, will host the 2028 Al-Anon Family Groups International Convention at the Minneapolis Convention Center from July 20-23, 2028. We, along with the host Areas Minnesota North and Minnesota South, are excited to invite you to this celebration!

Explore the Latest Conference Al-Anon Literature (CAL) Titles

Now Available as eBooks



Link to ecomm.al-anon.org: <https://ecomm.al-anon.org/> type in the title of the book or the book number (in parentheses below) by clicking the magnifying glass. The book will display an eBook vendor choice for that title. Happy reading

on your chosen device!

The World Service Office continues to release Conference Approved Literature (CAL) in eBook format each month. See what's new this month!

Most recent eBook releases:

- *From Survival to Recovery* (eB-21)
- *Discovering Choices—Recovery in Relationships* (eB-30)

Existing eBooks:

- *Alateen—Hope for Children of Alcoholics* (eB-3)
- *One Day at a Time in Al-Anon* (eB-6)
- *Al-Anon's Twelve Steps & Twelve Traditions* (Revised) (eB-8)
- *Alateen—a day at a time* (eB-10)
- *As We Understood...* (eB-11)
- *...In All Our Affairs: Making Crises Work for You* (eB-15)
- *Courage to Change: One Day at a Time in Al-Anon II* (eB-16)
- *How Al-Anon Works for Families & Friends of Alcoholics* (eB-22)
- *Courage to Be Me—Living with Alcoholism* (eB-23)
- *Having Had a Spiritual Awakening...* (eB-25)
- *Hope for Today* (eB-27)
- *Opening Our Hearts, Transforming Our Losses* (eB-29)
- *Intimacy in Alcoholic Relationships* (eB-33)
- *A Little Time for Myself* (eB-34)
- *2026-2029 Al-Anon/Alateen Service Manual* (eP24/27)

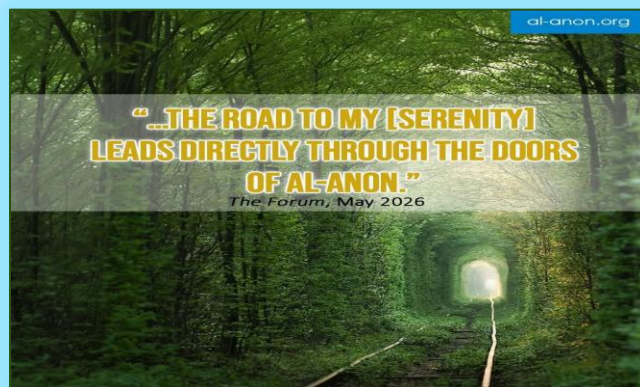
Not An eReader and looking for a “real” book format?



You may want to order Al-Anon Literature at al-anon.org or **support** our local literature distribution centers:

Denver Area Service Center: denverasc.org: (303) 321-8788

Pikes Peak Service Center in Colorado Springs: (719) 632-0063



For All Al-Anon/Alateen Members

Area Membership Opportunities for Service: short term opportunities to be of service, something to do on your schedule to help out the Colorado Area or our Denver Area and Colorado Springs Information Service Centers.

COLORADO AREA AND DENVER AREA SERVICE CENTER OPPORTUNITIES

Wanted: your experience, strength, and hope

The Denver Area Service Center needs your help answering 12th Step calls. The process is simple: You

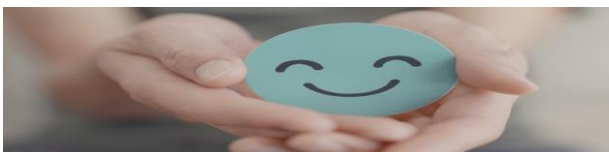
Sign up for a 3-hour time block that fits within your schedule, our Chair of Volunteers arranges for phone calls to be forwarded to your phone, you answer them, and help people reaching out for help by answering questions they may have about Al-Anon and/or helping them to locate a meeting.

Weekday shifts are 10 AM to 1 PM, 1 PM to 4 PM, and 5 PM to 8 PM. Saturday shift is 10 AM to 1 PM.

Requirements:

- ✓ Membership in Al-Anon
- ✓ A willingness to serve
- ✓ Time
- ✓ A phone

Please contact Marcia S. at
officecoordinator@denverasc.org, or 303-321-
8895 if you are interested.



Proofreaders Wanted

The Butterfly Coordinator is looking for two proofreaders, one in English and Spanish to read The Butterfly/La Mariposa before emailing it to the fellowship.

The Butterfly Coordinator would:

- ✓ Email you the draft newsletter copy a few days before it is to be emailed to the fellowship.

You would:

- ✓ Only proofread 3 times a year before the Winter, Spring, & Summer Assemblies.
- ✓ Read the newsletter over to ensure anonymity is protected.
- ✓ For La Mariposa – ensure the translation makes sense. (Spanish required)
- ✓ The newsletter is easy to read.
- ✓ Weigh in on the flow of content.
- ✓ Check the table of contents for accuracy.
- ✓ And make suggestions for future newsletter content to enhance readership.
- ✓ Email the newsletter back to The Butterfly Coordinator with your proofreading enhancements.

The Butterfly Coordinator would:

- ✓ Make any corrections/suggestions and email the Newsletter to the Colorado fellowship.
- ✓ Thank you and shower you with appreciation!

Contact: butterfly@al-anon-co.org

A Denver Community Outreach Event

Wonderful opportunity to share your experience, strength and hope with the Denver area community at the annual Rally for Recovery!

Sat Sept 19, 2026 11am -5pm

Cheesman Park

Split shifts:

11 am - 2 pm: 2 members for booth setup and representation

2 -5 pm: 2 booth reps and tear down

Contact Jen C

poc@al-anon-co.org

Text 303-906-8282

Please let me know if you have any questions.



A Colorado Area Announcement Representing Colorado at the World Service Organization

Good day my Colorado family!!

The reason for this announcement is for us to all join in a huge congratulations to Tom B, who was affirmed as the new Southwest Regional Trustee, and Kari O., who was affirmed as the new Chairperson of the Executive Committee.

Truly it was such a blessing to sit in on the board meeting after the Conference and watch them both being affirmed by vote of the Board.

Huge congratulations to Tom and Kari! I hope we can celebrate them both as they move into their new roles in the coming months.

Our Area is well represented at the World Service Organization, and I look forward to working with them as your Delegate for the remainder of my term.

Congratulations again Tom and Kari!

With love and gratitude in service,

TMF

Delegate - Colorado - Panel 65

Keeping Our Legacies Alive

Manteniendo Vivos Nuestros Legados

Garder Nos Hérítages Vivants

* Required

Important Event Policies & Disclaimers

Event Information & Requirements New Event
Location for 2026: Cheesman Park (not Civic Center Park). September 19th, 2026 12:00 P.M. - 4:00 P.M.

Parade event begins 09/19/2026 11:00 A.M.
Parade leaves at 11:30 A.M.

This is **not** a sellers market. Only approved Food & Beverage vendors may sell items at the event.

No mind- or mood-altering items are allowed at vendor booths or permitted to be distributed to event attendees, including but not limited to: alcohol, cannabis products, THC/CBD products, kratom, psilocybin in any form (fungi, candy infused, micro-dose capsules etc.), drug paraphernalia, or related promotional materials.

No tattoos or permanent artwork permitted at the event.

Different Faces of Fellowship

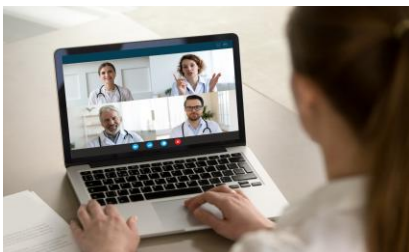
The 2025 World Service Conference Summary Chosen Agenda Item 1 combined many concerns of electronic meetings. Reading it inspired me to submit an article to the Butterfly sharing my experience, strength, and hope on the topic.

Currently my “home” meeting is an electronic meeting. Our group originated as a Face 2 Face meeting decades before my participation in Al-Anon. In 2022, after the COVID-19 pandemic loosened its grip on our physical, social, and emotional lives, our group conscience decision was to remain an electronic group. Since our commitment to the electronic format and representation through our geographical area, we have grown into a smaller but very dedicated group of Al-Anon members.

I consider my home group to be a healthy Al-Anon group for many reasons. We have most of our service positions filled and practice healthy rotation of leadership. Our on-screen meetings provide a healing space without distraction or interruption. Business meetings are held regularly and include a process for ensuring all voices are heard. We periodically take a group inventory and make changes based upon its uncovering. For example, we recently added a description of our loving interchange, noting we withhold commenting on anyone’s sharing even when it’s positive.

Members of our group value fellowship, although it may look different than in F2F groups. Perhaps we are intrinsically different from members who are uncomfortable in electronic meetings, but maybe not. Many meeting participants get on our electronic platform early or stay after the meeting’s closing for informal conversations. We have a contact list and use it to stay connected during the week. Our GR keeps us informed via a weekly email. We get together for sponsorship, for coffee, and for a picnic every summer. Our members participate in group, district, and Area service and events. We have found an enduring fellowship of love and support within and beyond our electronic meeting.

Anonymous in Colorado



Personal Mantra

This mantra was not always mine
I heard it from a friend
Each time I shared
a trauma or a fear
She’d gently ask
“Where’s the gratitude in that?”

So when life comes knocking
filling me with dread
If I sit quietly, I hear
“Where’s the gratitude in that?”
At times it’s very hard to find
At times seems ludicrous

Entering a hospital room
Unconscious, on a vent
My world turned black, then gray
As I stood beside the bed
Held a hand still full of life
I saw the purple mountains and blue sky

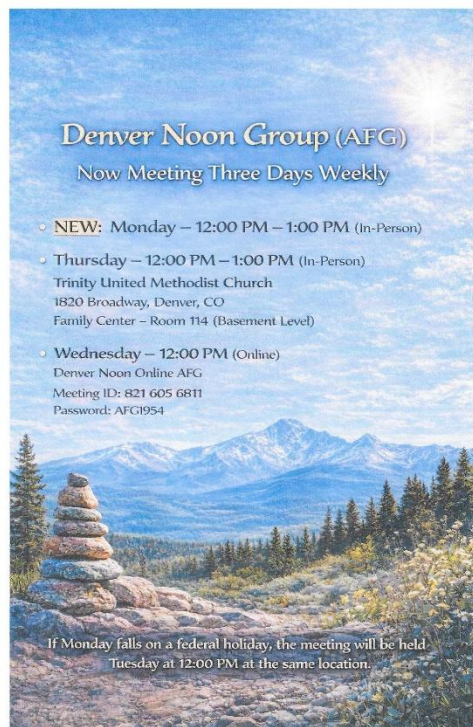
Chuckling to myself I thought
The world would think me crazy
At that moment I could see
the gratitude in front of me
If I look hard enough
I find it everyday

Before I close my eyes at night
Gratitudes I try to write
It helps to set me free
In morn with open eyes
I see the trees, the sky
Birds sing at my window

When I can’t find a gratitude
It has a way of finding me
This mantra was not always mine
I learned it from a friend
For that I’m grateful everyday
“Where’s your gratitude?”

Cathy S.

The Denver Noon Group has added a new in-person Monday meeting at 12:00 PM at Trinity United Methodist Church, 1820 Broadway, Denver (Family Center Room 114, basement level). The group also continues to meet Thursdays at 12:00 PM in person and Wednesdays at 12:00 PM online. **If Monday falls on a federal holiday, the meeting will be held Tuesday at the same time and location.**



Looking for An Alateen Meeting?

TO FIND A MEETING IN COLORADO:
For a printable list of Alateen Meetings:

For information on Alateen the App for your Mobile Phone: <https://al-anon.org/newcomers/teen-corner-alateen/alateen-electronic-meeting/>

Alateen members learn:

- Compulsive drinking is a disease.
- They can detach themselves emotionally from the drinker's problems while continuing to love the person.
- They are not the cause of anyone else's drinking or behavior.
- They cannot change or control anyone but themselves.
- They have spiritual and intellectual resources with which to develop their own potentials, no matter what happens at home.
- They can build satisfying and rewarding life experiences for themselves.

A PROGRAM FOR LIVING

Al-Anon for me is a program for living—a design for living. I've found a certain sense of reality—a more livable outlook. I discovered a real understanding of life, of people, and most importantly, of me. I learned I have limitations—and that it's okay.

Alcoholism, the Family Disease (P-4), page 11

Al-Anon Haiku

Awareness, Presence –
God resides right here, right now
Faithful, Gentle, Comforting...

By Anonymous

WHAT IS IT LIKE TO GROW UP IN AN ALCOHOLIC HOME?

"The only way I could survive was to block out the pain."

*From Survival to Recovery:
Growing Up in an Alcoholic Home, p. 20*

Not everyone trapped by alcohol is an alcoholic.
Families and friends are suffering too.

al-anon.org/for-alateen

Spanish Meetings Near You

Grupos de Familia Al Anon

DIRECTORIO DE GRUPOS AL-ANON EN COLORADO.

TELEFONO 303-434-2988

ENGLISH: (303) 321-8788

Amor y Entrega

2559 S. Federal Blvd.

Denver, CO 80219

Lunes: 7:00 p.m.-9:00 p.m.

Viernes: 7:00 p.m.-9:00 p.m.

Un Dia a la Vez

5400 W. Jewell Ave., Suite 2A

Denver, CO 80232

Miercoles: 6:00 p.m.-8:00 p.m.

Sabados: 9:00 a.m.-11:00 a.m.

Serenidad por Zoom

Zoom: 7031963489

Clave: 879208

Lunes: 7:00 p.m.-8:30 p.m.

Miercoles: 7:00 p.m.-8:30 p.m.

No Estamos Solos GFA

Beth El Mennonite Church 4625 Ranch Dr.

Colorado Springs, CO 80918

Viernes: 6:00 p.m.-7:30 p.m.

Un Camino Nuevo

1333 N. 23rd St.

Grand Junction, CO 81501

Viernes: 6:30 p.m.-7:30 p.m.

Senderos de Esperanza

12021 Northaven Circle

Thornton, CO 80241

Viernes: 6:30 p.m.-8:30 p.m.

Valor para Cambiar (hibrido)

15210 E. 6th Ave

Aurora, CO 80011

Zoom: 95246467509

Domingos: 4:00 p.m.-6:00 p.m.

Un Cambio de Actitud

6401 E. 72nd Ave Ste. 215

Commerce City, CO 80022

Martes: 6:00 p.m.-8:00 p.m.

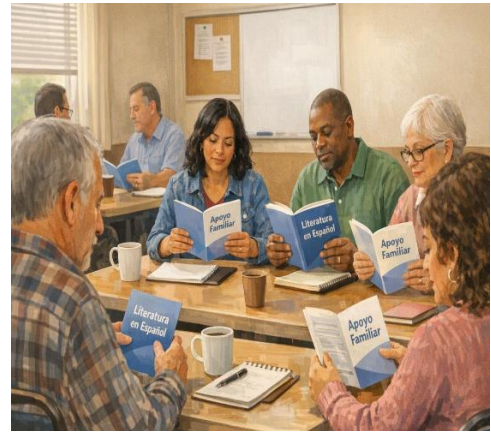
Jueves: 6:00 p.m.-8:00 p.m.

Nuevo Amanecer

4800 Wadsworth Blvd. Ste 100

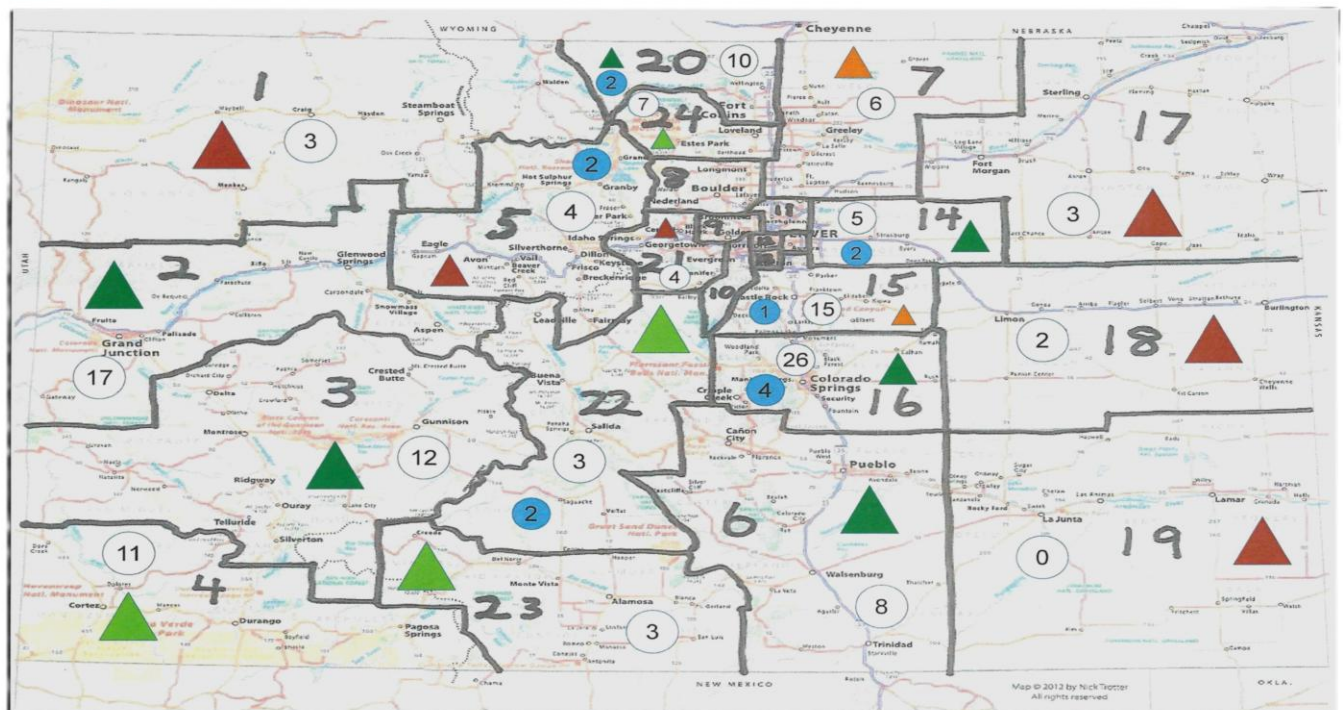
Wheat Ridge, CO 80033

Lunes: 6:30 p.m.-8:30 p.m.



Colorado Map Outlining Districts

Total Active Groups: 245



#

DR + Atl-DR	DR Only	Alt-DR Only	Contact Only	None	District 25	Electronic
9	6	0	2	8	11* 1*	29*