A Short Prayer:

GOD,

I KNOW YOU ALREADY KNOW THIS PRAYER AND THAT IT IS MEANT FOR ME, TO REMIND ME OF YOUR PRESENCE- I NEED YOUR HELP! PLEASE HELP GUIDE ME TO FIND THE WORDS TO TELL MY NEW FRIENDS ABOUT OUR JOURNEY TOGETHER. MAY YOU GUIDE US ALL WITH YOUR CARE AND LOVE. I NEVER imagined that I would grow to LOVE YOU, MYSELF, AND OTHERS-- AS MUCH AS I DO!

AND GOD, HELP US TO HONESTLY SHARE OURSELVES WITH EACH OTHER, SO THAT WE CAN COMBINE ALL of the BEST PARTS of US TOGETHER INTO something much GREATER.

HELP US TO RECOGNISE THE THINGS WE CANNOT CHANGE, TO GIVE US OUR SERENTIY. HELP US TO CHANGE THOSE THINGS WE CAN, TO DEVELOP OUR COURAGE.

& HELP US TO WORK BETTER TOGETHER, SO WE CAN FIND THE WISDOM TO INSURE ALL OF OUR Al-ANON LEGACIES CONTINUE TO BE AVAILABLE TO ALL THOSE WHO WANT A SOLUTION TO THEIR SUFFERING FROM THE FAMILY DISEASE OF ALCOHOLISM.

AND GOD, MAY YOU HELP US TO LOVE EACH OTHER, WITHOUT CONDITIONS, IN THAT VERY SPECIAL WAY, WHENEVER AND WHEREVER IT IS NEEDED!