

**ACTION IS  
ATTRACTION –  
THERE IS NO GROWTH  
IN THE COMFORT ZONE**

L'ACTION, C'EST L'ATTRAIT –  
IL N'Y A PAS DE CROISSANCE  
DANS LA ZONE DE CONFORT

--

LA ACCIÓN ES ATRACCIÓN –  
NO HAY CRECIMIENTO EN  
LA ZONA DE COMODIDAD



**59th Annual**  
World Service Conference 2019

# *59<sup>th</sup> Annual World Service Conference Theme 2019*



*Quotes used in this slide show were taken from  
Many Voices, One Journey (B-31).*

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*It is too late for  
Al-Anon to not get  
involved in the  
Internet, since our  
membership  
is already there  
and growing.”*

*-Board of Trustees (BOT)  
Committee Report 1996  
Many Voices, One Journey  
p. 306*





*“I used to think of change as the ultimate threat to my security, as if my well-being could only be maintained by making sure everything stayed exactly at it was... Looking at Al-Anon’s past has taught me to stop being afraid of change.”*

*Many Voices, One Journey, p. 390*





*In 1941, Bill and Lois bought a home.  
They first called it “Bi-Lo’s Break.”  
It was later called “Stepping Stones.”*

*Lois Remembers (B-7), p. 137  
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*“It’s always forward  
that we have to  
look, and let our  
Gratitude be for  
those to come.”*

*Lois W., speaking to  
the 1976 World  
Service Conference*

*Many Voices, One Journey,  
p. 383*



*“The 1963 World Service Conference voted to make the Conference a permanent part of Al-Anon, ending the three-year trial.”*

*Many Voices, One Journey, p. 116*



*“I heard that  
progress takes  
time in Al-Anon.  
That is true,  
both in personal  
recovery as well  
as in group,  
District, Area,  
and national, and  
international  
evolution.”*

*Many Voices, One Journey  
p. 365*







*“I will always be in debt to the Al-Anon principles and those early members who showed us the way to live by giving of ourselves in attempting to help another person.”*

*Many Voices, One Journey, p. 387*

*“There is no single  
‘true’ Al-Anon,  
frozen in time on  
a page in a  
history book.  
The true Al-Anon  
is a heritage that  
lives within the  
hearts and minds  
of individual  
members...”*

*Many Voices, One Journey  
p. 384*





*“In 1966, the sixth World Service Conference  
unanimously approved a Literature  
Committee proposal to publish a book  
of daily readings.”*

*Many Voices, One Journey, p. 125*





*“Growth cannot  
occur without  
change, and our  
history as a  
fellowship is a  
long, continual  
series of  
changes.”*

*Many Voices, One Journey  
p. 391*





*“Anyone can start something, but carrying it out is the real challenge. And all the rest of you are doing that job. You’re all founders in your own right, carrying the message.”*

*Al-Anon Cofounder Lois W., to the 1987 World Service Conference.*

*Many Voices, One Journey, p. 1*



*The phrase “Keep  
Coming Back”  
originated with Annie,  
Dr. Bob’s wife.  
“I want to welcome you  
and your lovely  
wife to Alcoholics  
Anonymous.  
We hope you’ll  
keep coming back.”*

*Many Voices, One Journey, p. 10*





*“Another ‘Anne’, Al-Anon  
cofounder Anne B.,  
first met Lois late  
in 1942...*

*“I discovered that it  
wasn’t alcohol that  
made me the person  
I was. It just intensified  
the problems in my  
home and intensified all  
the defects that I had.”*

*Many Voices, One Journey, p. 19*



*“In Lois’s experience, the first ‘constructive gatherings for the families of A.A.s’ began in June 1940.... Lois said: Some of these groups were what we call coffee and cake groups,’ or A.A. Auxiliaries. ... Any spiritual growth was just a side issue.”*

*Many Voices, One Journey, p. 16-17*





1952

*“...a very large majority favored ‘The Al-Anon Family Groups’ as a permanent name. The word ‘Al-Anon’ came from a contraction of the words ‘Alcoholics’ and ‘Anonymous’.*

*Many Voices, One Journey, p. 47*



*1956*

*The first Alateen  
meeting was started in  
Pasadena, California  
by 'Robert'.*

*Many Voices, One Journey  
p. 74*





*Lois said:*

*“Let’s not mistake anonymity for secrecy. The degree of anonymity we practice is a personal matter. Most of us, I believe, do not wish to be anonymous within our own fellowship. Anonymity here hinders our availability to help our fellow members.”*

*Many Voices, One Journey, p. 205-206*